



ΠΑΝΕΠΙΣΤΗΜΙΟ ΙΩΑΝΝΙΝΩΝ  
ΣΧΟΛΕΣ ΘΕΤΙΚΩΝ ΕΠΙΣΤΗΜΩΝ – ΕΠΙΣΤΗΜΩΝ ΥΓΕΙΑΣ  
ΤΜΗΜΑΤΑ ΧΗΜΕΙΑΣ– ΙΑΤΡΙΚΗΣ-ΒΙΟΛΟΓΙΚΩΝ ΕΦΑΡΜΟΓΩΝ ΚΑΙ ΤΕΧΝΟΛΟΓΙΩΝ  
ΔΠΜΣ «ΙΑΤΡΙΚΗ ΧΗΜΕΙΑ»

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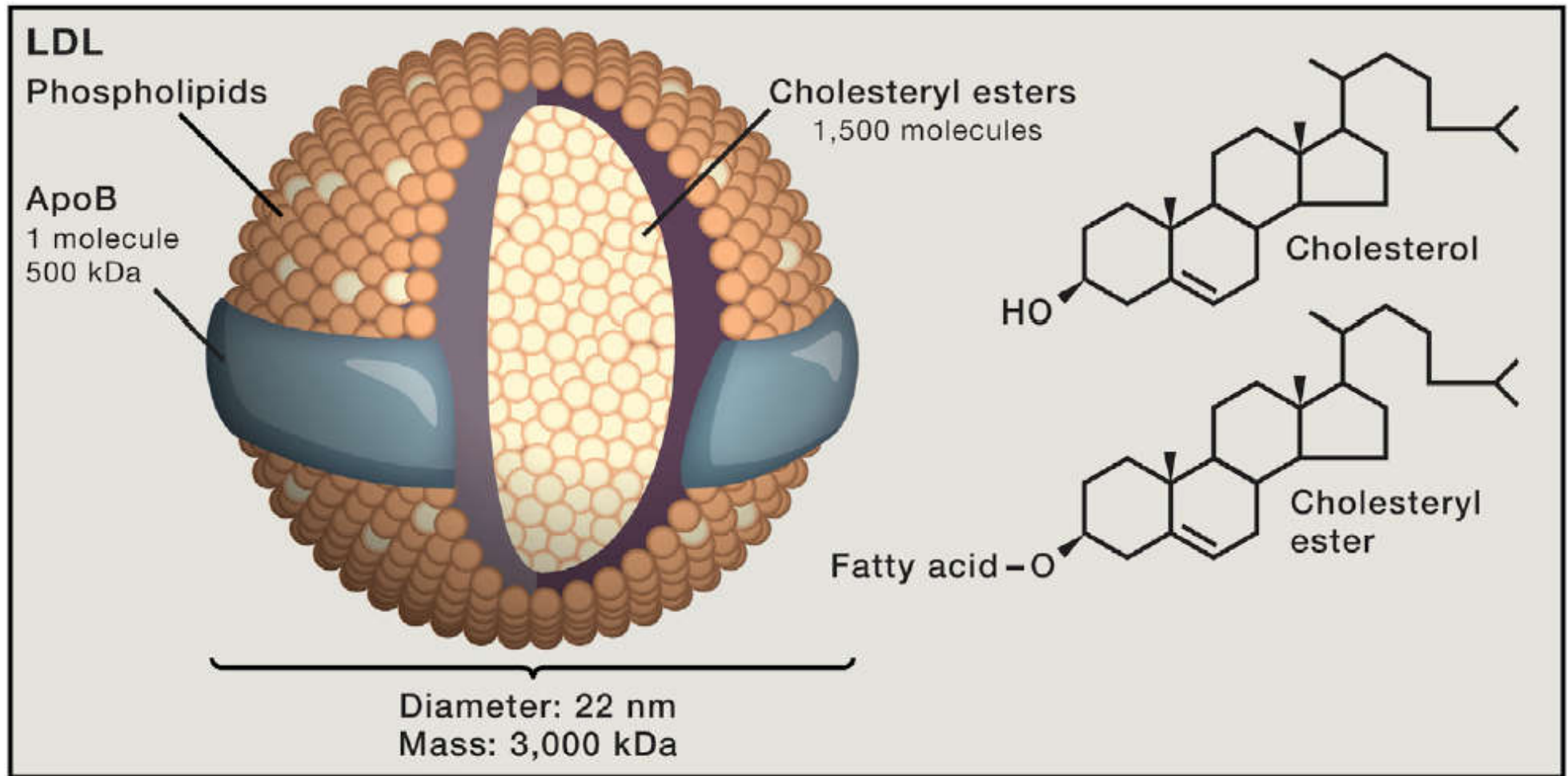
# Ο ΡΟΛΟΣ ΤΗΣ PCSK9 ΣΤΟ ΜΕΤΑΒΟΛΙΣΜΟ ΤΩΝ ΛΙΠΟΠΡΩΤΕΪΝΩΝ

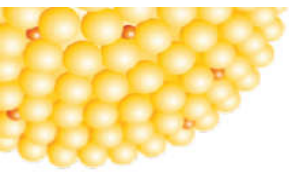
**Ευάγγελος Λυμπερόπουλος-Μωυσής Ελισάφ**

Τομέας Παθολογίας Ιατρικής Σχολής Παν/μίου Ιωαννίνων

[www.bpath.gr](http://www.bpath.gr), [www.atherosclerosis.gr](http://www.atherosclerosis.gr)

# LDL: A Cholesterol Carrier





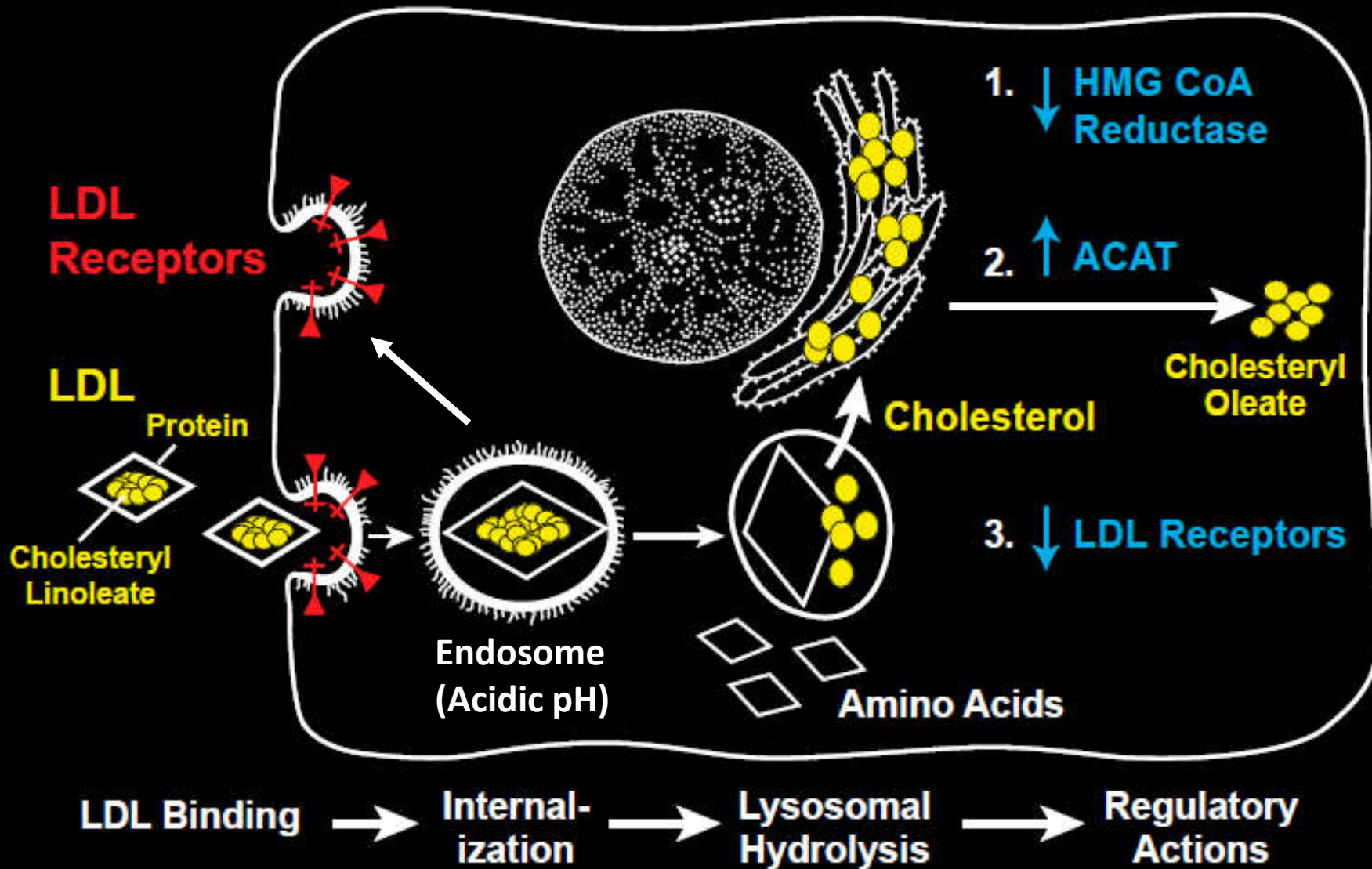
# I- PCSK9 (Proprotein Convertase Subtilisin Kexin 9) DISCOVERY

# What is PCSK9 ?

How was PCSK9 identified as a key gene in cholesterol homeostasis ?

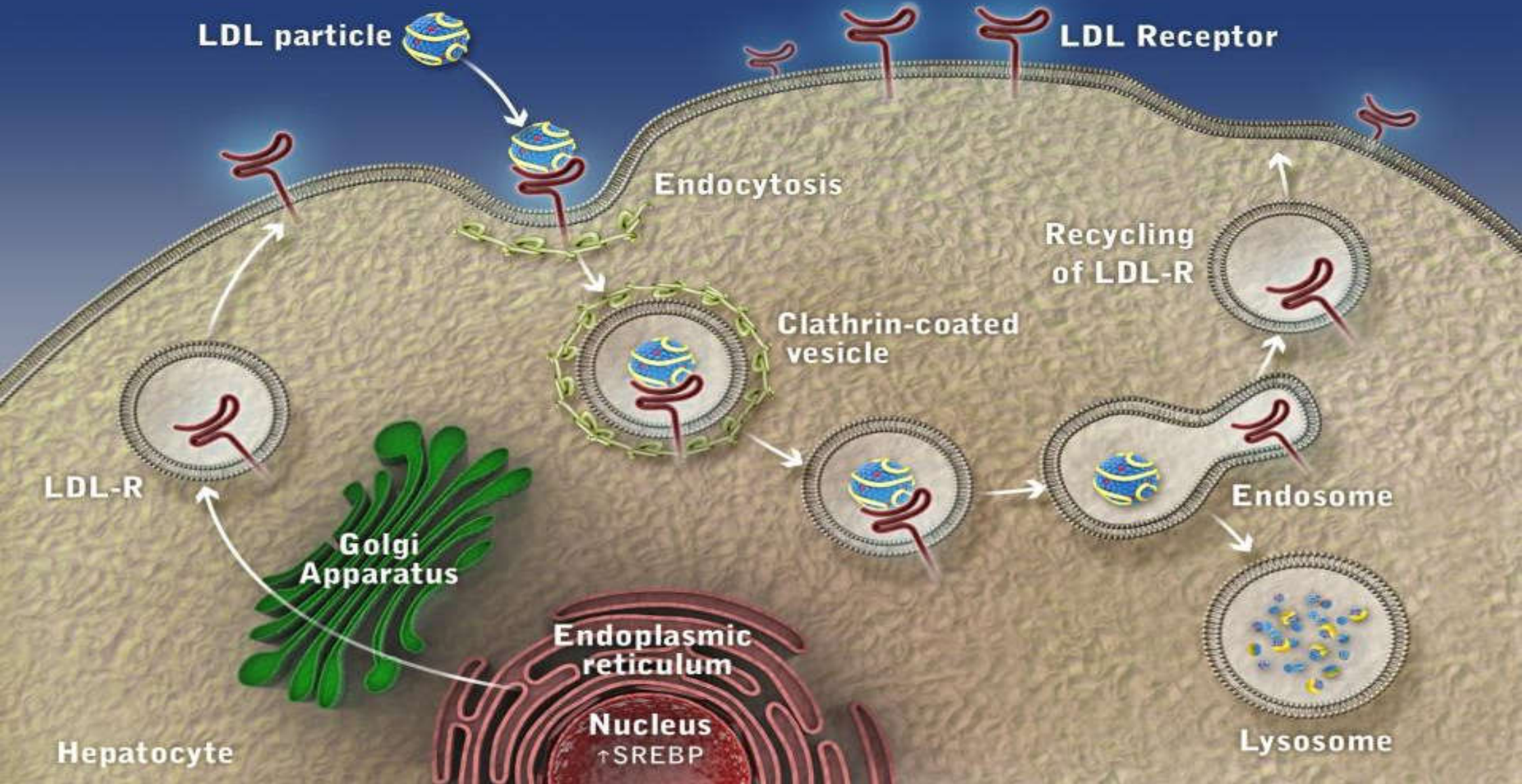


# Sequential steps in the LDL receptor pathway of mammalian cells



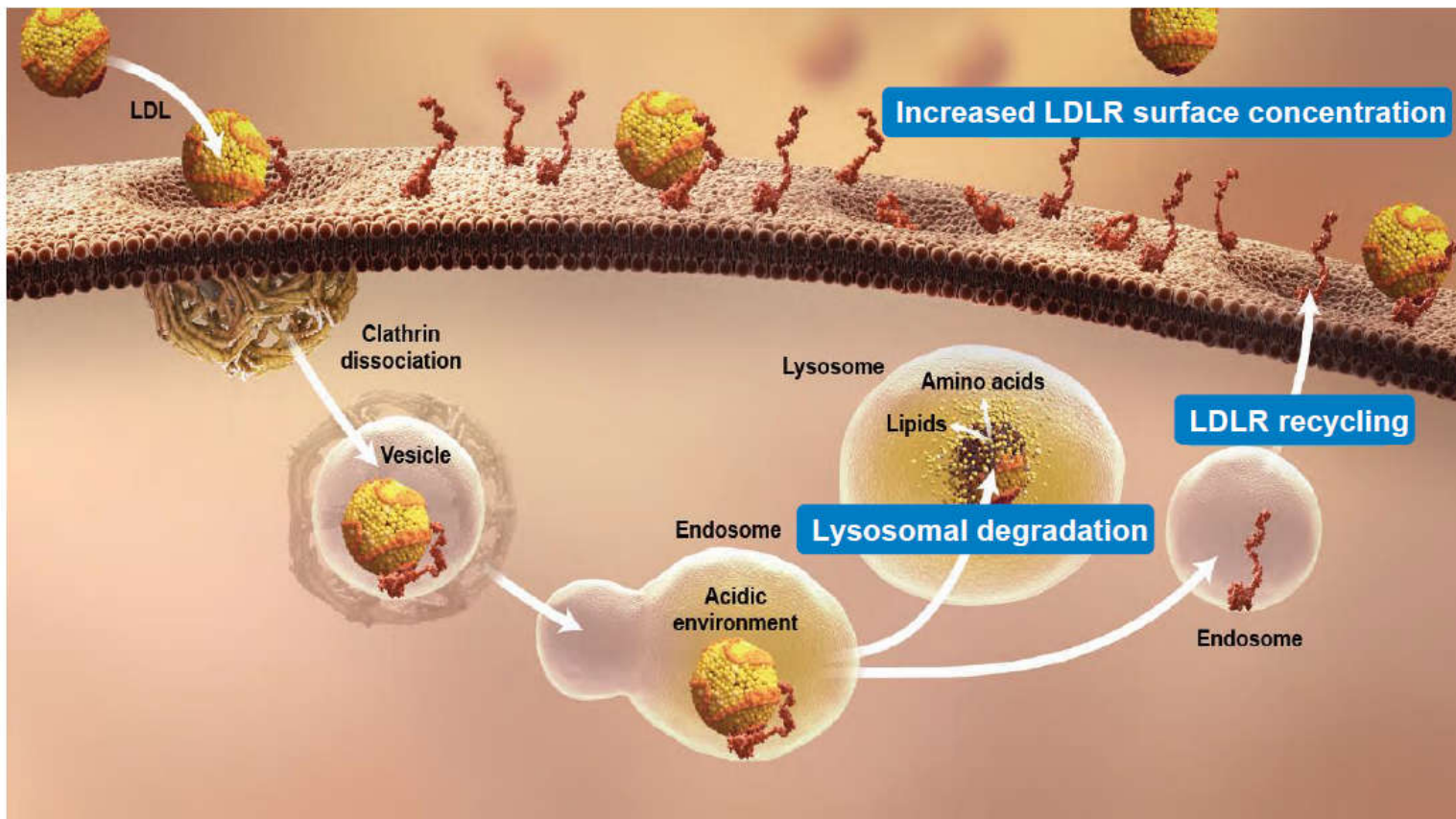
# LDL-Receptor Function and Life Cycle

Lambert et al. (2012) *J. Lipid Res.*





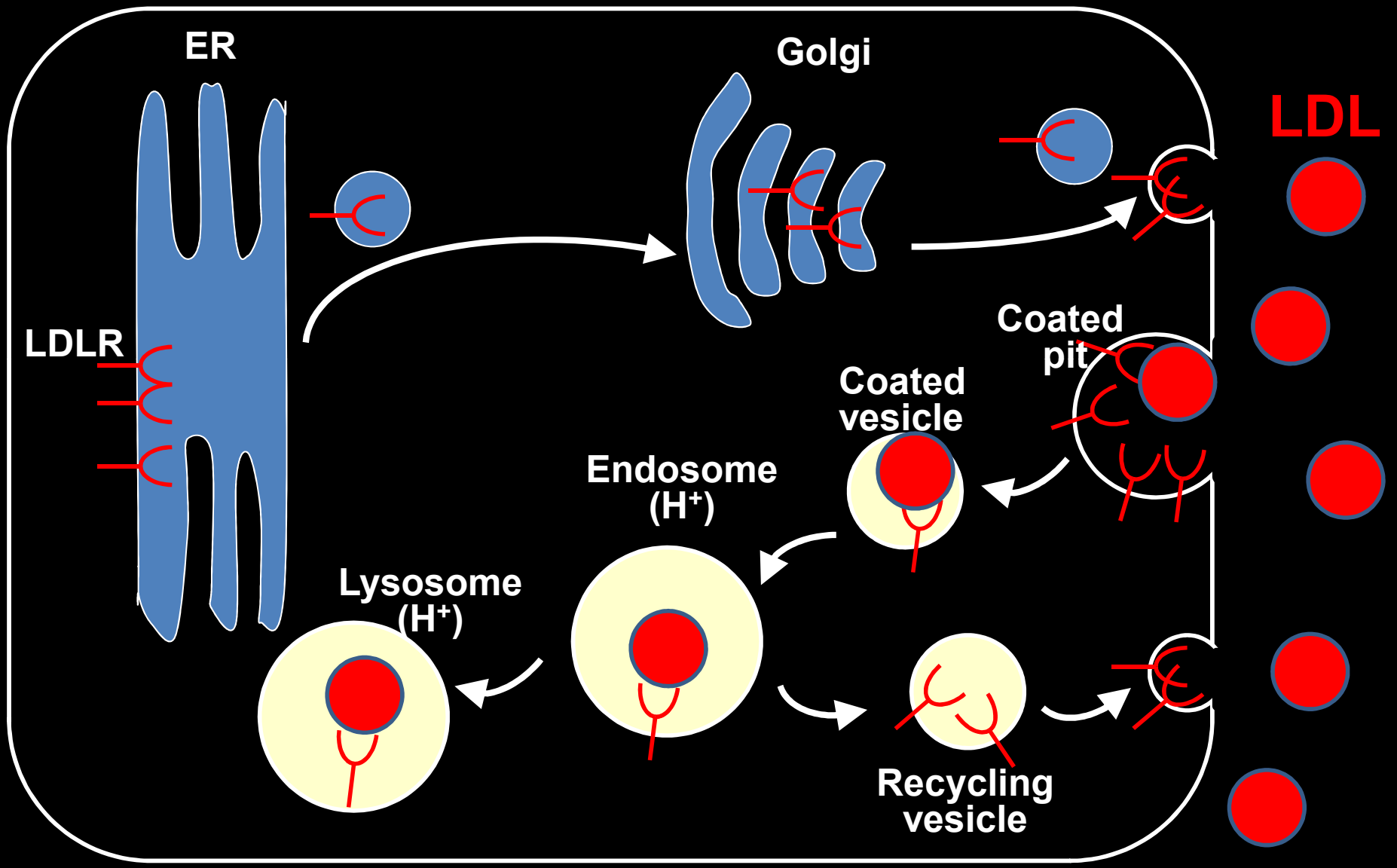
# LDL Particles Are Cleared From the Plasma by Binding to LDL Receptors and Being Internalized by the Hepatocyte<sup>1-3</sup>

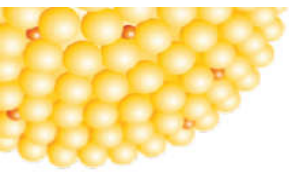


Recycled LDL receptors continue to clear plasma LDL

1. Brown MS, et al. *Proc Natl Acad Sci U S A*. 1979;76:3330-3337. 2. Brown MS, et al. *Science*. 1986;232:34-47. 3. Steinberg D, et al. *Proc Natl Acad Sci U S A*. 2009;106:9546-9547.

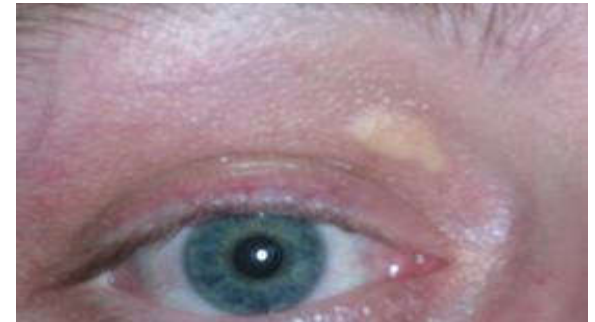
# Plasma LDL degradation by the LDL Receptor pathway





# Familial Hypercholesterolaemia (FH)

- Plasma Total Cholesterol  $> 8\text{mM}$  (3g/L)
- Tendon Xanthomas
- Corneal Arcus
- Xanthelasma
- Coronary Syndromes (Family)
- LDL Receptor           90%
- ApoB100 (LBD)       5%

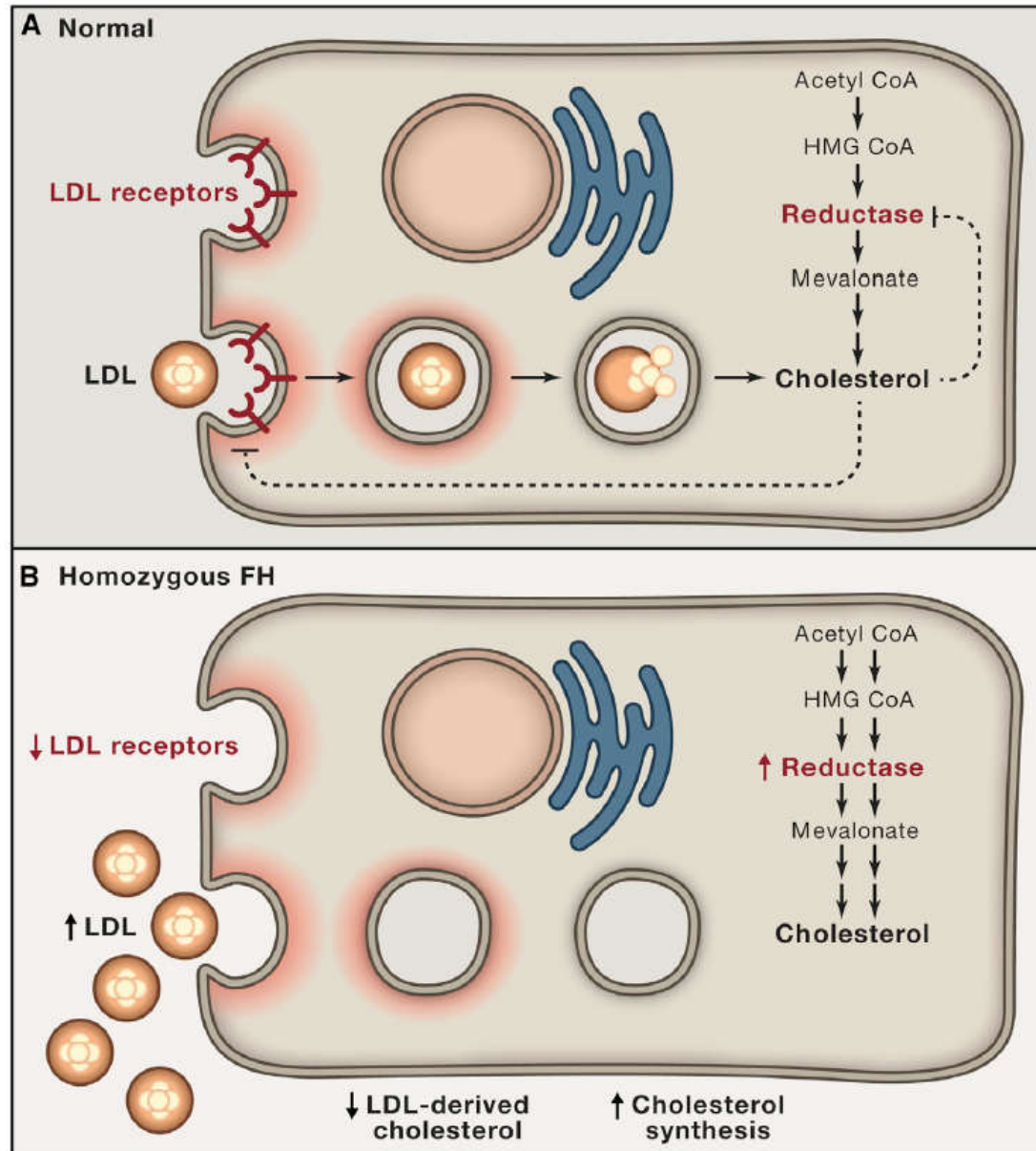


Genest J, Libby P. Lipoprotein disorders and cardiovascular disease. In: Bonow RO, Mann DL, Zipes DP, Libby P, eds. *Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine*. 9th ed. Philadelphia, PA:Saunders Elsevier; 2011:chap 47.

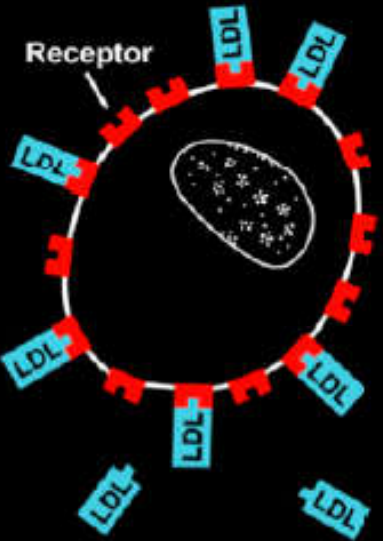
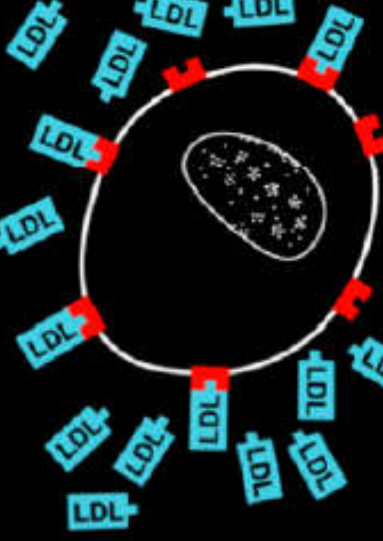
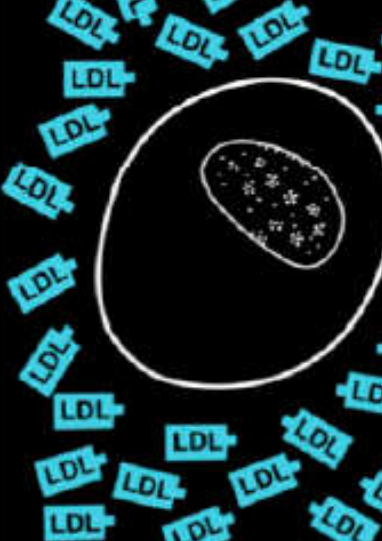
Semenkovich, CF. Disorders of lipid metabolism. In: Goldman L, Schafer AI, eds. *Cecil Medicine*. 24th ed. Philadelphia, PA: Saunders Elsevier; 2011:chap 213



# Feedback Regulation of Cholesterol Synthesis and LDL Receptors



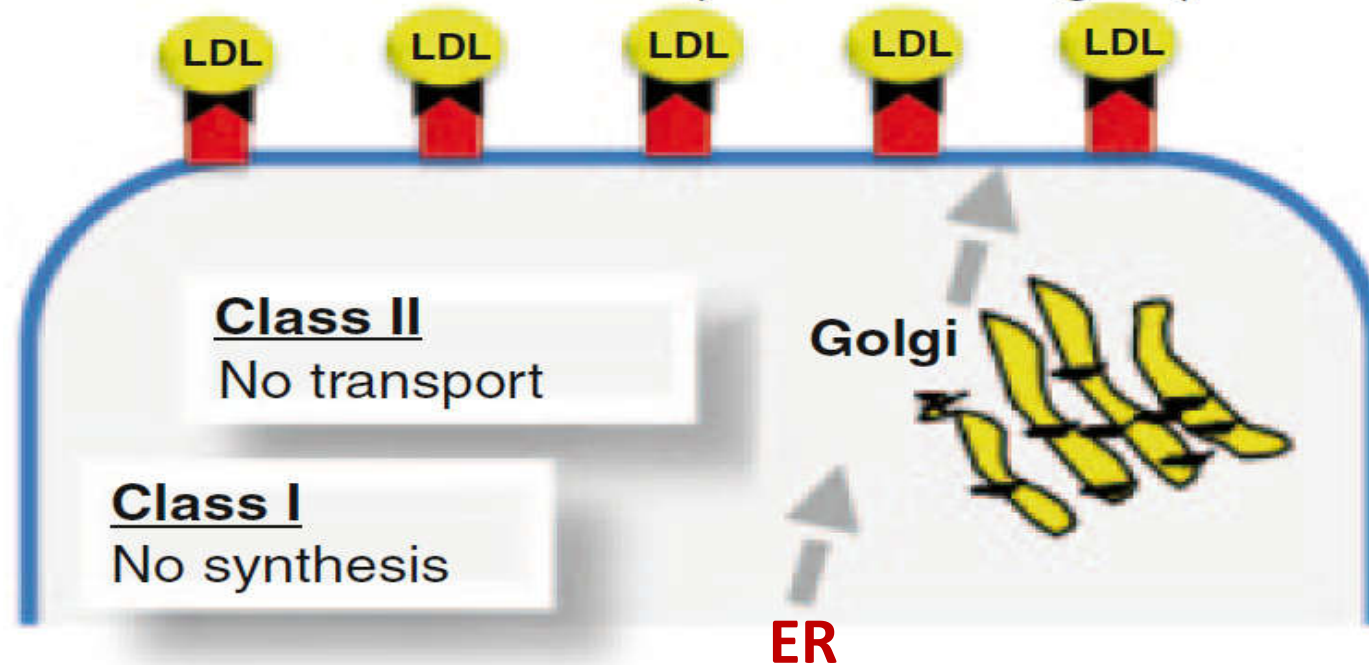
# LDL Receptors on Liver Cells

Normal	FH Heterozygote	FH Homozygote
 <p>Receptor</p>		
<b>Plasma LDL Level</b>	↑ 2-3 Fold	↑ 8-10 Fold
<b>Population Frequency</b>	1 in 500	1 in 10 <sup>6</sup>
<b>Age for Heart Attacks</b>	35-65 years	5-15 years

# Defects of LDL receptor function

**Het. Class I or II defect in FH**

Note: only normal functioning LDLR appear at the cell surface (at a lesser degree)



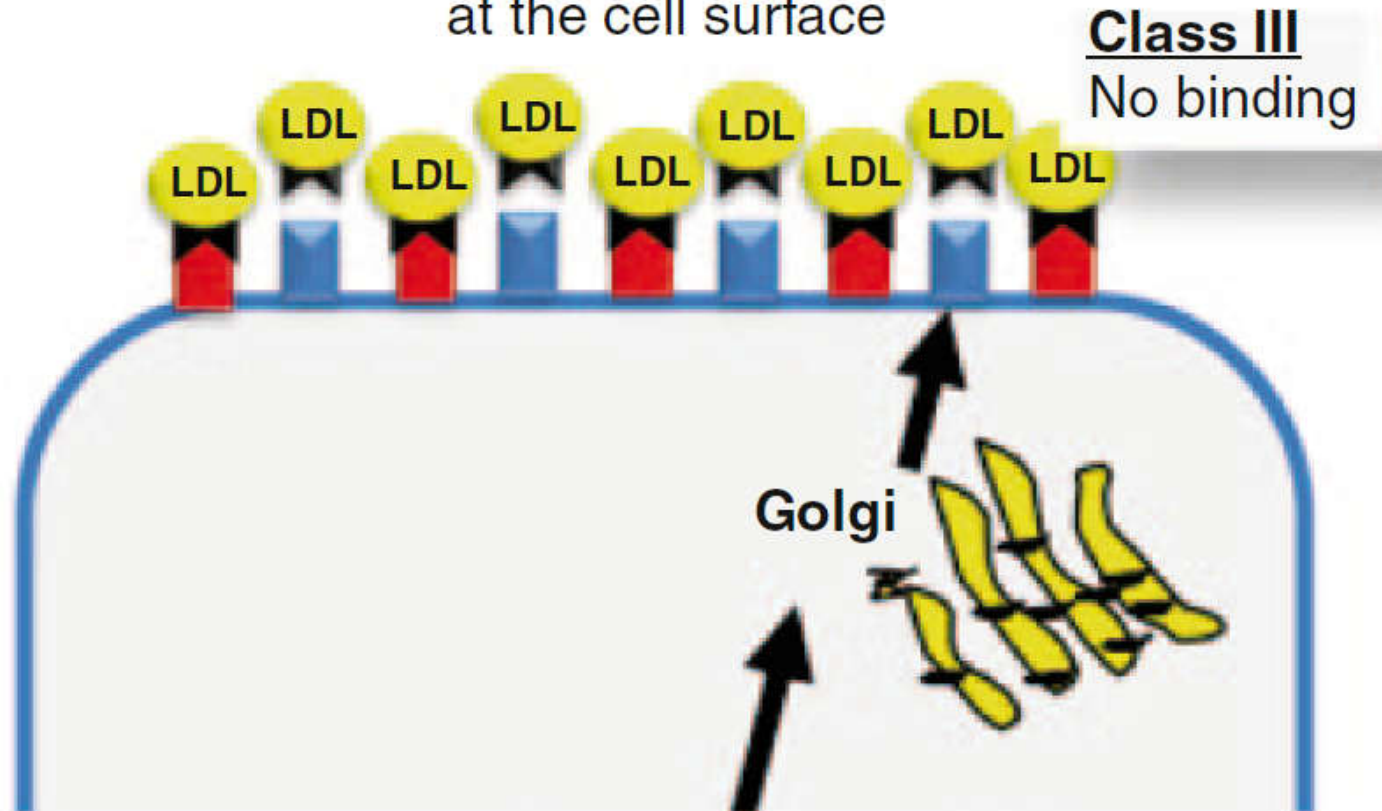
**Class I mutations:** Include null alleles with no detectable LDLR protein

**Class II mutations:** Produce transport-defective LDLR proteins that are either completely (class IIa) or partially blocked (class IIb or leaky LDLRs) in their transport from the ER to the Golgi apparatus due to impaired glycosylation

# Defects of LDL receptor function

## Het. Class III defect in FH

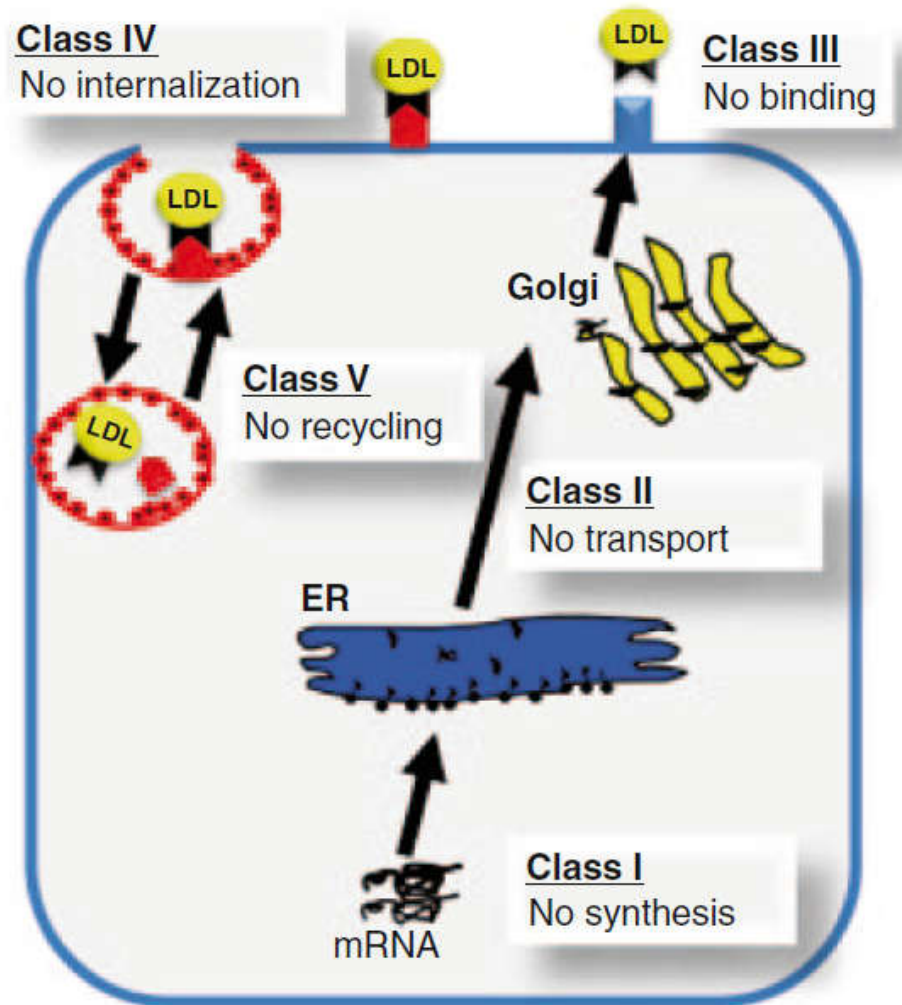
Note: defective and normal functioning LDLR appear at the cell surface



**Class III mutations:** Encode LDLR receptors with normal intracellular transport but defective LDL binding



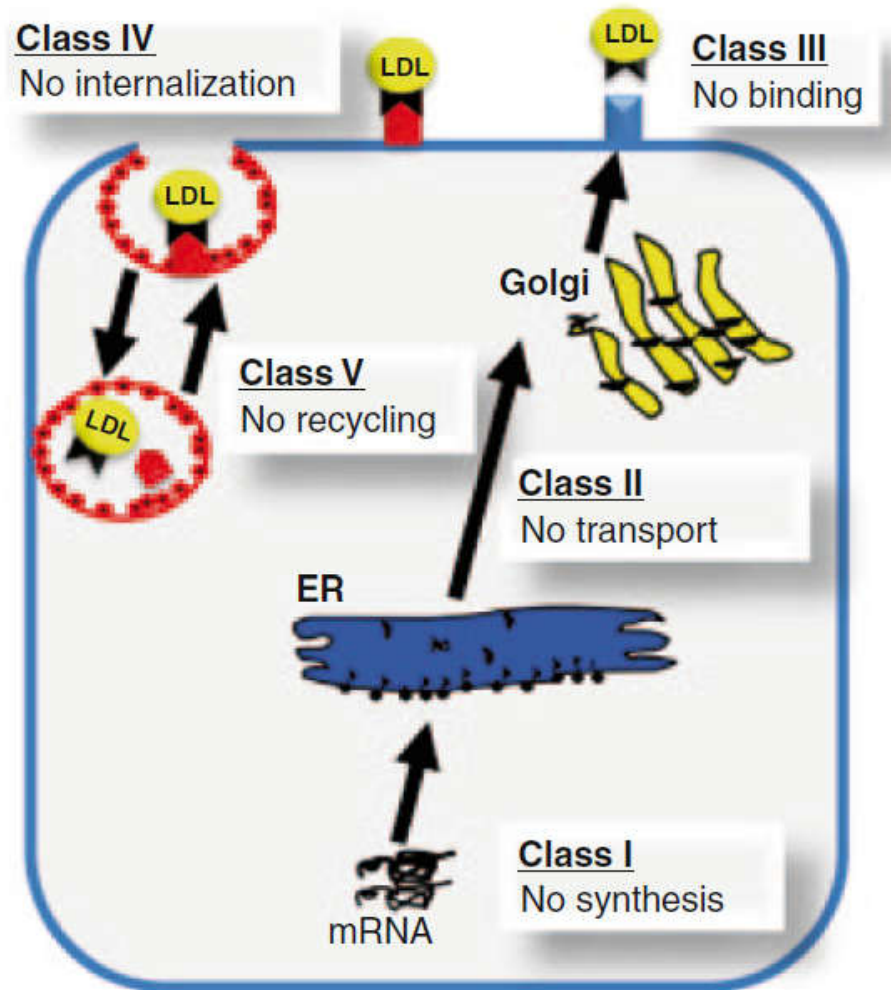
# Defects of LDL receptor function



**Class IV mutations:** Produce LDLR with normal transport and cell surface LDL binding but defective clustering in clathrin-coated pits for internalization



# Defects of LDL receptor function

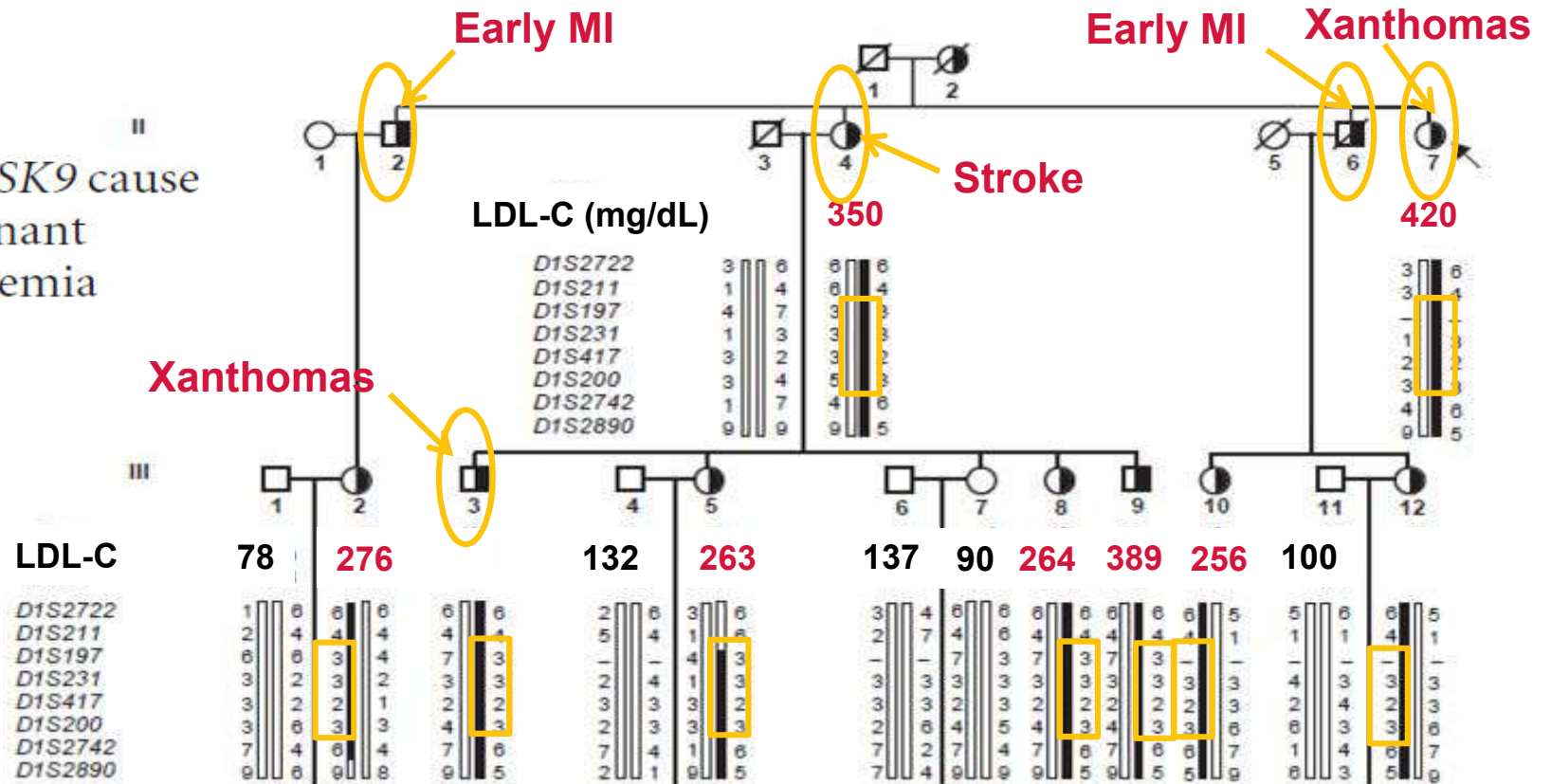


**Class V mutations:** Produce recycling defective receptors that internalize normally, but are unable to release bound ligand within the acidic environment of the endosome, and thus do not recycle to the cell surface

# Discovery of Proprotein Convertase Subtilisin Kexin Type 9 (*PCSK9*)

**nature**

Mutations in *PCSK9* cause autosomal dominant hypercholesterolemia



*PCSK9* is the third locus for autosomal dominant hypercholesterolemia (ADH): Gain-of-Function mutations in *PCSK9*

Cardiovascular

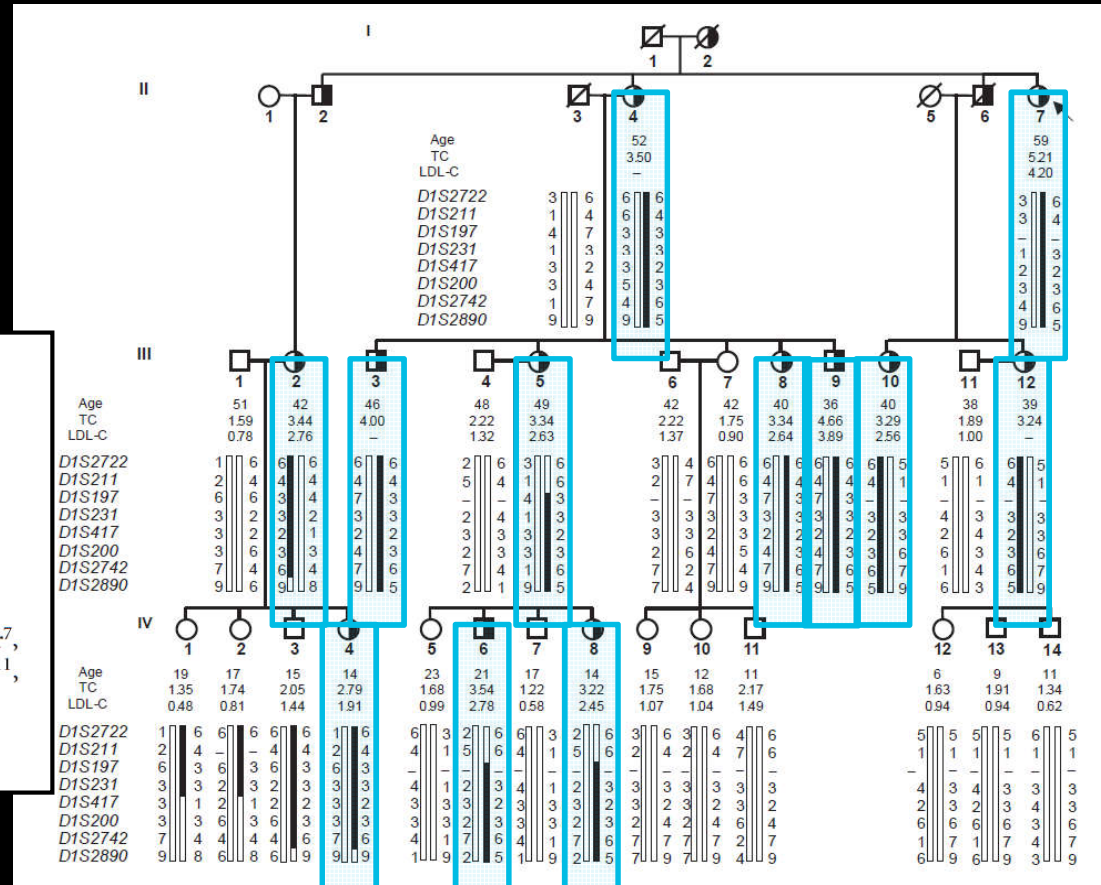
# A PCSK9 GAIN-of-Function mutation causes Autosomal Dominant Hypercholesterolaemia

## Affected family members with:

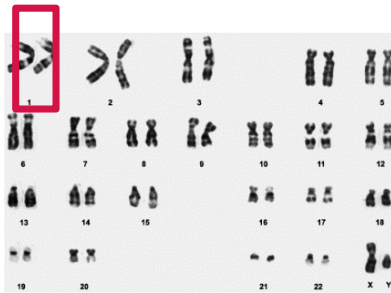
- Total cholesterol in 90<sup>th</sup> percentile
- Tendon xanthomas
- CHD
- Early MI
- Stroke

Mutations in *PCSK9* cause autosomal dominant hypercholesterolemia

Marianne Abifadel<sup>1,2</sup>, Mathilde Varret<sup>1</sup>, Jean-Pierre Rabès<sup>1,3</sup>, Delphine Allard<sup>1</sup>, Khadija Ouguerram<sup>4</sup>, Martine Devillers<sup>1</sup>, Corinne Cruaud<sup>5</sup>, Suzanne Benjannet<sup>6</sup>, Louise Wickham<sup>6</sup>, Danièle Erlich<sup>1</sup>, Aurélie Derré<sup>1</sup>, Ludovic Villéger<sup>1</sup>, Michel Farnier<sup>7</sup>, Isabel Beucler<sup>8</sup>, Eric Bruckert<sup>9</sup>, Jean Chambaz<sup>10</sup>, Bernard Chanu<sup>11</sup>, Jean-Michel Lecerf<sup>12</sup>, Gerald Luc<sup>12</sup>, Philippe Moulin<sup>13</sup>, Jean Weissenbach<sup>5</sup>, Annick Prat<sup>6</sup>, Michel Krempf<sup>4</sup>, Claudine Junien<sup>1,3</sup>, Nabil G Seidah<sup>6</sup> & Catherine Boileau<sup>1,3</sup>



# What is PCSK9?



Chromosome:

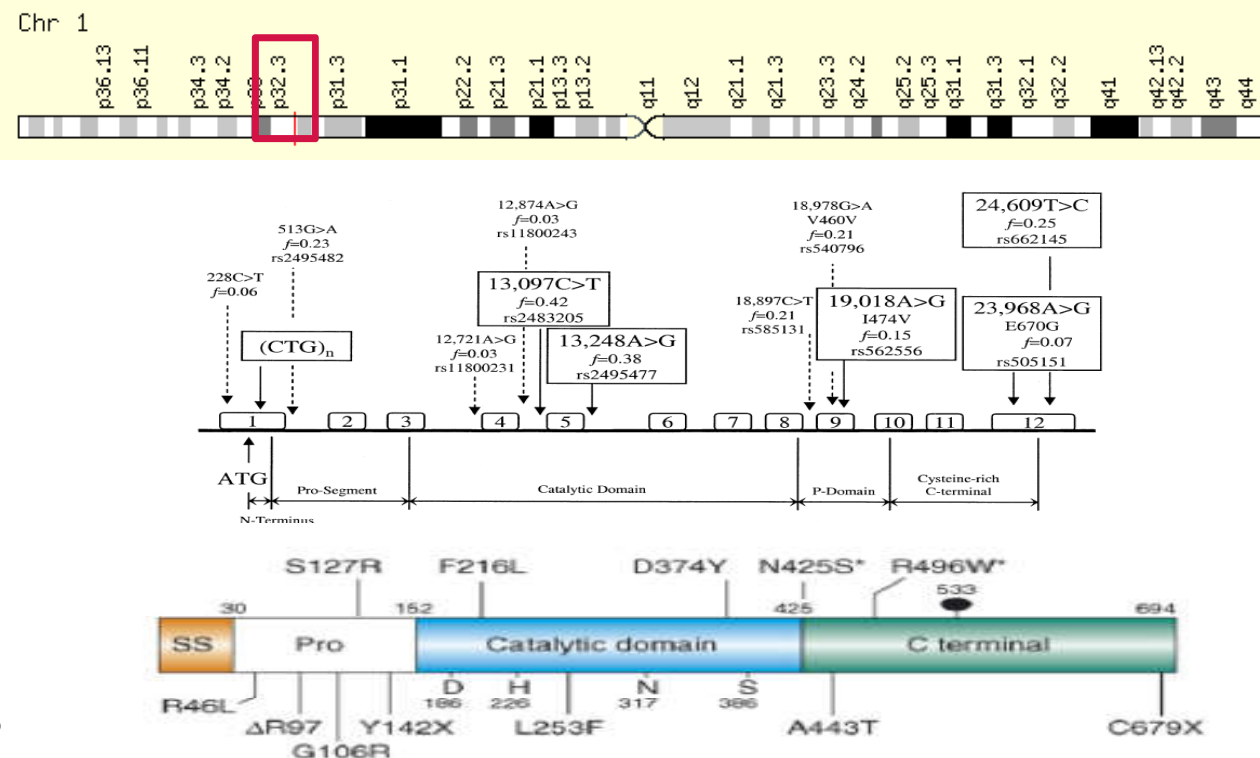
- 1p32.3

Gene:

- 12 exons
- cDNA 3617 bp

Protein:

- 692 amino acids



- NARC-1: Neural apoptosis regulated convertase 1; neurogenesis
- Expressed in liver, kidney, intestine
- Undergoes autocatalytic cleavage in the ER to active conformation
- Appears to play the role of an intracellular protein chaperone

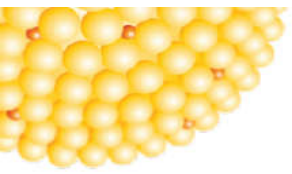
<http://www.genecards.org/cgi-bin/carddisp.pl?gene=PCSK9/>. [Accessed 19 July 2011]

Abifadel M, et al. Nature Genet 2003;34:154–6.

Horton JD, et al. Trends Biochem Sci 2007;32:71–7.

Abifadel M, et al. Hum Mutat 2009;30:520–9.

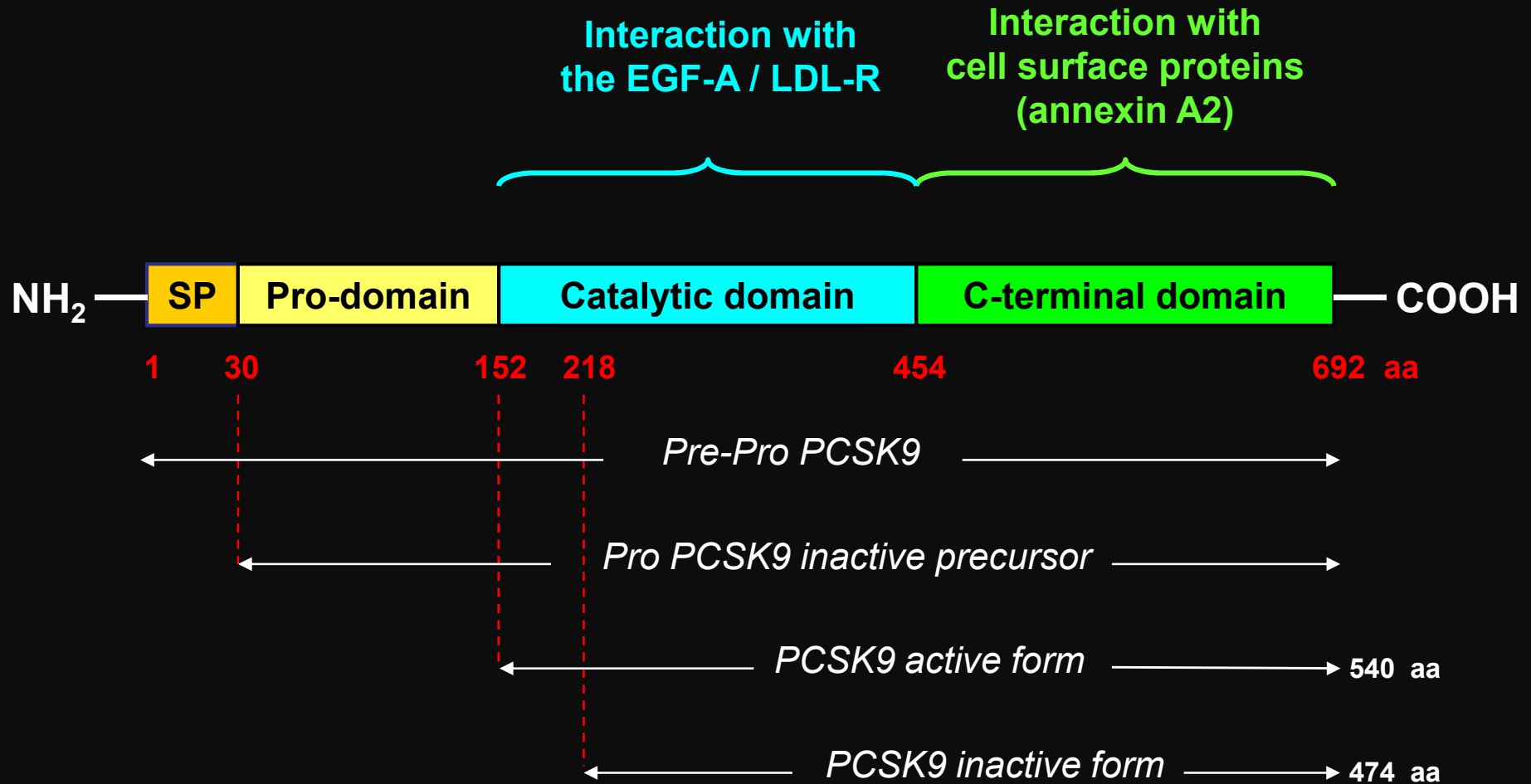
Chen SN, et al JACC 2005;45:1611–9.



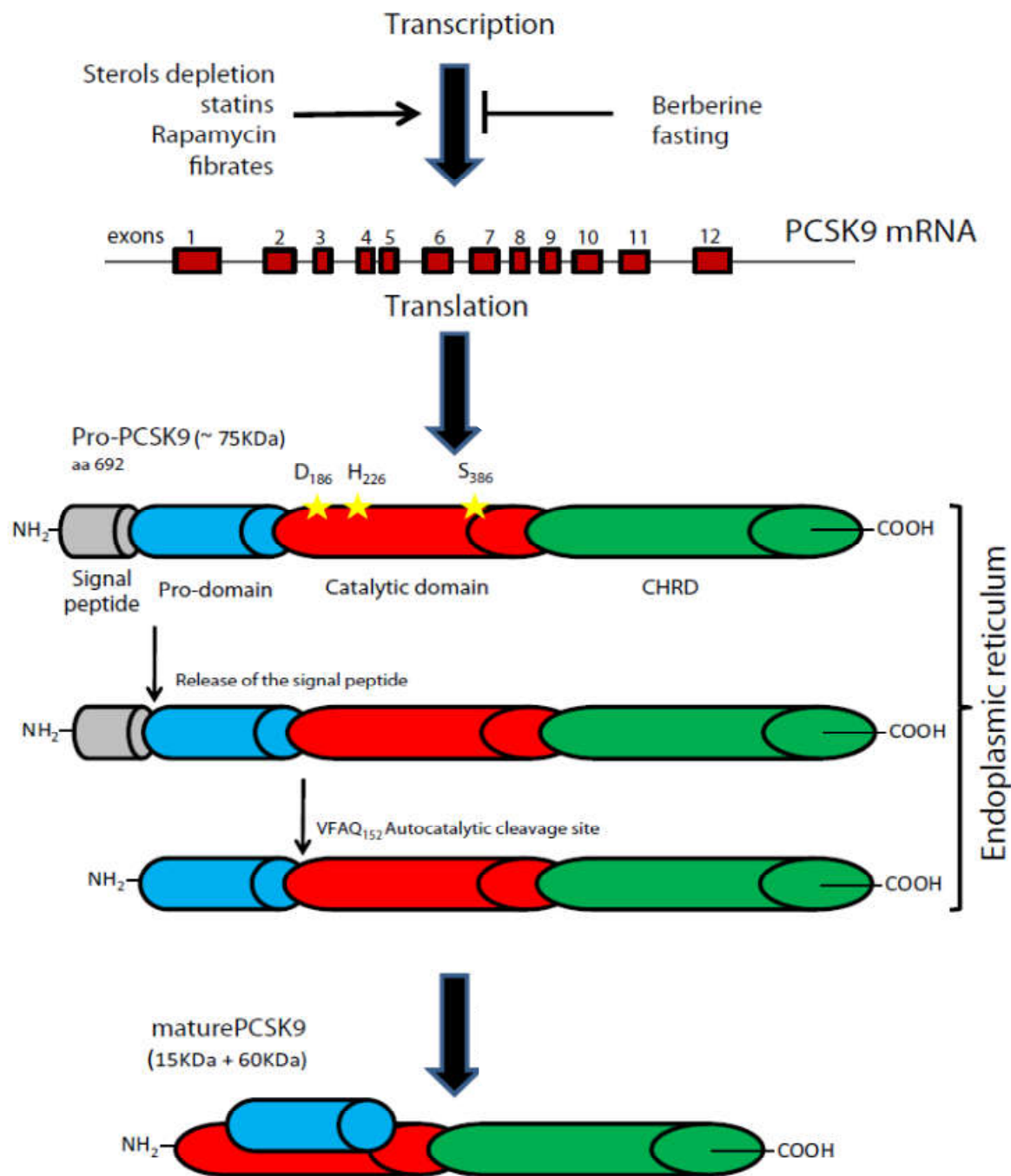
## II- PCSK9 BIOLOGY

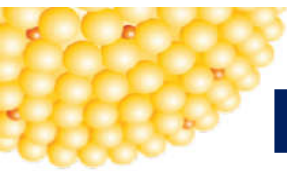


# Maturation of PCSK9



PCSK9 gene Chromosome 1,p32.3



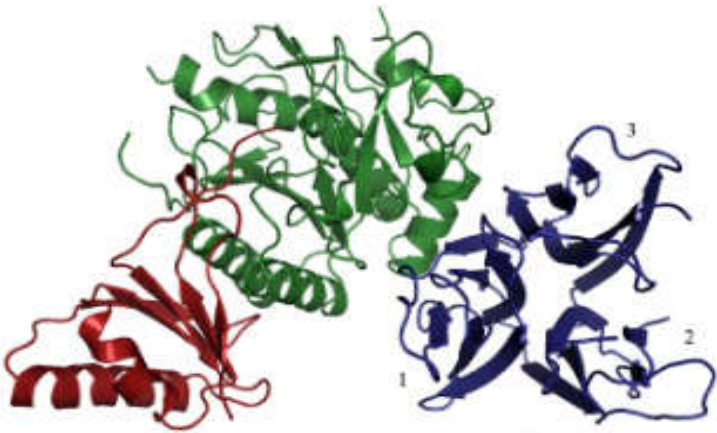
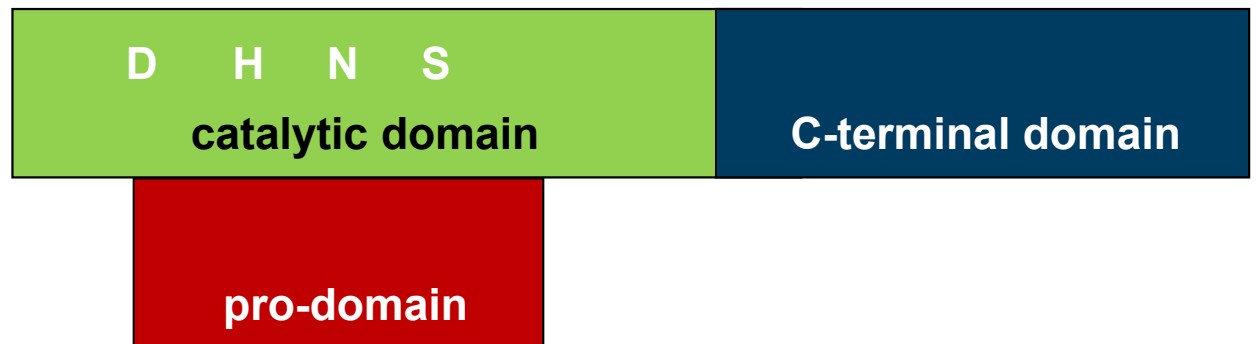


# PCSK9: The Enzyme (Proprotein Convertase)

**Endoplasmic Reticulum**

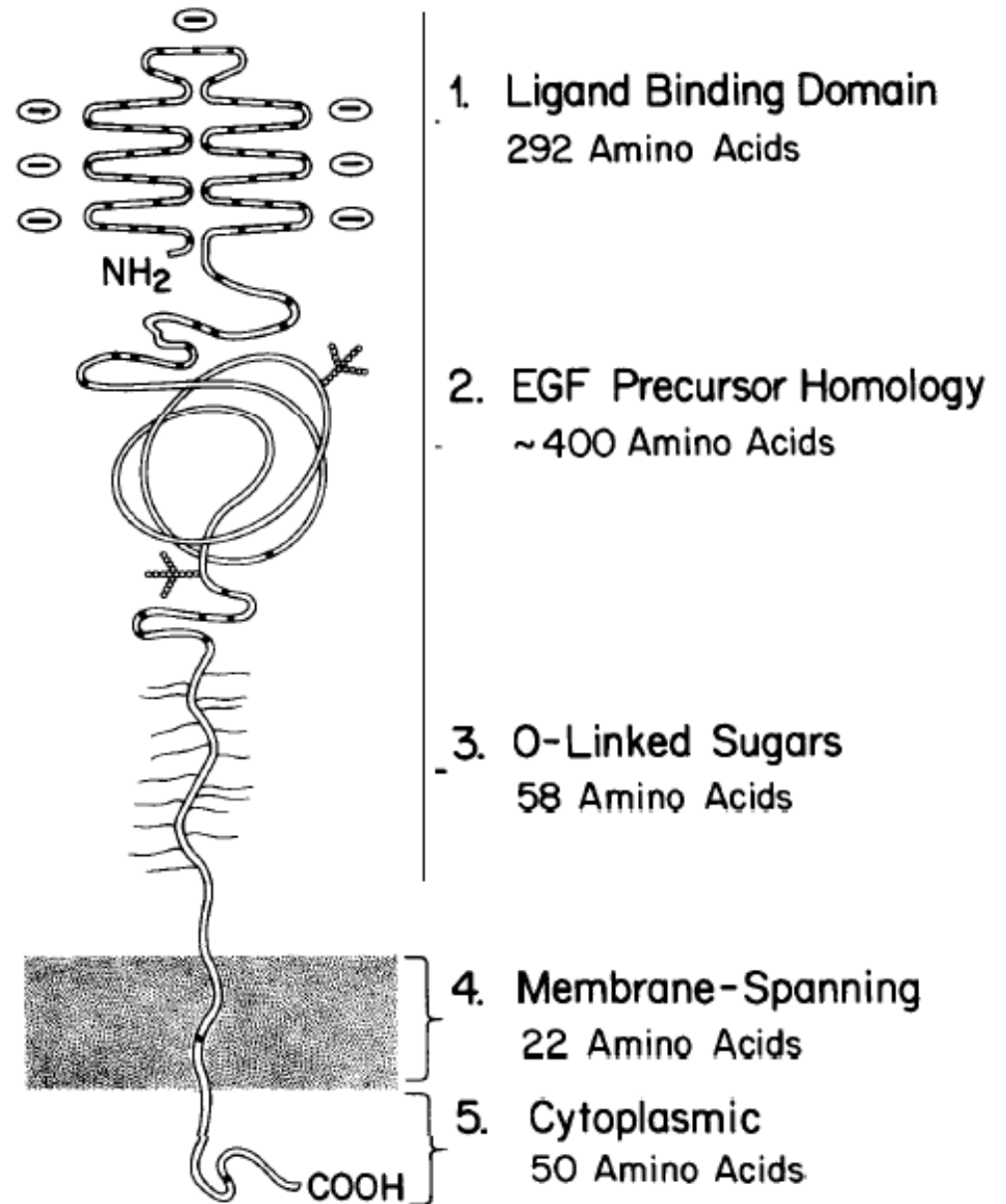


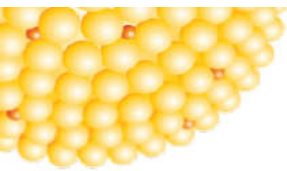
**Golgi**



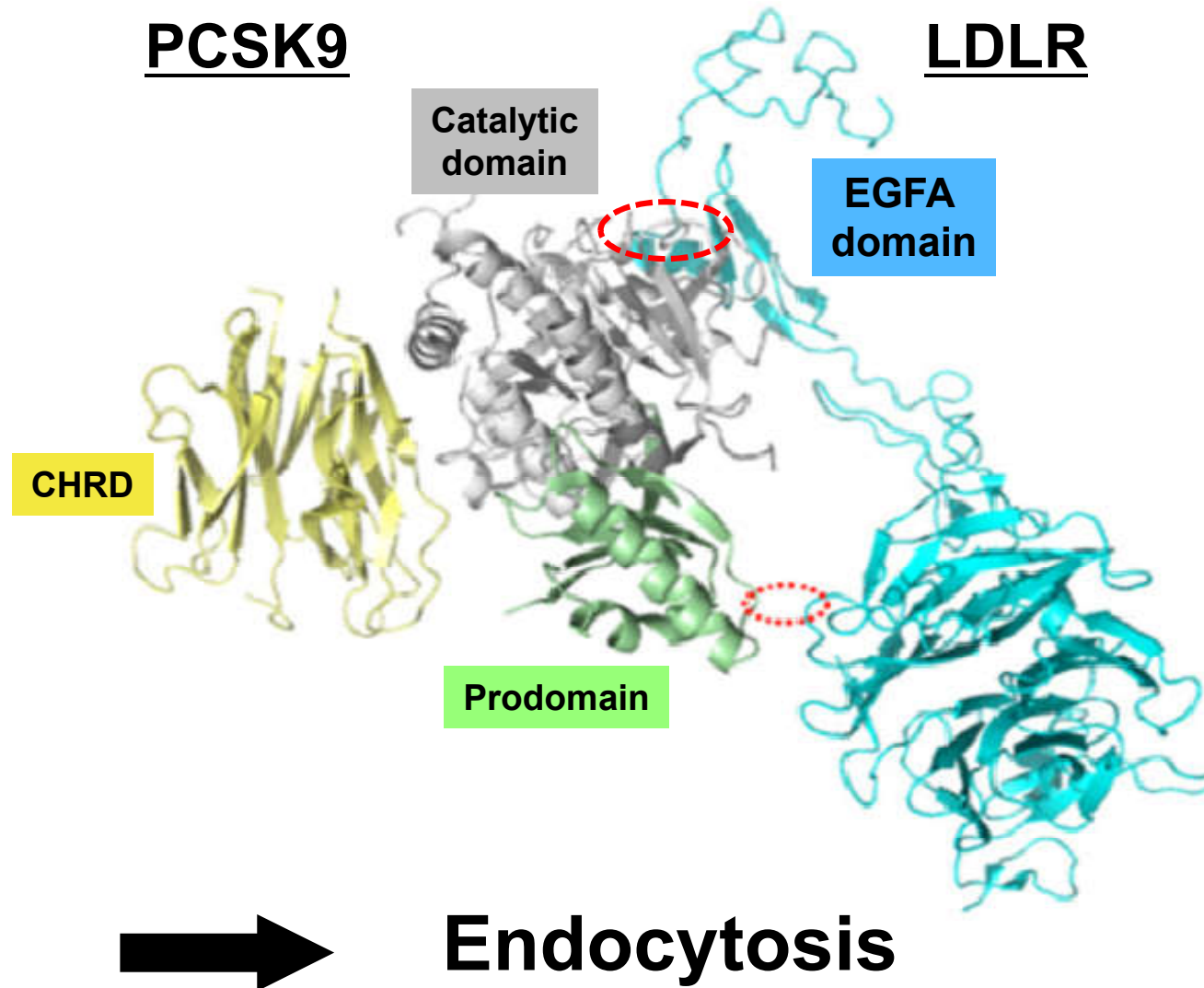
**Secretion**

# The LDL receptor: a single protein with five domains



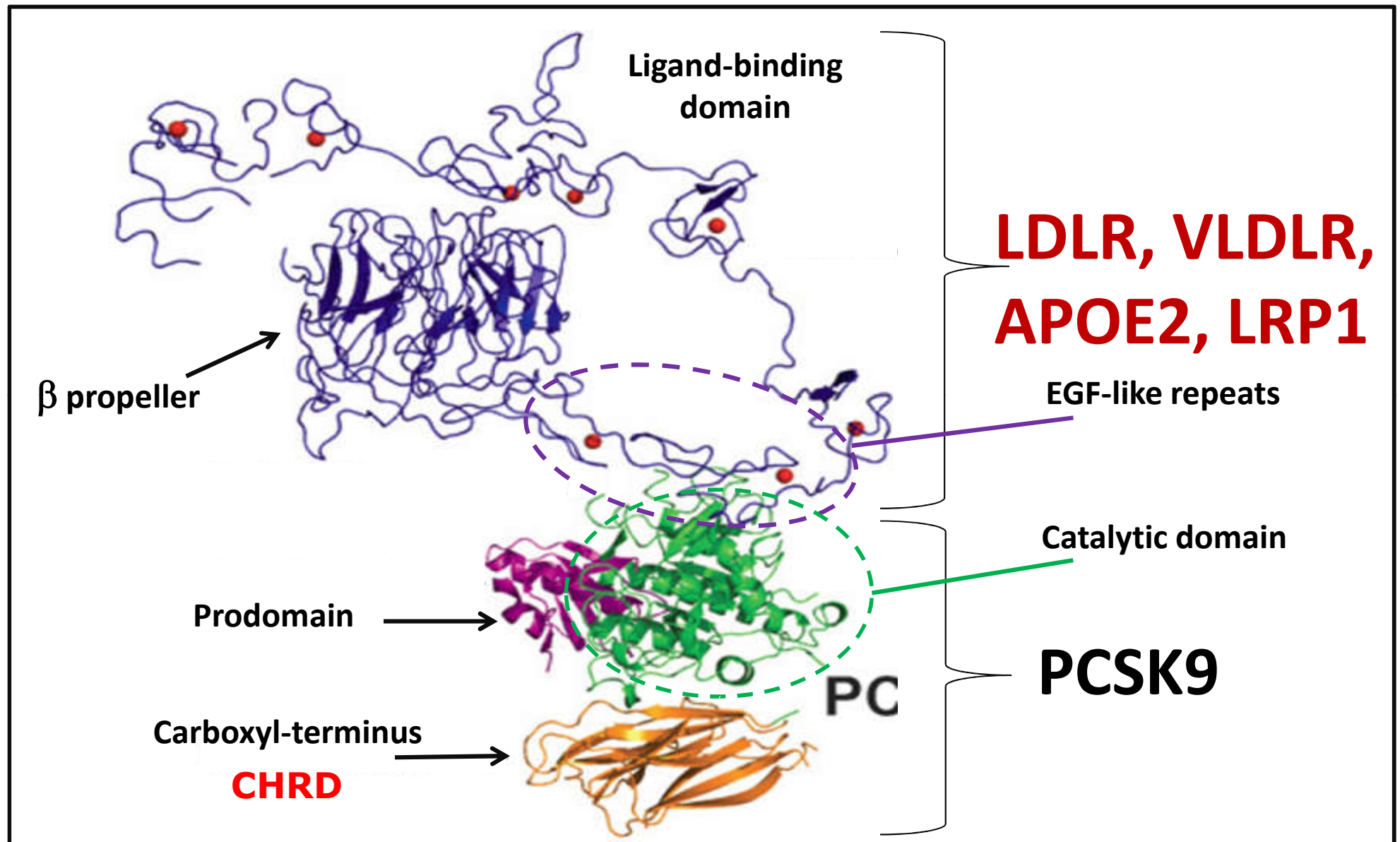


# PCSK9: The Chaperone (Binds to the LDLR)

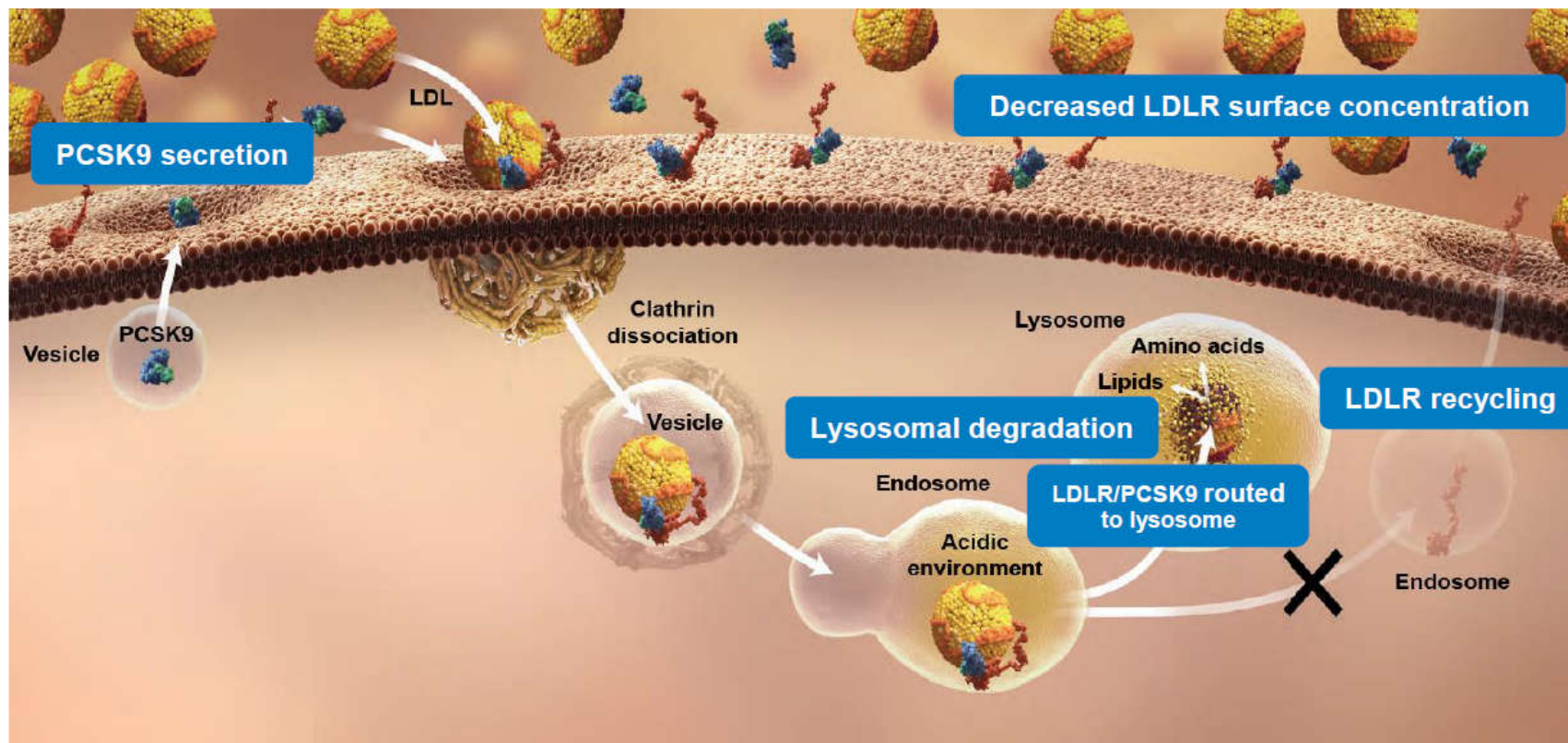




# PCSK9 and the LDL Receptor

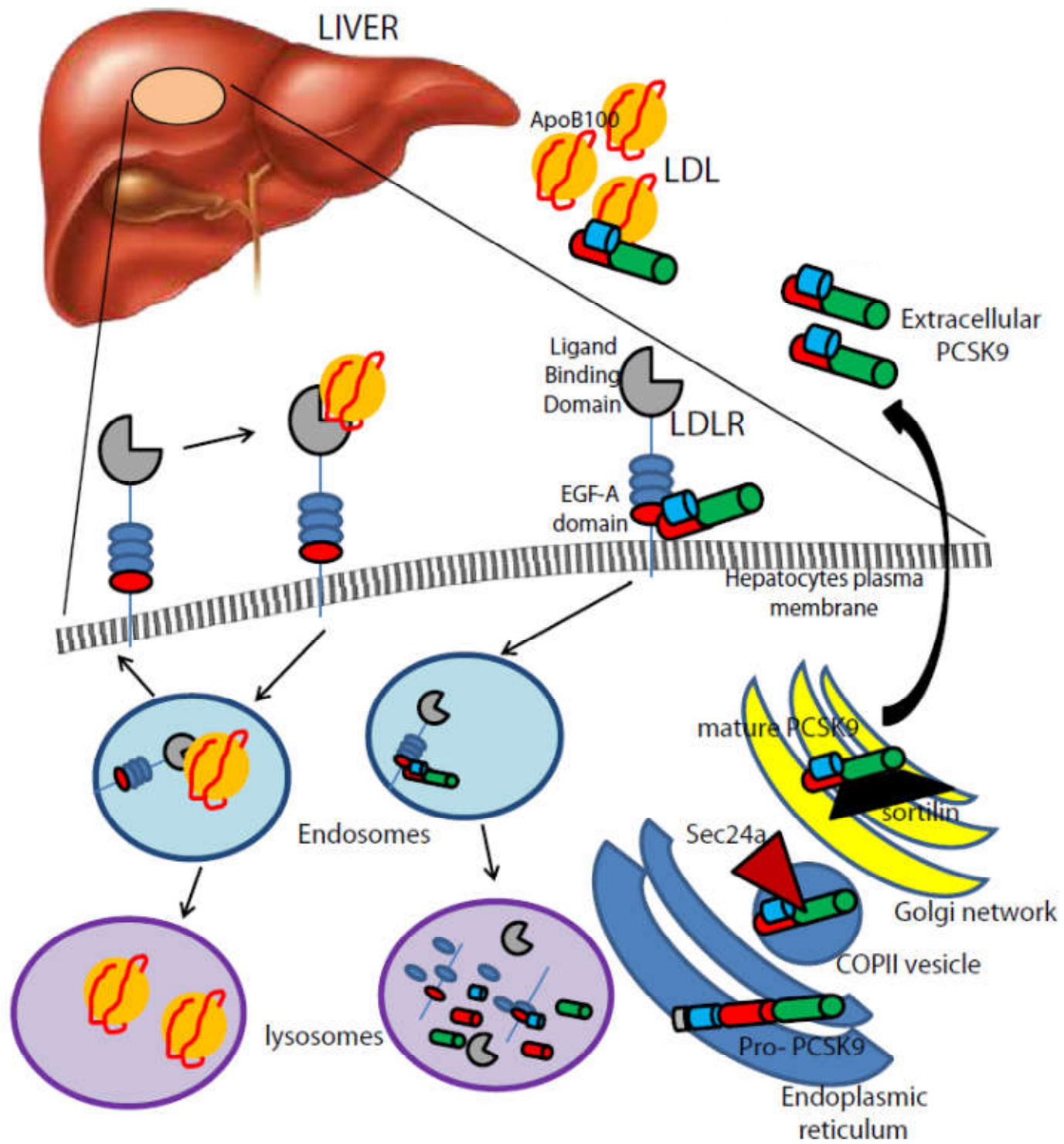


# PCSK9 Binds to the LDL Receptor and Targets the LDL Receptor for Degradation<sup>1-3</sup>

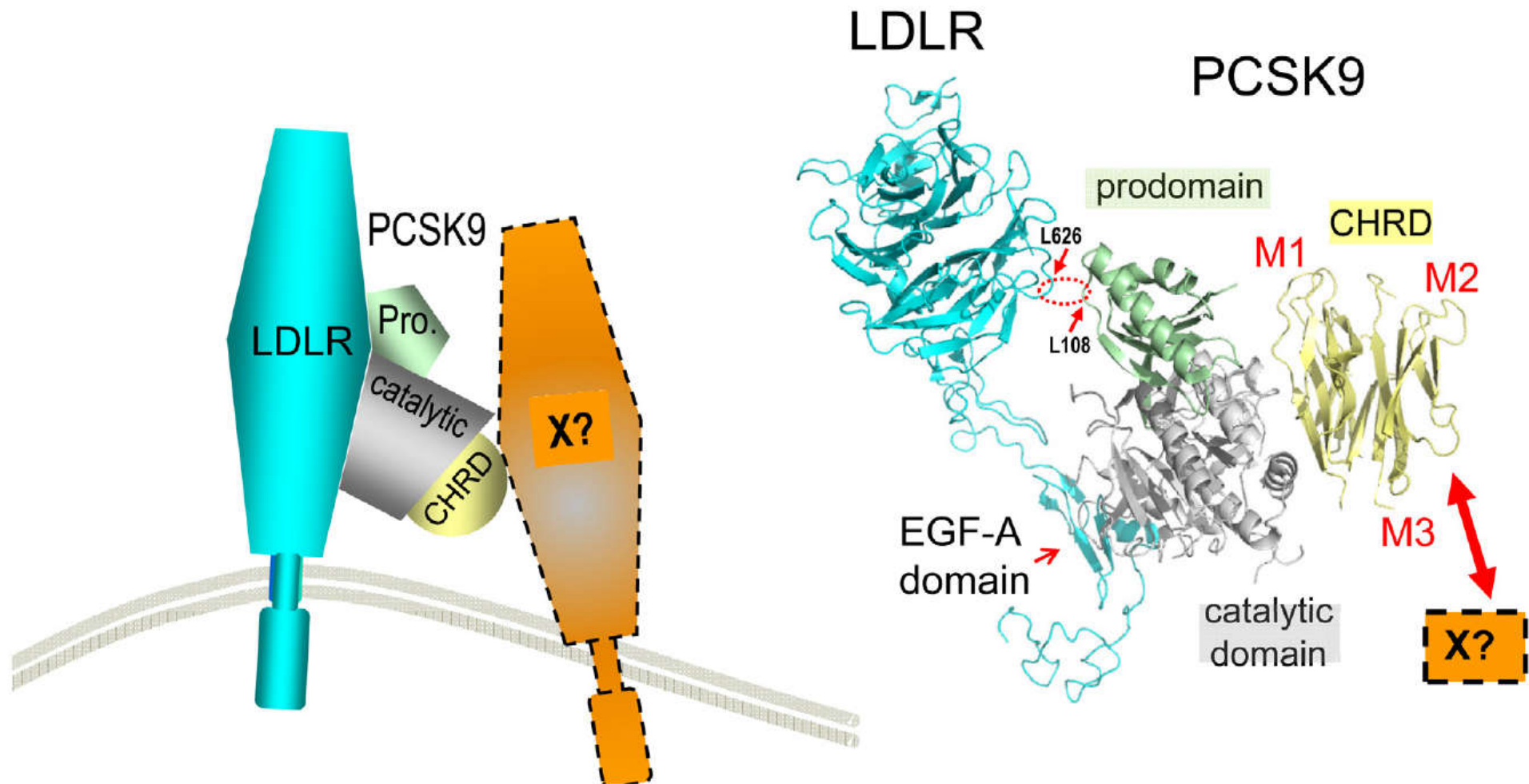
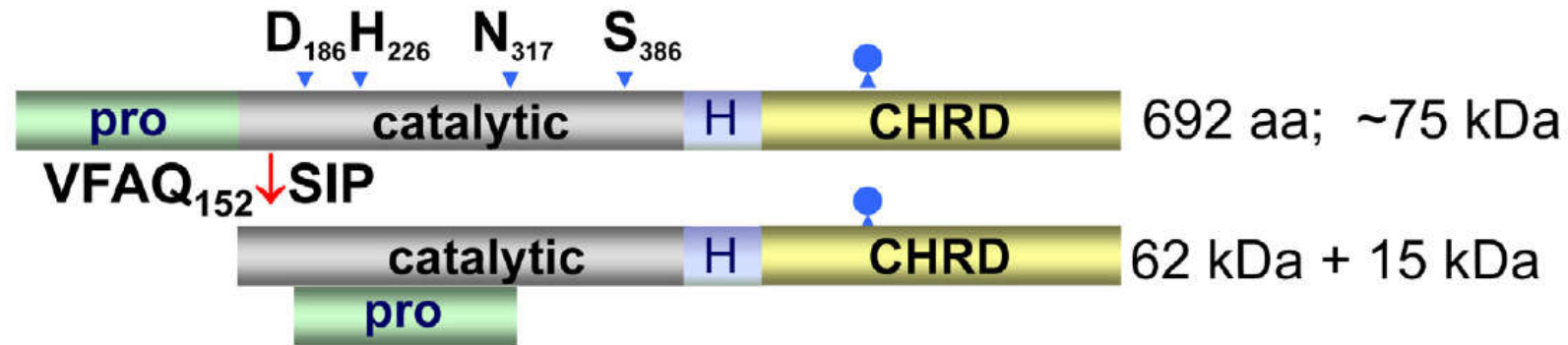


Fewer LDL receptors on hepatocyte surface result in increased plasma LDL-C

1. Abifadel M, et al. *Hum Mutat.* 2009;30:520-529. 2. Seidah NG, et al. *Circ Res.* 2014;114:1022-1036. 3. Steinberg D, et al. *Proc Natl Acad Sci U S A.* 2009;106:9546-9547.

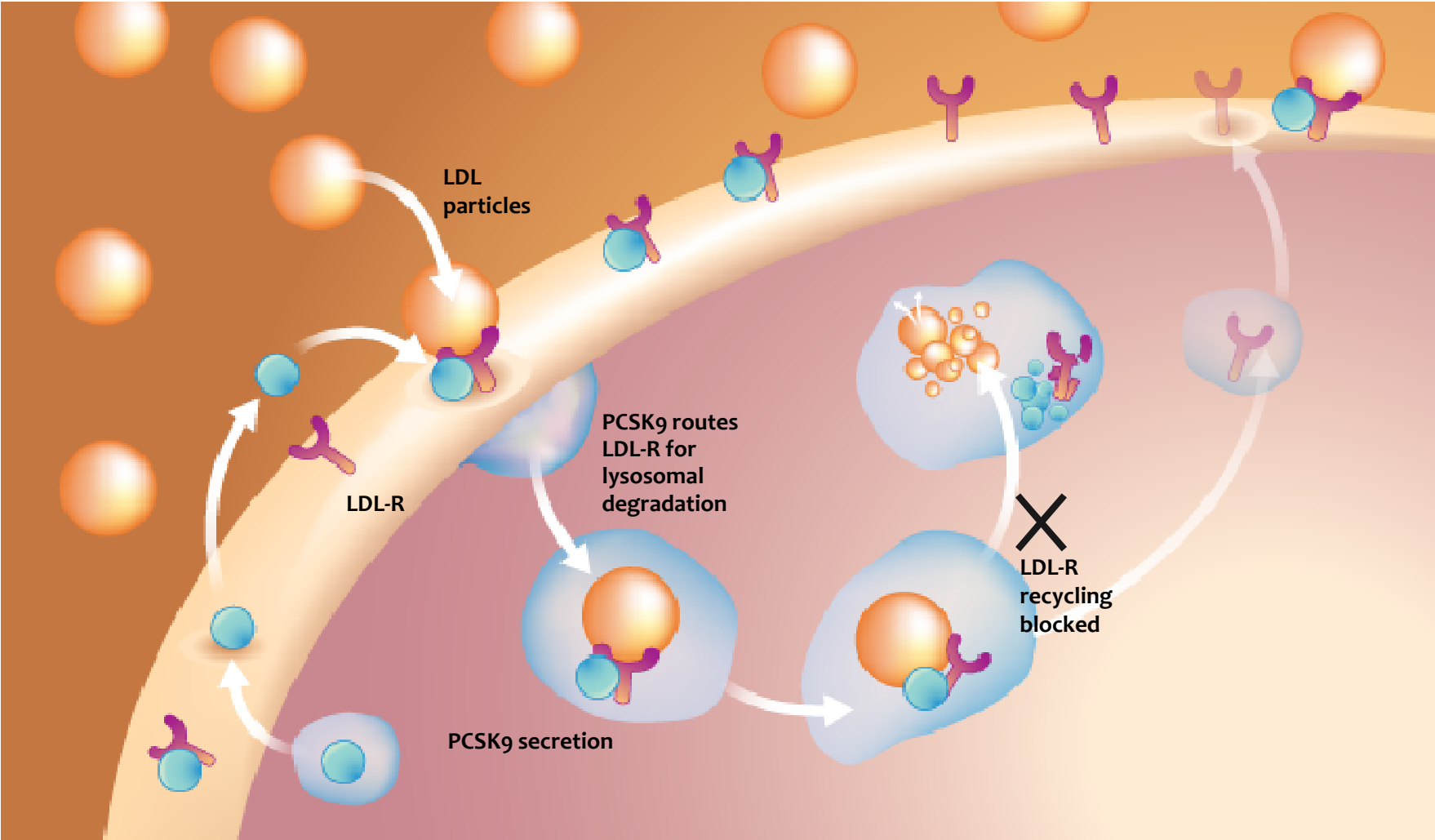


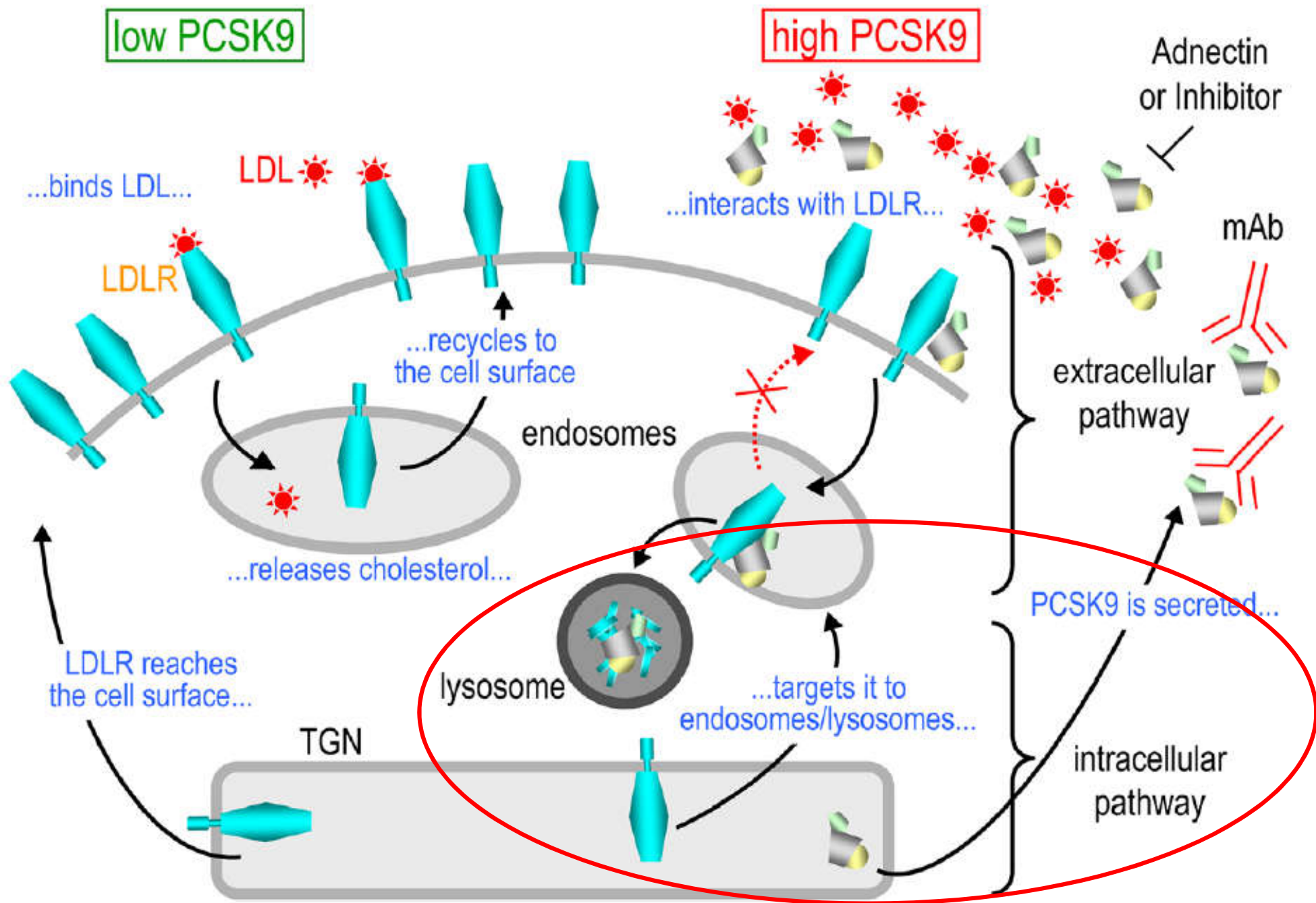






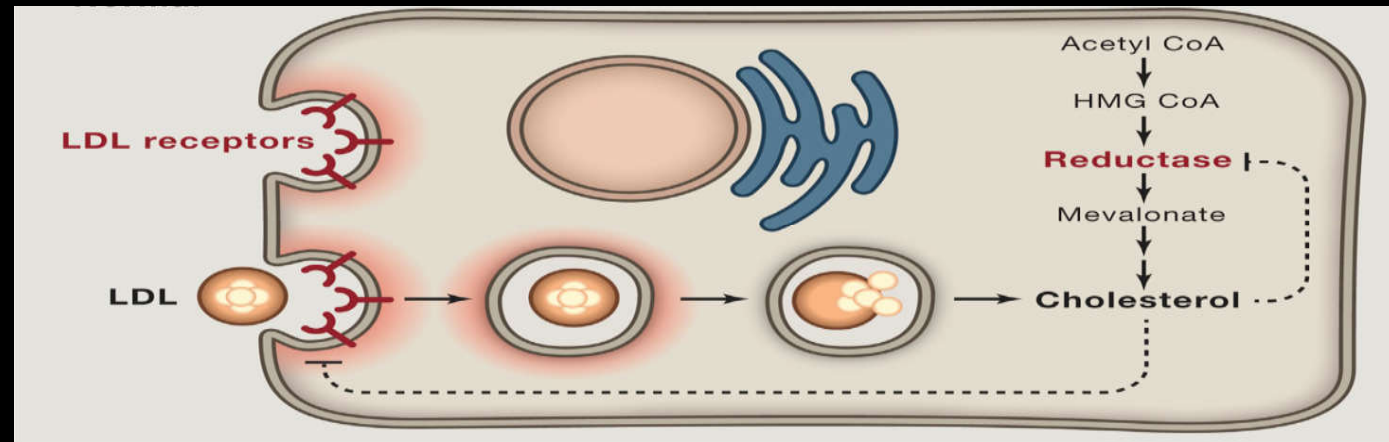
# Role of PCSK9 in regulation of the surface expression of LDL receptors



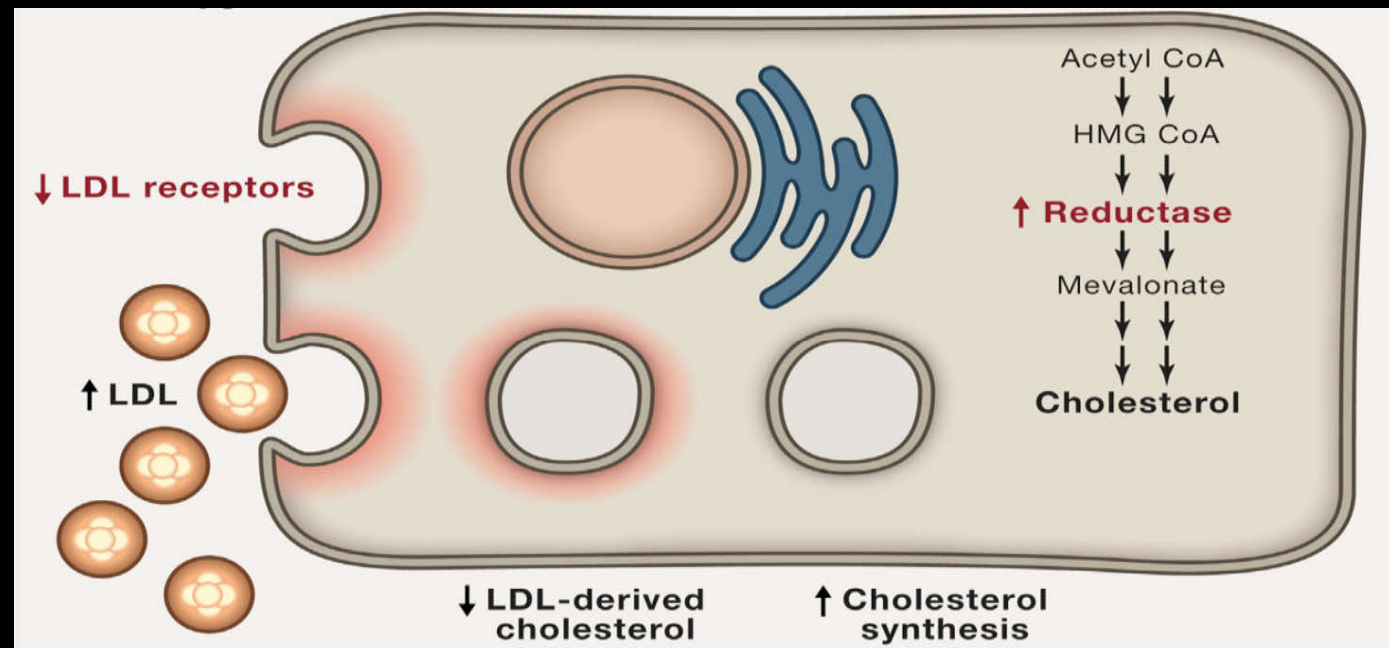


# Feedback regulation of the LDL receptor and cholesterol synthesis

Normal



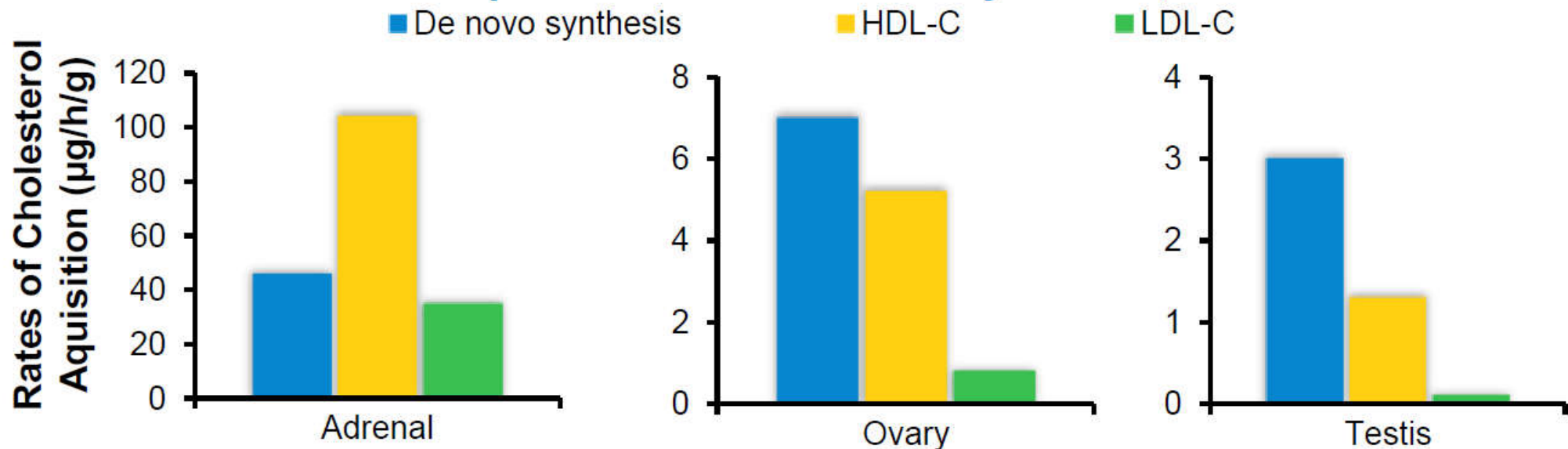
HoFH



# Animal Data Demonstrate Steroidogenic Tissues Predominantly Acquire Cholesterol Via HDL-C and De Novo Synthesis<sup>1</sup>

- Adrenal, ovarian, and testicular tissue can acquire cholesterol via LDL-C, HDL-C, and de novo synthesis
  - Predominant pathway is HDL-C and de novo synthesis<sup>1,2</sup>

## Rates of cholesterol acquisition from *de novo* synthesis, HDL-C and LDL-C\*<sup>1</sup>



\*Data were calculated from measurements made in 49-day-old control mice with LDL receptor activity.

HDL-C = high-density lipoprotein cholesterol; LDL-C = low-density lipoprotein cholesterol.

1. Xie C, et al. *J Lipid Res.* 2006;47:953-963. 2. Hu J, et al. *Nutr Metab (Lond).* 2010;7:47.



# Control of hepatic LDL-Receptor activity

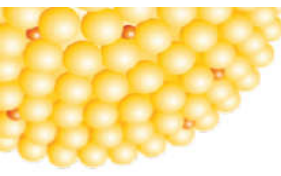
- **Intracellular levels of cholesterol**

(reflecting uptake of cholesterol contained in LDL, VLDL and chylomicron remnants, and HDL), endogenous cholesterol synthesis, cholesterol conversion to bile acids, and excretion of bile acids and biliary cholesterol)

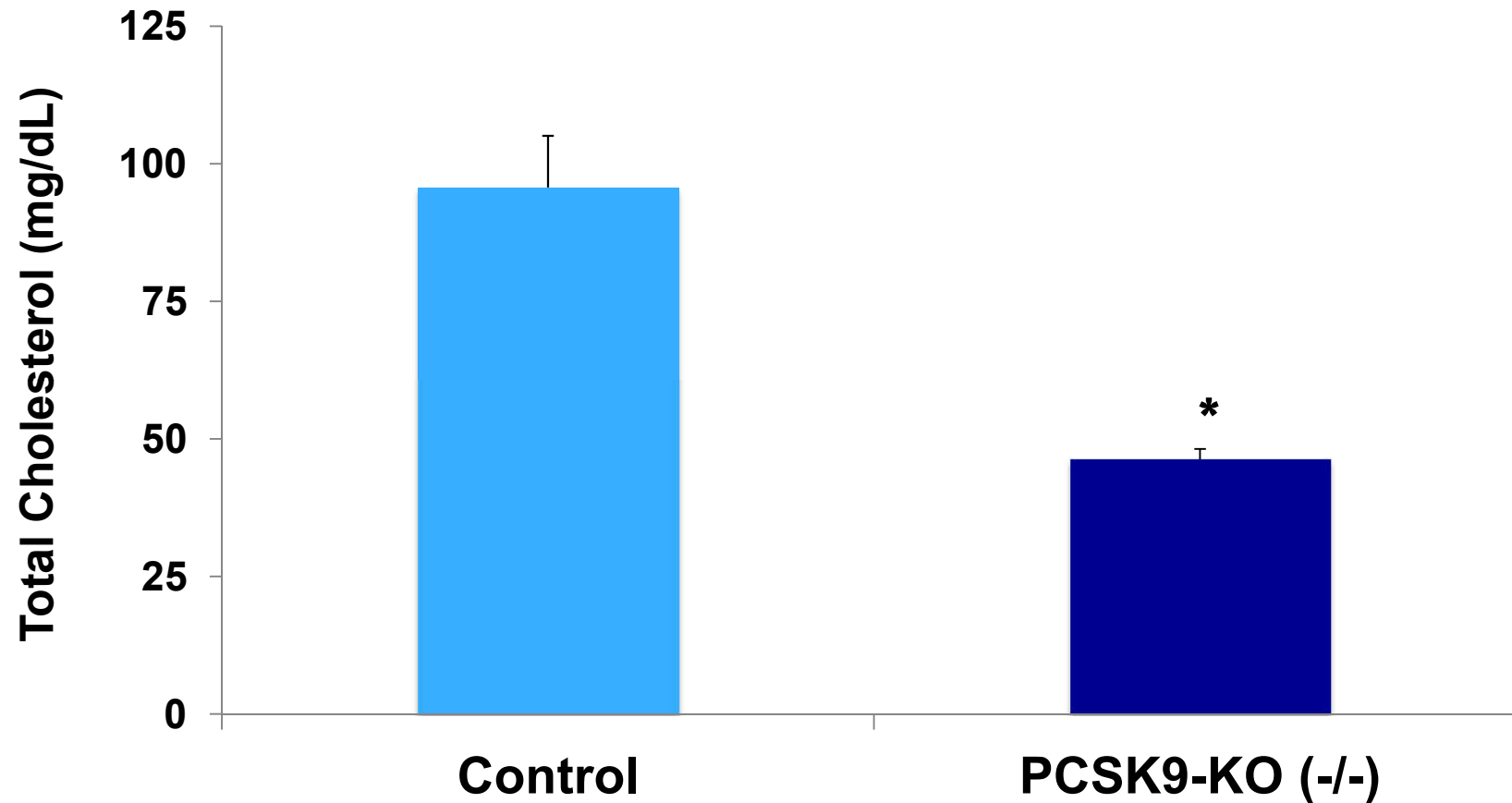
via the **SREBP pathway**



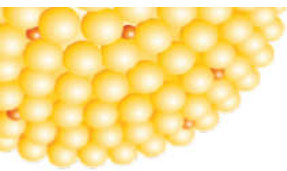
- **the IDOL pathway**



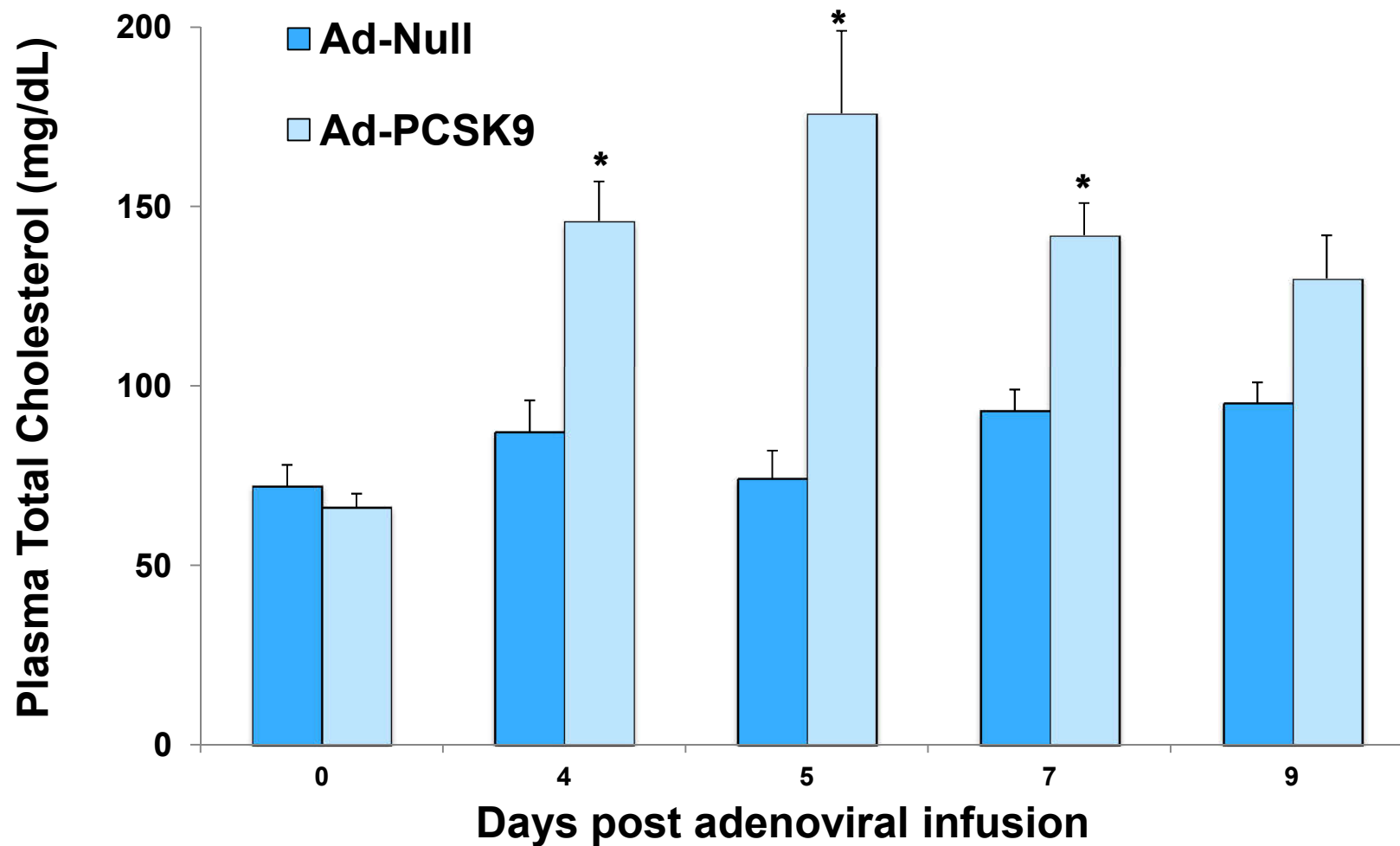
# PCSK9 Knockout Mice Have Decreased Plasma Cholesterol



\* p<0,05 vs. Control



# PCSK9 Expression Increases Circulating LDL Cholesterol Levels in Mice

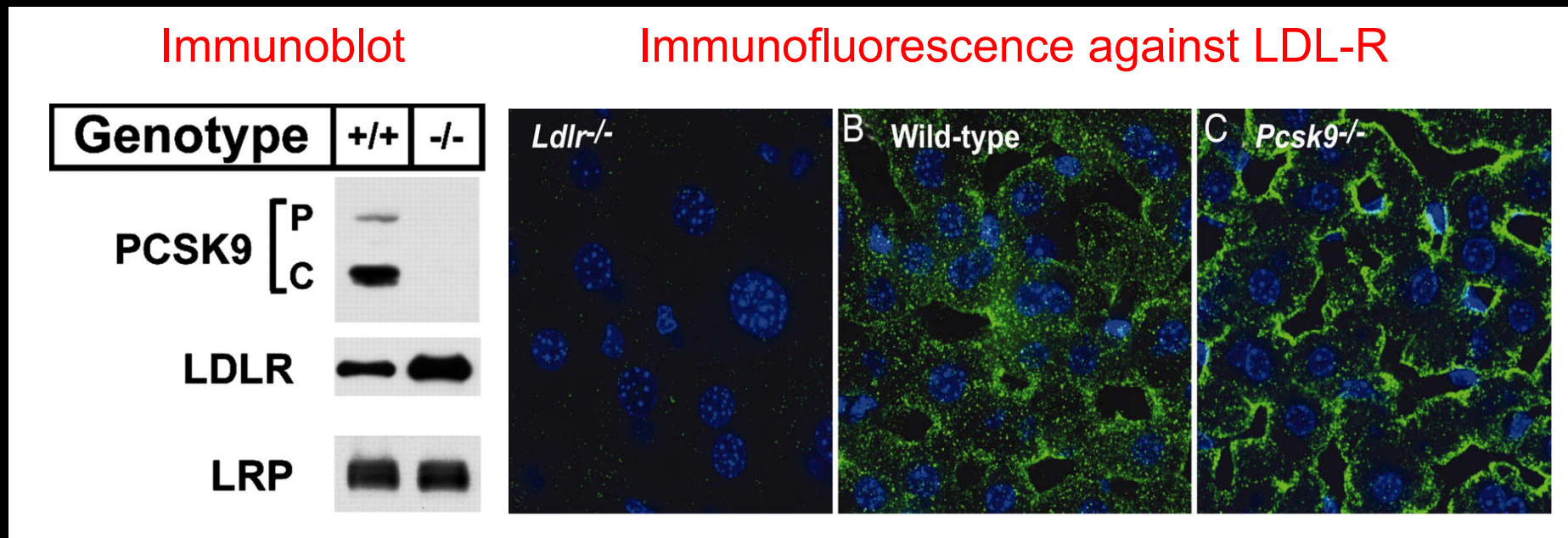


\* p<0,05 vs. Ad-null

Maxwell and Breslow (2004) *Proc Natl Acad Sci USA*  
Benjannet et al. (2004) *J Biol Chem*  
Park et al. (2004) *J Biol Chem*  
Lalanne et al. (2005) *J Lipid Res*

# Absence of PCSK9 Leads to Marked Increase in LDL-R

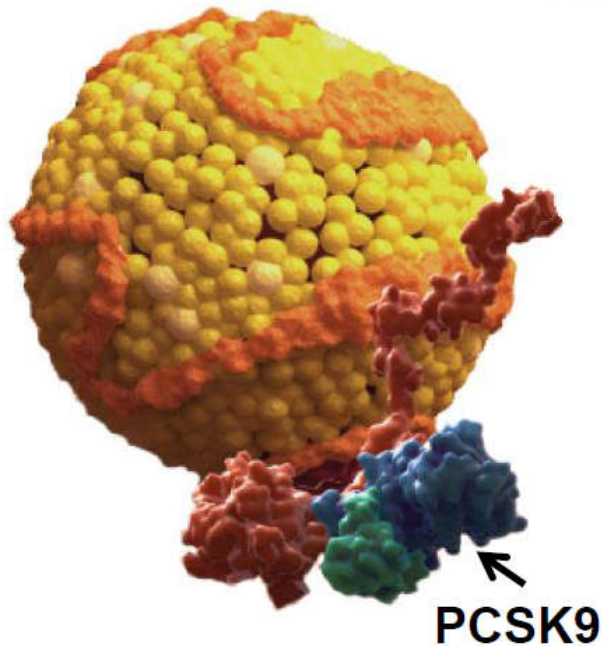
PCSK9 knockout mice : ↑ hepatic LDL-R levels



PCSK9 decreases number of LDL-R : ↑ LDL-C



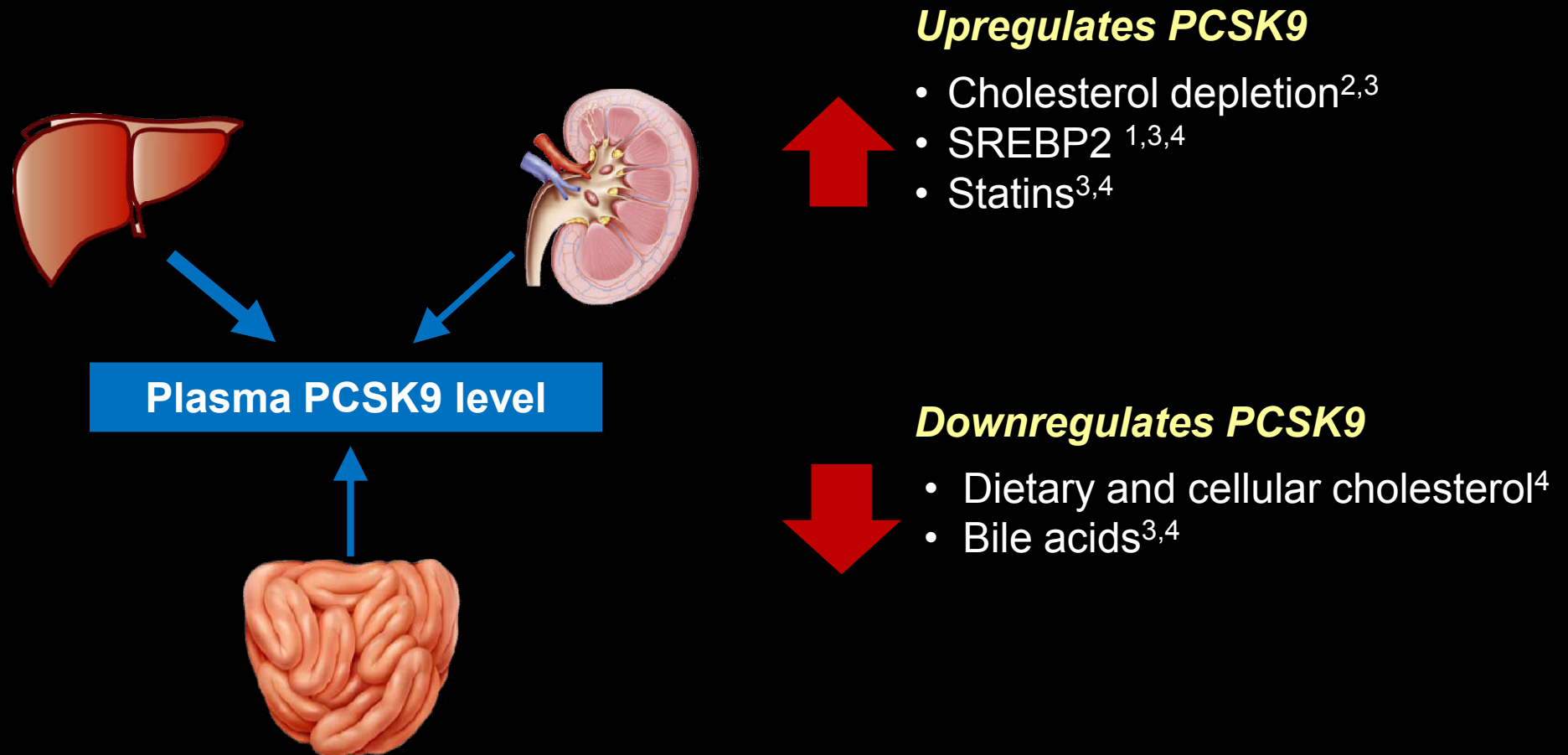
# PCSK9 Is a Regulator of LDL Metabolism



## PCSK9

- Proprotein convertase subtilisin/kexin type 9<sup>1</sup>
- Secreted by liver into plasma<sup>1</sup>
- Binds LDL receptor on surface of hepatocyte<sup>1,2</sup>
- Targets LDL receptor for degradation<sup>1,2</sup>

# Regulation of PCSK9 is dynamic



1. Horton JD, et al. J Lipid Res. 2009;50:S172–7.

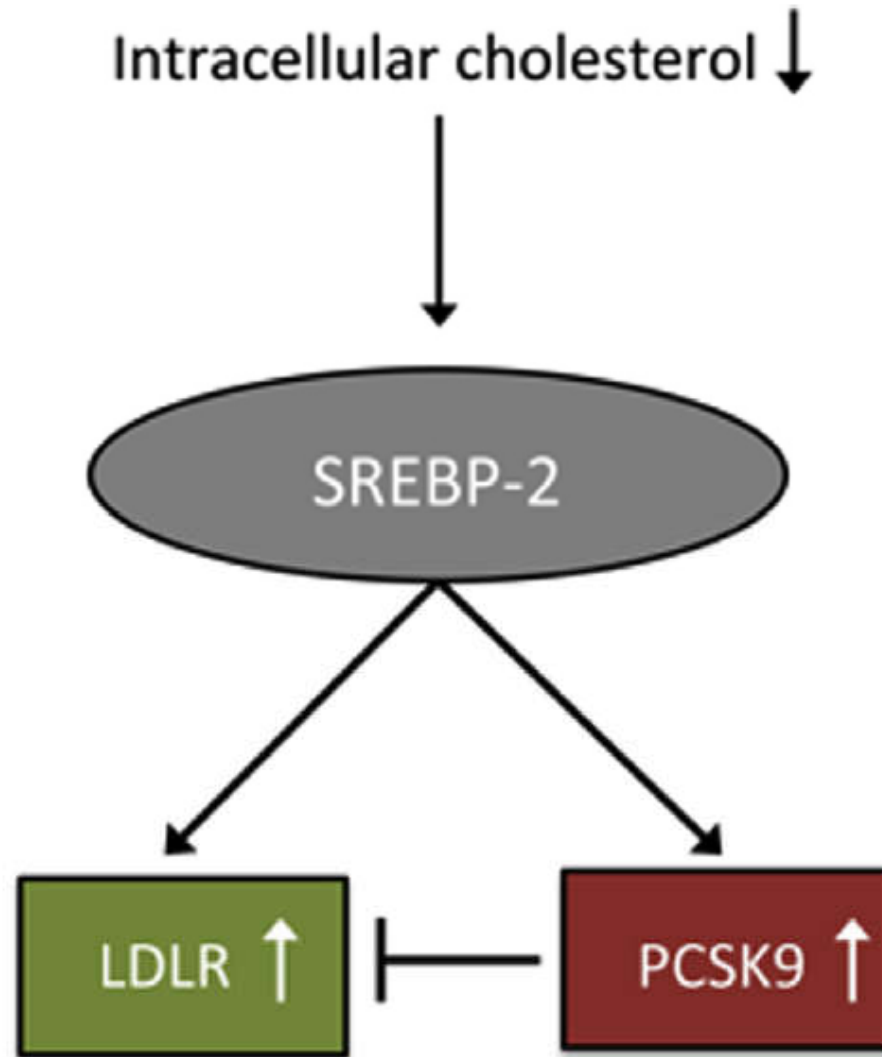
2. Lopez D. Biochem Biophys Acta 2008;1781:184–91.

3. Abifadel M, et al. Hum Mutat. 2009;30: supplementary information.

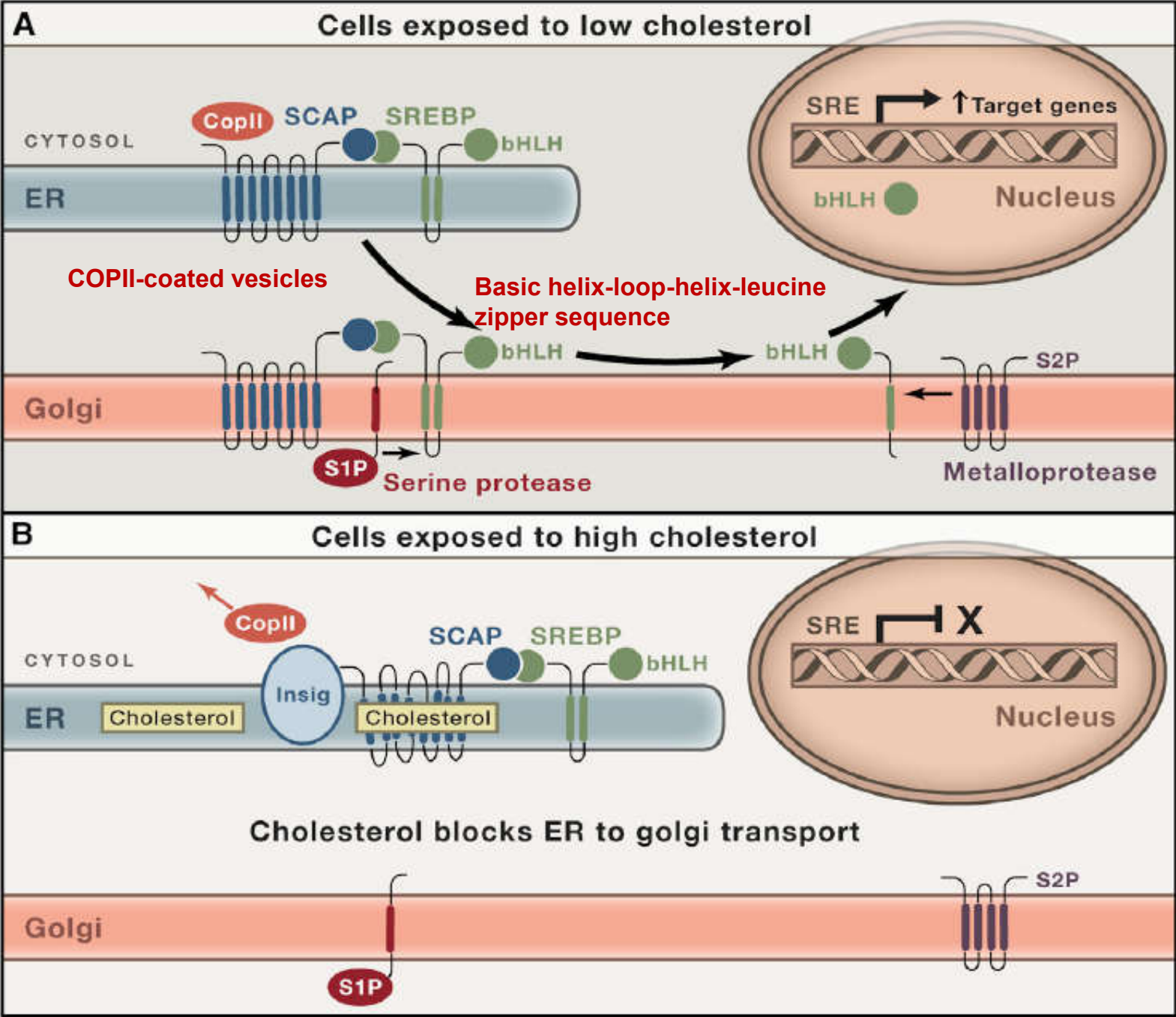
4. Abifadel M, et al. In: Toth PP. The Year in Lipid Disorders. Vol. 2. Oxford, UK: Atlas Medical Publishing Ltd. 2010:3–23.

5. Miao et al, ATVB. 2015;35:1589-1596.

## SREBP-2-Mediated Coexpression of LDLR and PCSK9



# The SREBP Pathway for Cholesterol Homeostasis in Animal Cells



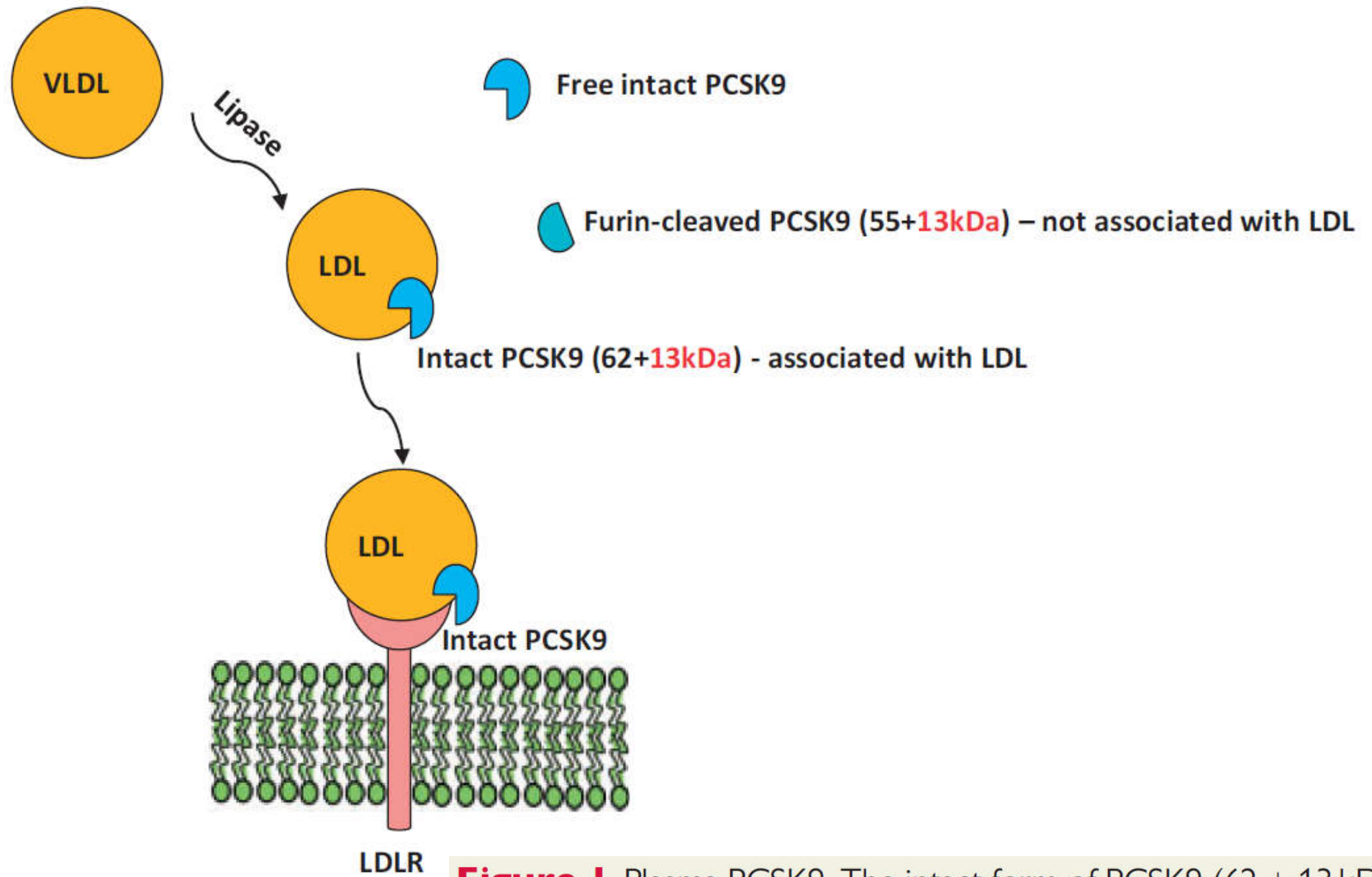
↑ LDLR  
↑ HMG CoA  
↑ Reductase



# PCSK9 ΚΑΙ ΛΙΠΟΠΡΩΤΕΪΝΕΣ ΠΟΥ ΠΕΡΙΕΧΟΥΝ Apo B

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- Το 40% της PCSK9 συνδέεται με τα LDL σωματίδια 1/500-1000 σωματίδια που έχουν Apo B μεταφέρουν 1 μόριο PCSK9
- Η PCSK9 υπάρχει στο πλάσμα σε 2 μορφές
  - ❑ Αθικτη πρωτεΐνη (62KDa)
  - ❑ Furin-cleared τύπος (55KDa) [λιγότερο ενεργός]



**Figure 1** Plasma PCSK9. The intact form of PCSK9 (62 + 13 kDa) in plasma is found predominantly on LDL but not on VLDL. The furin-cleaved form of PCSK9 (55 + 13 kDa) in plasma is found predominantly as apoB-free.

# PCSK9 Association With Lipoprotein(a)

Hagai Tavori, Devon Christian, Jessica Minnier, Deanna Plubell, Michael D. Shapiro, Calvin Yeang, Ilaria Giunzioni, Mikael Croyal, P. Barton Duell, Gilles Lambert, Sotirios Tsimikas, Sergio Fazio

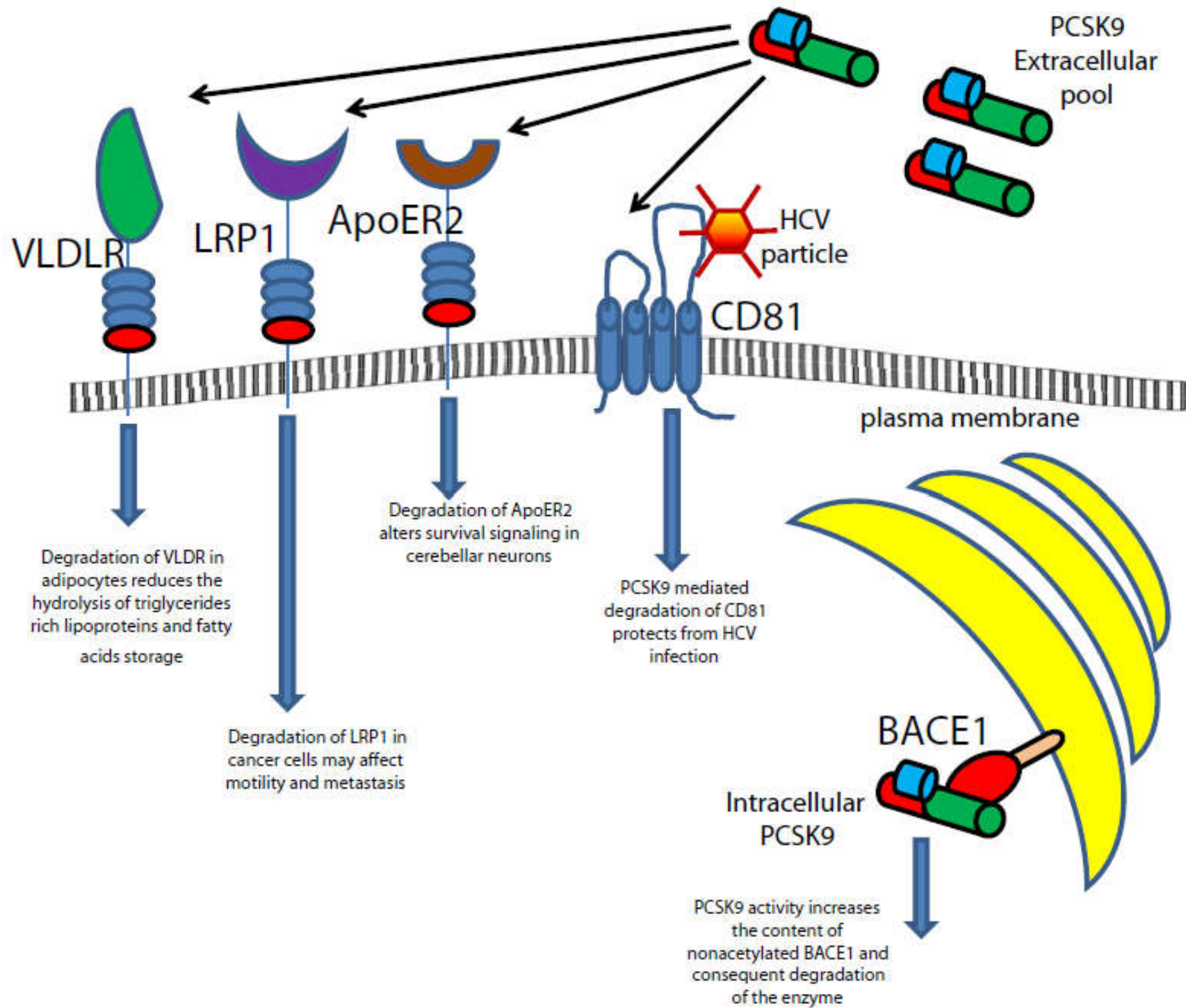
**Rationale:** Lipoprotein(a) [Lp(a)] is a highly atherogenic low-density lipoprotein-like particle characterized by the presence of apoprotein(a) [apo(a)] bound to apolipoprotein B. Proprotein convertase subtilisin/kexin type 9 (PCSK9) selectively binds low-density lipoprotein; we hypothesized that it can also be associated with Lp(a) in plasma.

**Objective:** Characterize the association of PCSK9 and Lp(a) in 39 subjects with high Lp(a) levels (range 39–320 mg/dL) and in transgenic mice expressing either human apo(a) only or human Lp(a) (via coexpression of human apo(a) and human apolipoprotein B).

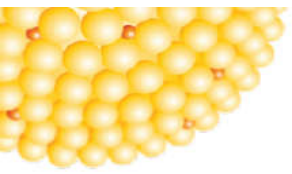
**Methods and Results:** We show that PCSK9 is physically associated with Lp(a) in vivo using 3 different approaches: (1) analysis of Lp(a) fractions isolated by ultracentrifugation; (2) immunoprecipitation of plasma using antibodies to PCSK9 and immunodetection of apo(a); (3) ELISA quantification of Lp(a)-associated PCSK9. Plasma PCSK9 levels correlated with Lp(a) levels, but not with the number of kringle IV-2 repeats. PCSK9 did not bind to apo(a) only, and the association of PCSK9 with Lp(a) was not affected by the loss of the apo(a) region responsible for binding oxidized phospholipids. Preferential association of PCSK9 with Lp(a) versus low-density lipoprotein (1.7-fold increase) was seen in subjects with high Lp(a) and normal low-density lipoprotein. Finally, Lp(a)-associated PCSK9 levels directly correlated with plasma Lp(a) levels but not with total plasma PCSK9 levels.

**Conclusions:** Our results show, for the first time, that plasma PCSK9 is found in association with Lp(a) particles in humans with high Lp(a) levels and in mice carrying human Lp(a). Lp(a)-bound PCSK9 may be pursued as a biomarker for cardiovascular risk. (*Circ Res.* 2016;119:29-35. DOI: 10.1161/CIRCRESAHA.116.308811.)









# III- PCSK9 MUTATIONS

# PCSK9

How do genetic mutations/variants in PCSK9 relate to LDL-C levels and CV risk?

Can PCSK9 be targeted to reduce LDL-C and CVD?

# Genetic Variants Establish PCSK9 as a Modulator of LDL-C

- FH-associated physical abnormalities<sup>1</sup>
- Increased plasma levels of TC and LDL-C<sup>1,2</sup>

## Increasing PCSK9 (GOF)

- Fewer LDL receptors<sup>1,2</sup>
- Higher LDL-C<sup>1,2</sup>

Plasma LDL-C

## Decreasing PCSK9 (LOF)

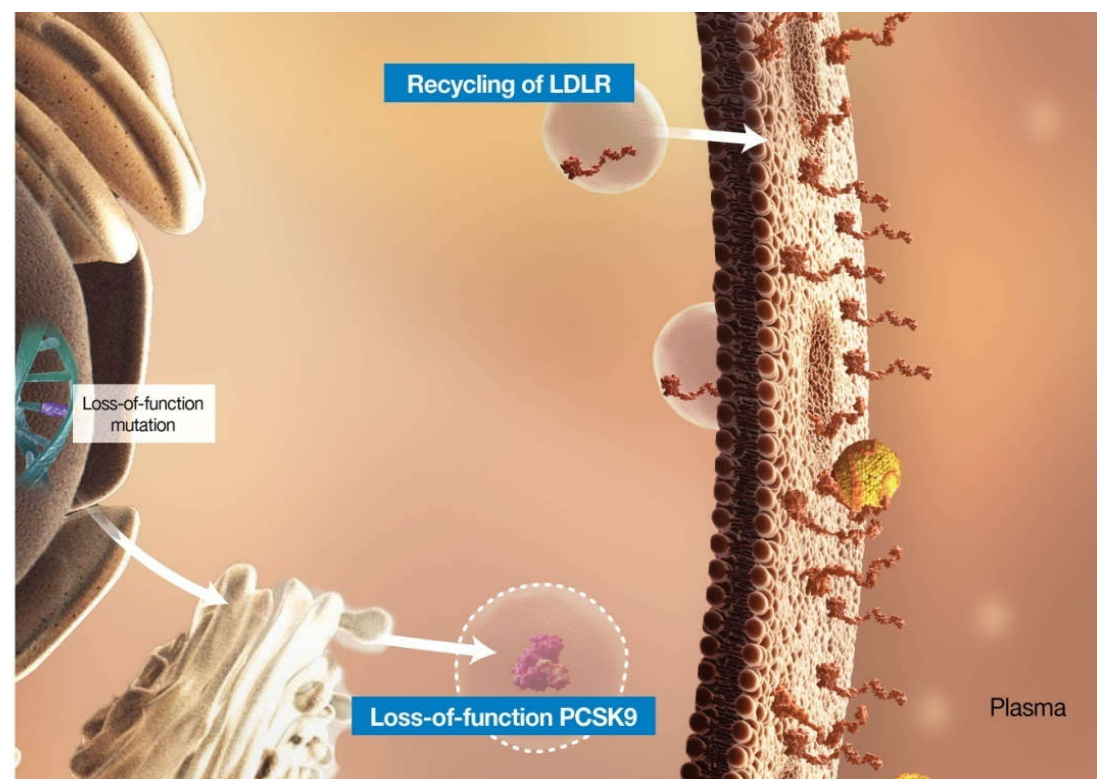
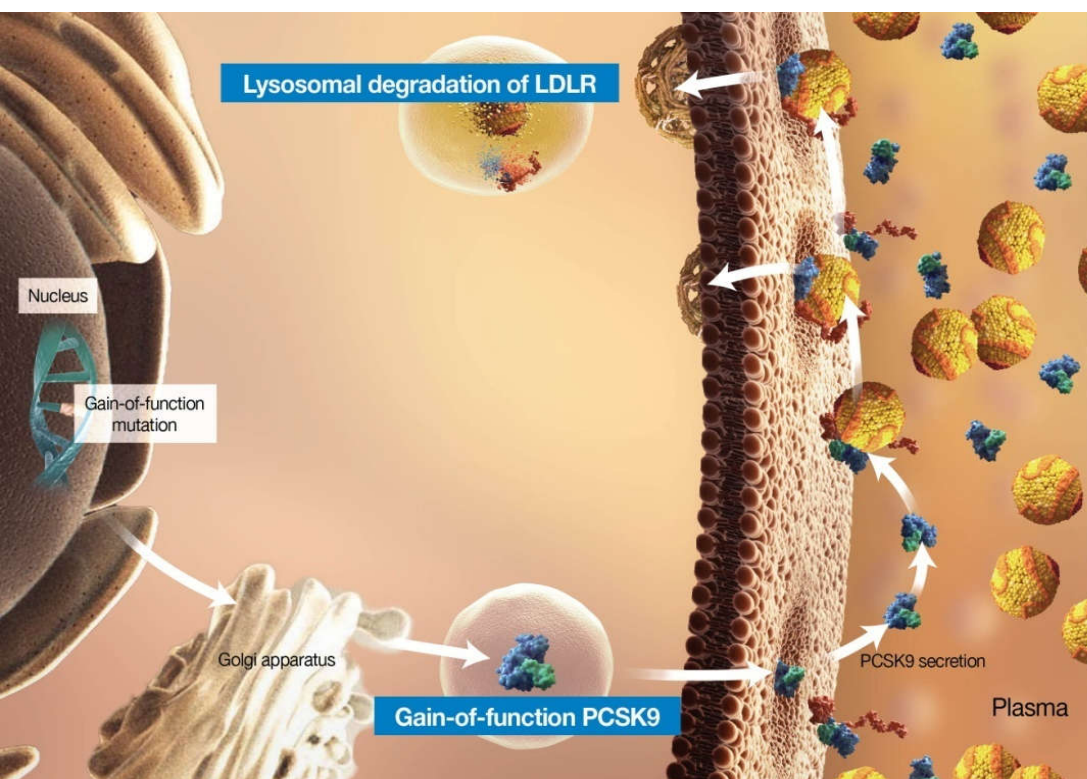
- More LDL receptors<sup>1,2</sup>
- Lower LDL-C<sup>1,2</sup>

- Reduced plasma levels of TC and LDL-C<sup>1,3</sup>

FH = familial hypercholesterolemia; GOF = gain of function; LDL-C = low-density lipoprotein cholesterol; LOF = loss of function; TC = total cholesterol.

1. Abifadel M, et al. *Hum Mutat.* 2009;30:520-529. 2. Seidah NG, et al. *Circ Res.* 2014;114:1022-1036. 3. Benn M, et al. *J Am Coll Cardiol.* 2010;55:2833-2842.

# Genetic Variants of PCSK9 Demonstrate Its Importance in Regulating LDL Levels



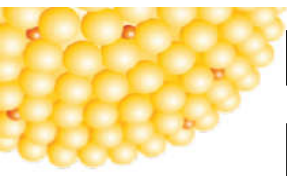
**PCSK9 Gain of Function (GOF) =  
Less LDL-Rs<sup>1,3,5</sup>**

**PCSK9 Loss of Function (LOF) =  
More LDL-Rs<sup>2,4,5</sup>**

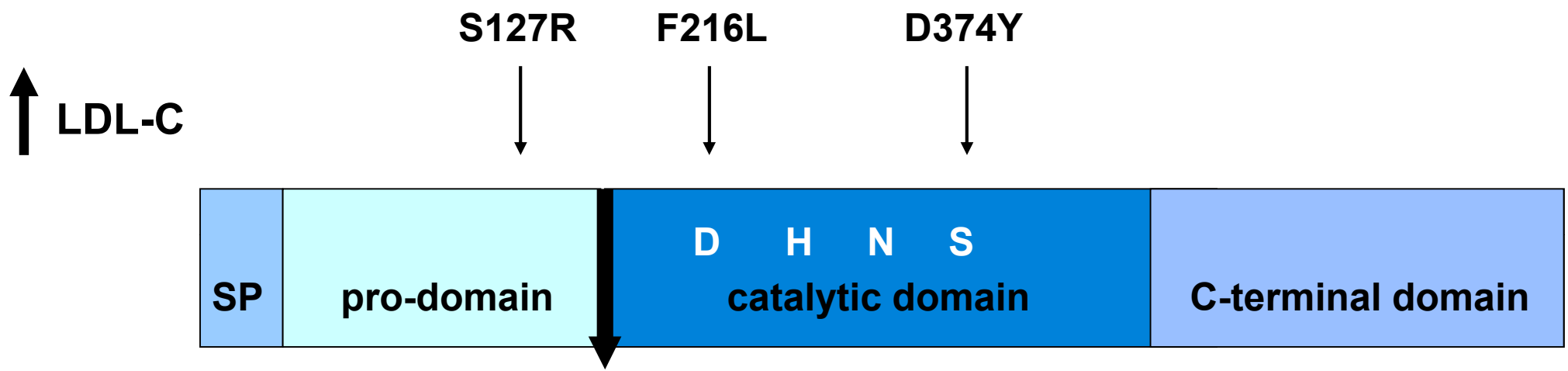
Mutations in the human PCSK9 gene that lead to a loss of PCSK9 function are found in 1% to 3% of the population<sup>6,7</sup>

1. Horton JD, et al. *J Lipid Res.* 2009;50:S172-S177.
2. Lakoski SG, et al. *J Clin Endocrinol Metab.* 2009;94:2537-2543.
3. Abifadel M, et al. *Hum Mutat.* 2009;30:520-529.
4. Cohen J, et al. *Nat Genet.* 2005;37:161-165.
5. Steinberg D, et al. *PNAS.* 2009;106:9546-9547.
6. Cohen JC, et al. *N Engl J Med.* 2006;354:1264-1272.
7. Benn M, et al. *J Am Coll Cardiol.* 2010;55:2833-2842.





# PCSK9: A Recently Identified Gene Associated with FH (Gain of Function Mutations)



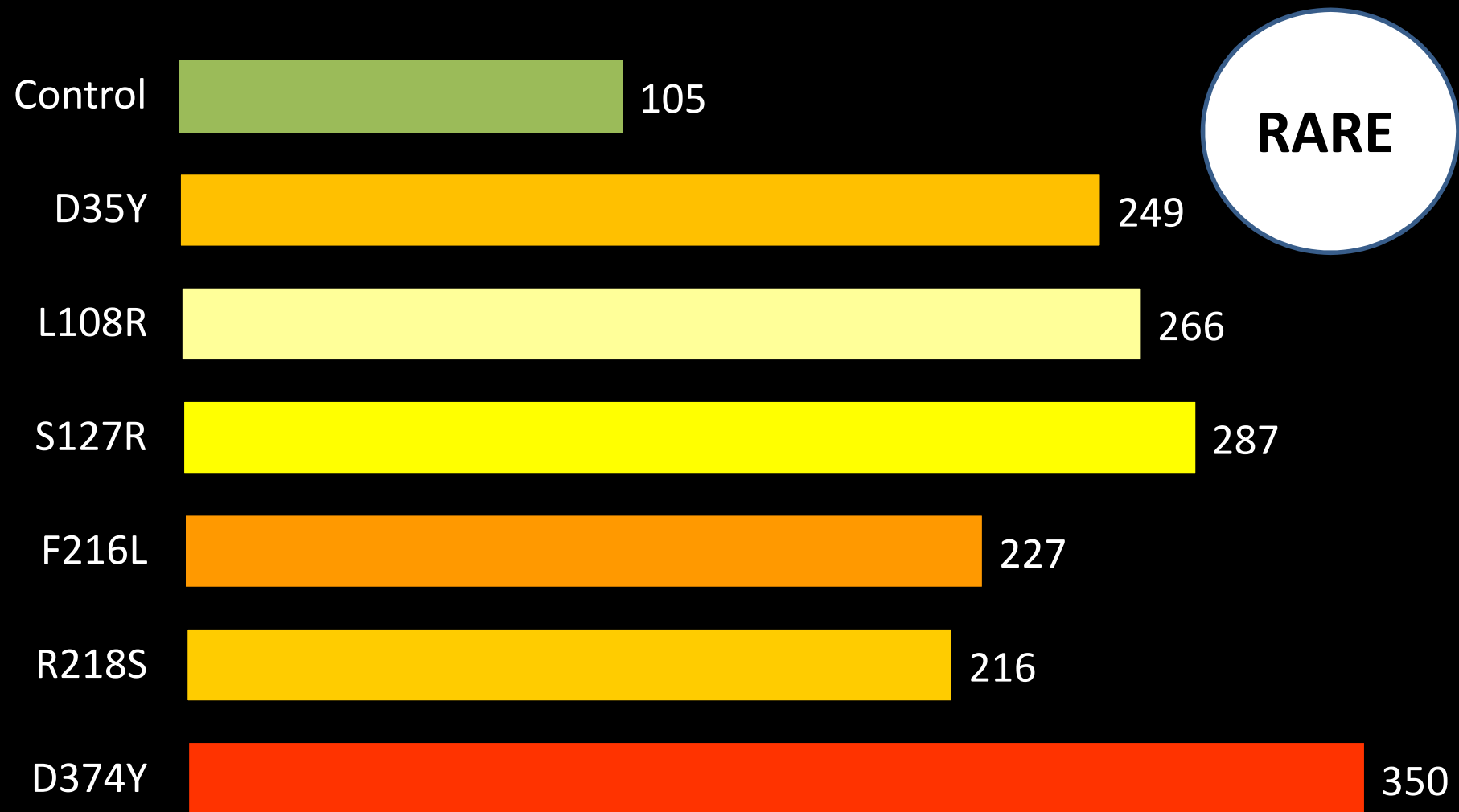
# PCSK9 GOF Mutations Associated With ADH<sup>1</sup>

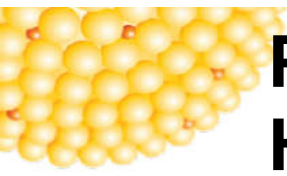
PCSK9 Genotype	Mutation Type	Biochemical Phenotype	Clinical Phenotype
S127R	Missense	5x higher affinity for LDL-R; decreased LDL-R expression and activity; may interfere with trafficking of LDL-R to the cell surface <sup>1,2</sup>	Cholesterol levels in 90th percentile; tendon xanthomas, CHD, early MI, and stroke <sup>3</sup>
D129G	Missense	Leads to decreased LDL-R expression and activity <sup>1</sup>	Elevated LDL-C, identified in family with strong history of CV disease <sup>2</sup>
F216L	Missense	Loss of PCSK9 activation; increased LDL-R degradation; may prolong PCSK9 half-life, causing higher circulating PCSK9 <sup>2,3</sup>	Premature CHD; Early MI <sup>3</sup>
R218S	Missense	Normal processing and secretion but loss of PCSK9 enzymatic activity <sup>1</sup>	Tendon xanthomas, arcus corneae <sup>4</sup>
D374Y	Missense	10–25x higher affinity for LDL-R; decreased LDL-R recycling and increased degradation <sup>1,5</sup>	Tendon xanthomas; premature atherosclerosis <sup>4</sup>

Please refer to Lopez et al. (2008) and Abifadel et al. (2009) for comprehensive lists of PCSK9 mutations and variants.

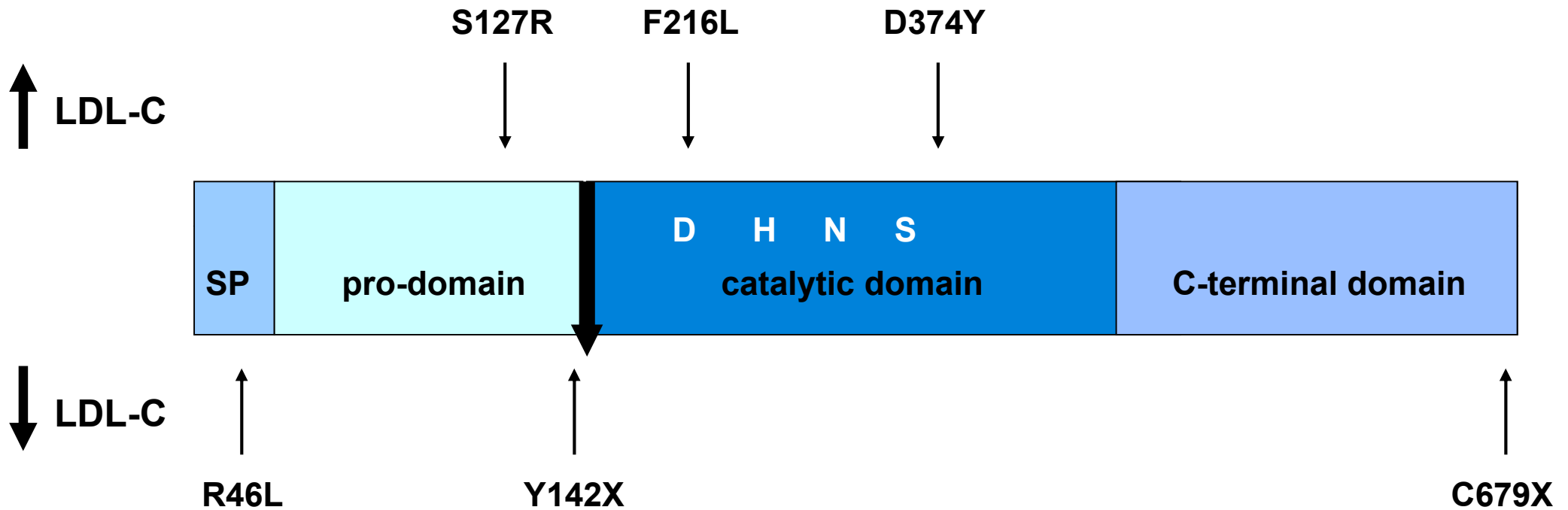
1. Lopez D. *Biochem Biophys Acta*. 2008;1781:184-191. 2. Horton JD, et al. *J Lipid Res*. 2009;50: S172-S177. 3. Abifadel M, et al. *Nat Genet*. 2003;34:154-156. 4. Abifadel M, et al. *Hum Mutat*. 2009;30:520-529. 5. Cunningham D, et al. *Nat Struct Mol Biol*. 2007;14:413-419.

# Elevated LDL-C levels in patients with GAIN-of-Function PCSK9 mutations





# PCSK9: A Gene Associated with Familial Hypobetalipoproteinaemia (Loss of Function Mutations)





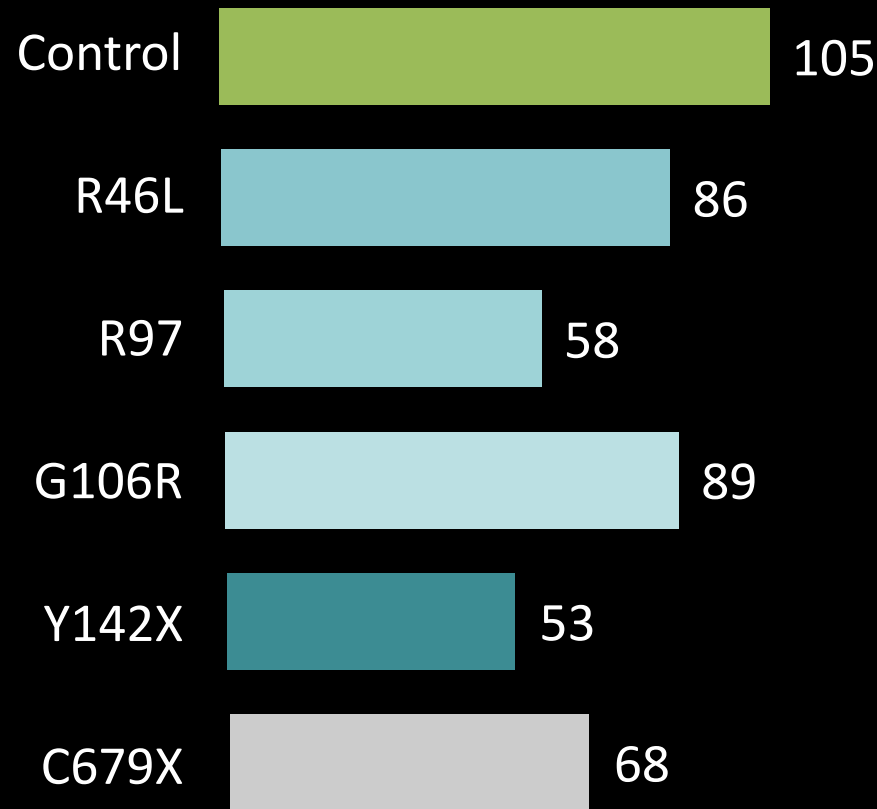
# PCSK9 LOF Mutations and Variants Associated With Hypocholesterolemia

PCSK9 Genotype	Mutation Type	Biochemical Phenotype	Clinical Phenotype
R46L	Missense Polymorphism	No effect on processing or secretion <sup>1</sup>	11%–16% reduction in LDL-C <sup>5</sup> ; 30% reduction in IHD <sup>5</sup> ; reduced risk of early onset MI <sup>6</sup> ; 47% reduction of CHD <sup>1</sup>
G106R	Missense	Defective protein that is not secreted <sup>1</sup>	Reduced LDL-C <sup>1</sup>
Y142X	Nonsense	Disrupted protein synthesis resulting in no detectable protein <sup>3</sup>	40% reduction in LDL-C; 88% reduction in CHD <sup>1,2</sup>
Q152H	Missense	Defective autocatalytic cleavage and secretion <sup>4</sup>	48% decrease in LDL-C; 79% decrease in plasma PCSK9 <sup>4</sup>
L253F	Missense	Poorly cleaved and secreted <sup>1</sup>	30% reduction in LDL-C <sup>2,3</sup> ; Reduced risk of CHD <sup>3</sup>
A443T	Missense Polymorphism	Normally cleaved and secreted; higher susceptibility to cleavage <sup>1</sup>	Modest (2%) reduction in LDL-C <sup>7</sup>
Q554E	Missense	Poorly cleaved and secreted <sup>1</sup>	Reduced LDL-C <sup>8</sup>
C679X	Nonsense	Disrupted protein folding; impaired protein secretion <sup>1,2</sup>	40% reduction in LDL-C; 88% reduction in CHD <sup>1,2</sup>

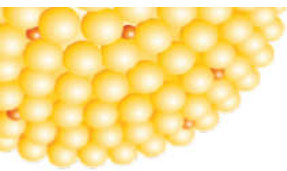
Please refer to Lopez et al. (2008) and Abifadel et al. (2009) for comprehensive lists of PCSK9 mutations and variants.

1. Lopez D. *Biochem Biophys Acta*. 2008;1781:184-191.
2. Abifadel M, et al. *Hum Mutat*. 2009;30:520-529.
3. Cunningham D, et al. *Nat Struct Mol Biol*. 2007;14:413-419.
4. Mayne J, et al. *Clin Chem*. 2011;57:1415-1423.
5. Benn M, et al. *J Am Coll Cardiol*. 2010;55:2833-2842.
6. Kathiresan S. *N Engl J Med*. 2008;358:2299-3200.
7. Zhao Z, et al. *Am J Hum Genet*. 2006;79:S14-S23.
8. Abifadel M, et al. In: Toth PP. *The Year in Lipid Disorders*. Vol. 2. Oxford, UK: Atlas Medical Publishing Ltd. 2010:3-23.

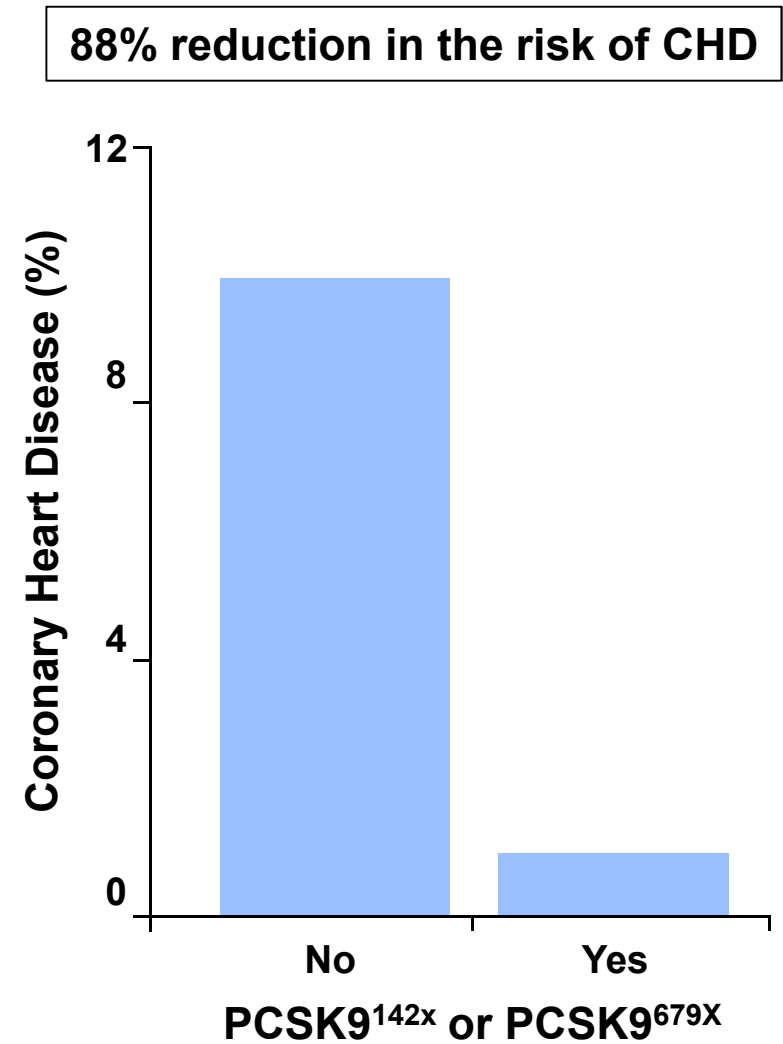
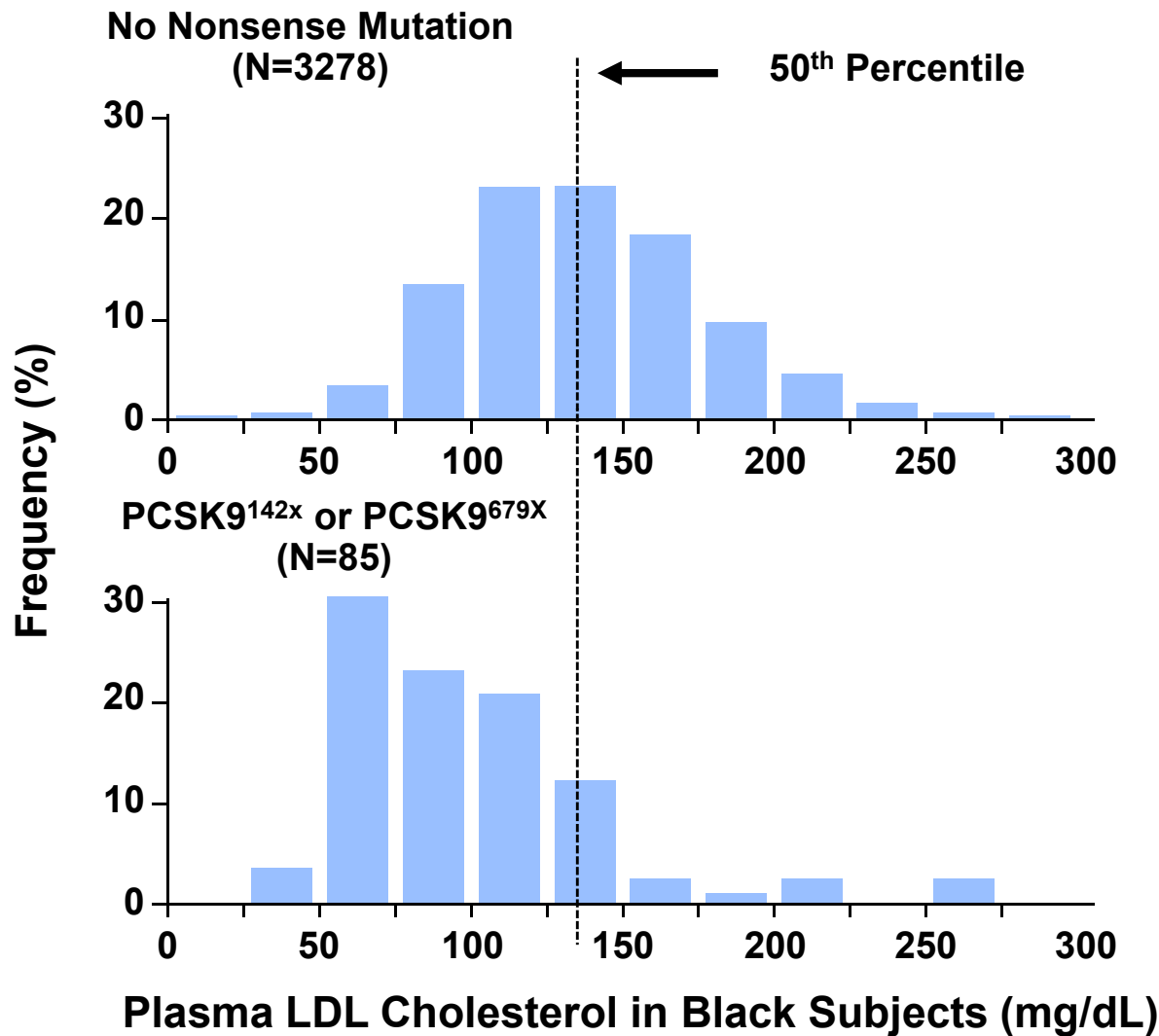
# Low LDL-C levels in patients with LOSS-of-Function PCSK9 mutations



**FREQUENT**

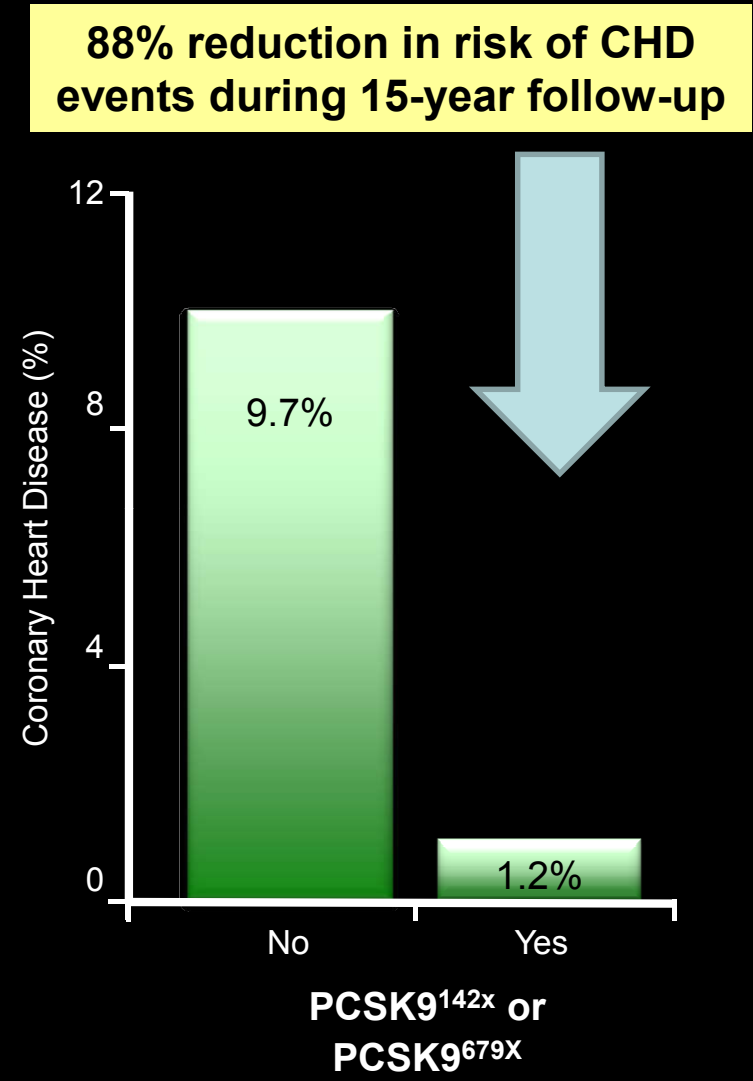
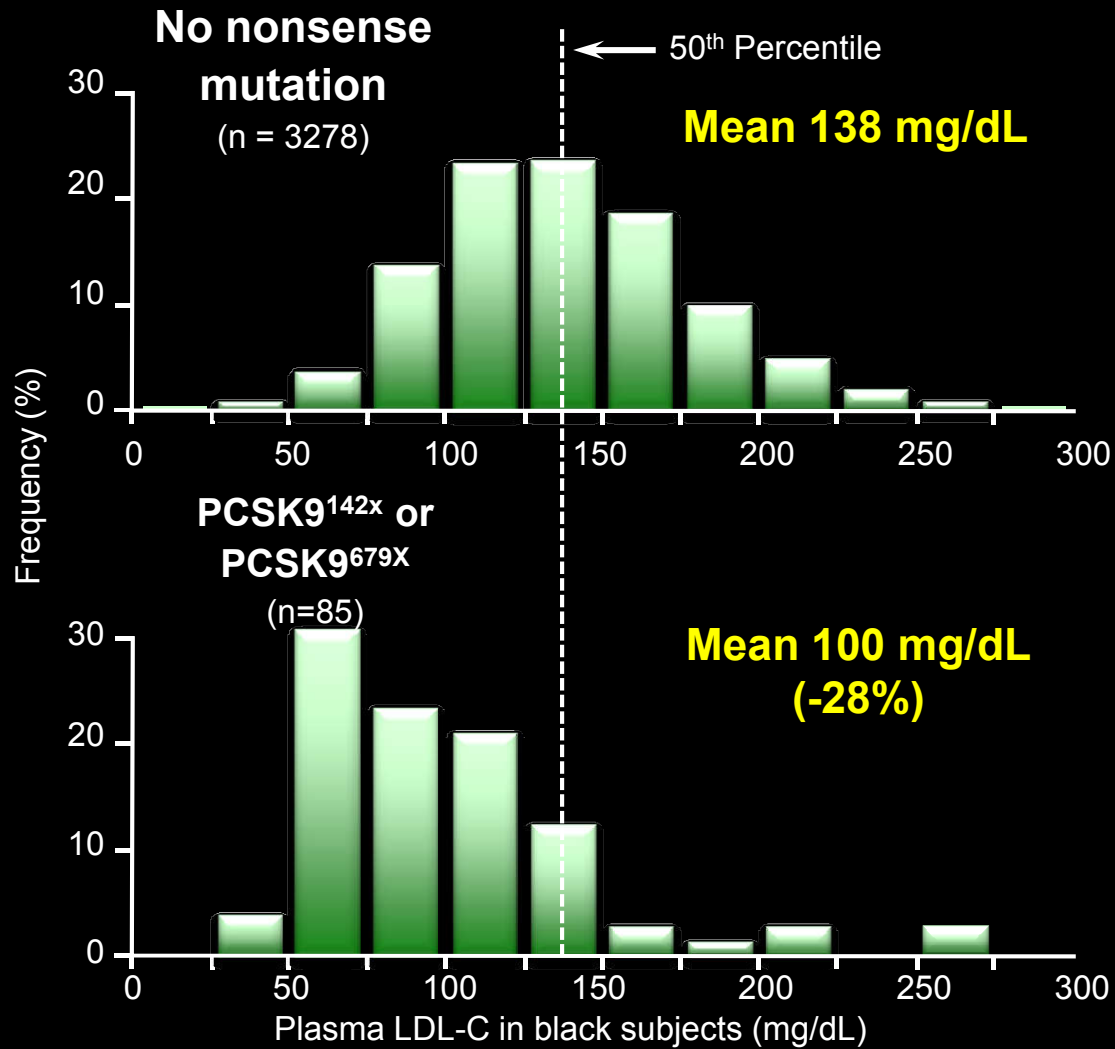


# Cardiovascular Benefits of PCSK9 Loss of Function Mutations



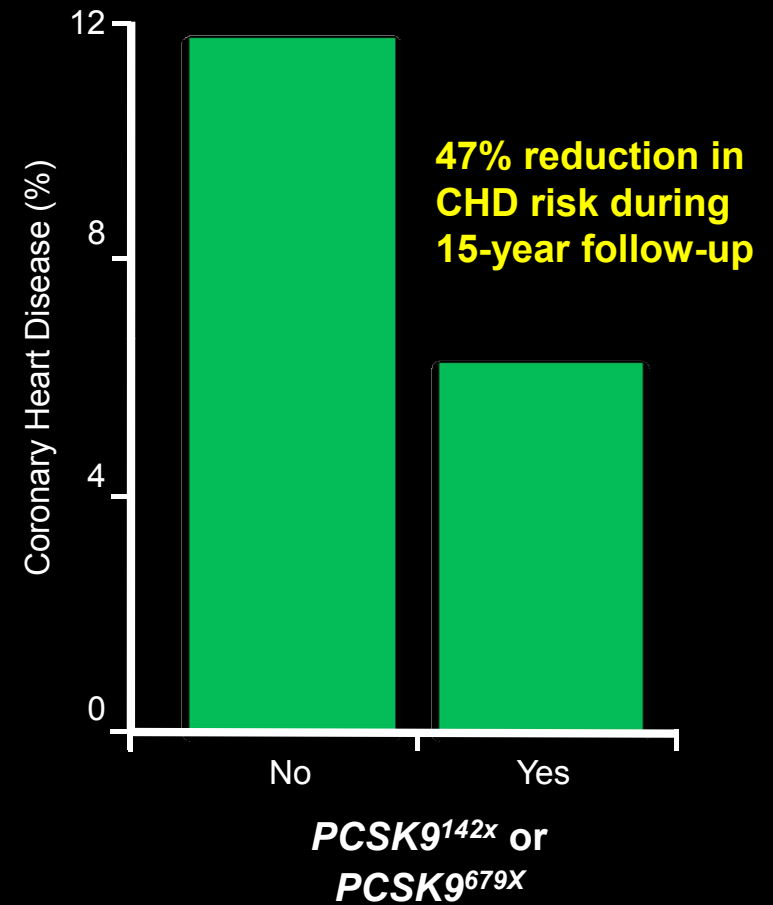
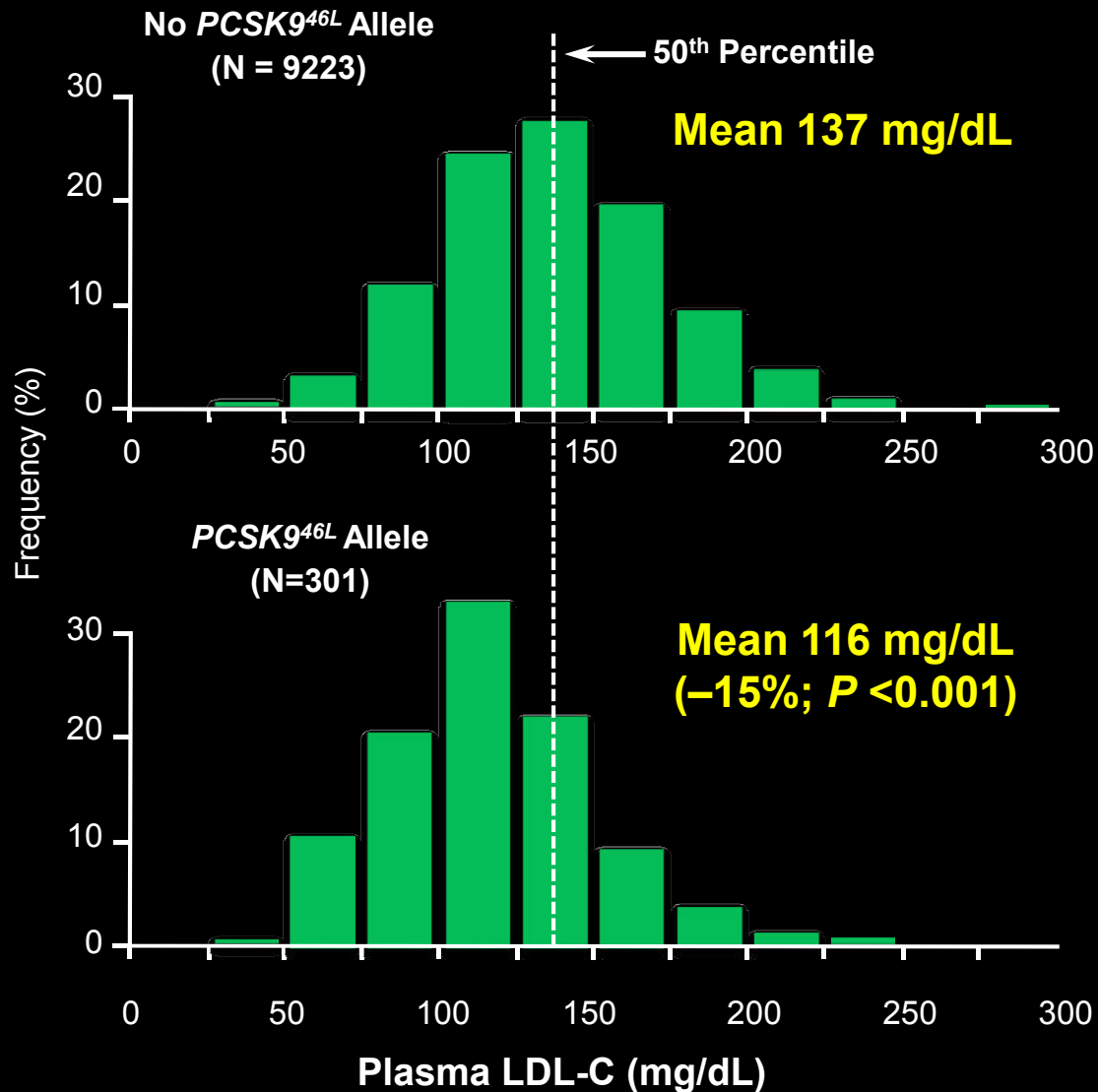
Cohen et al. (2005) *Nat Genet*  
Cohen et al (2006) *N Engl J Med*

# Loss-of-Function PCSK9 mutations are associated with low LDL-C and low prevalence of CHD events



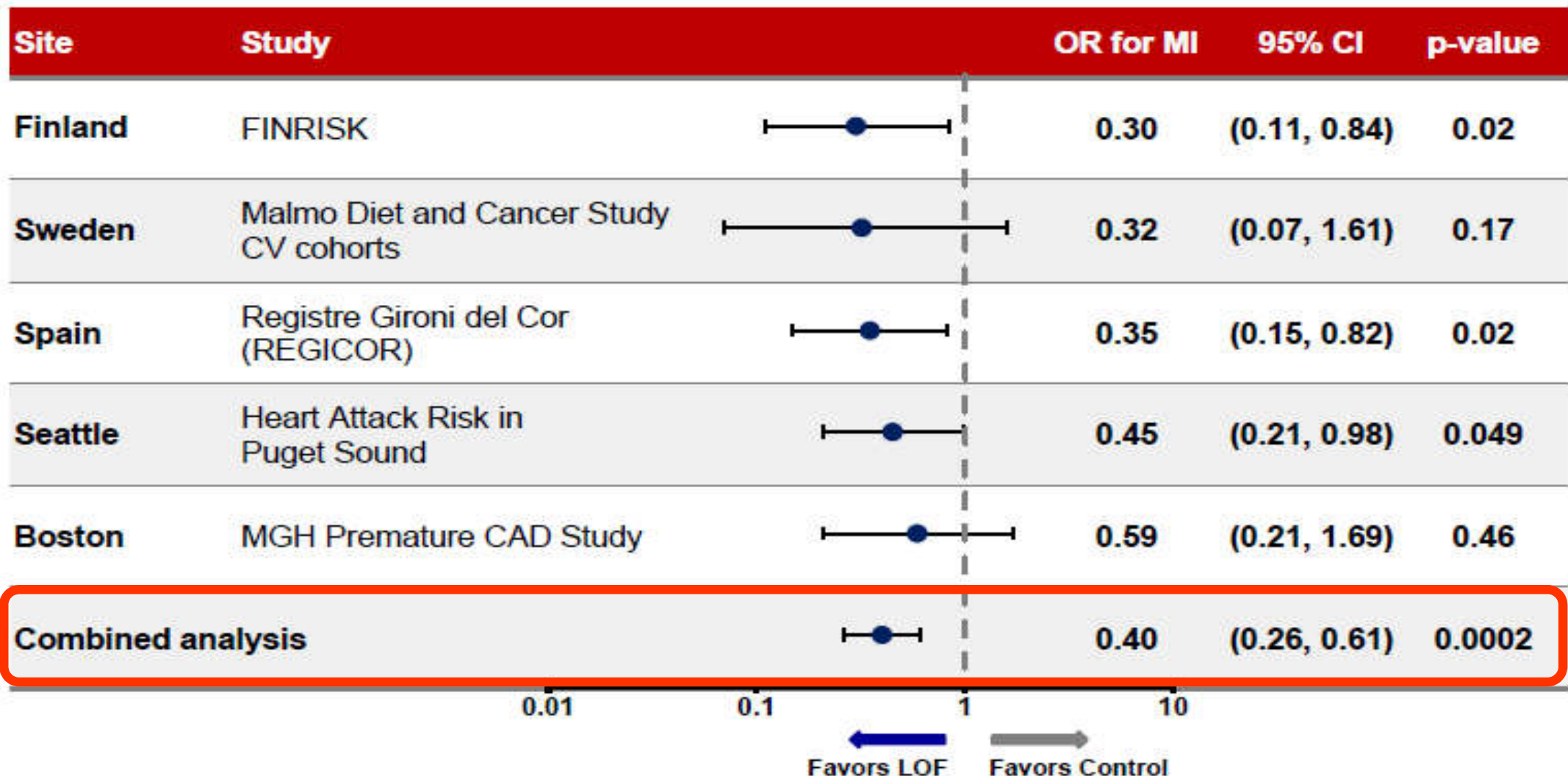


# Loss-of-Function PCSK9 Mutations in Whites Are Associated with Low LDL-C and Low Prevalence of CHD Events

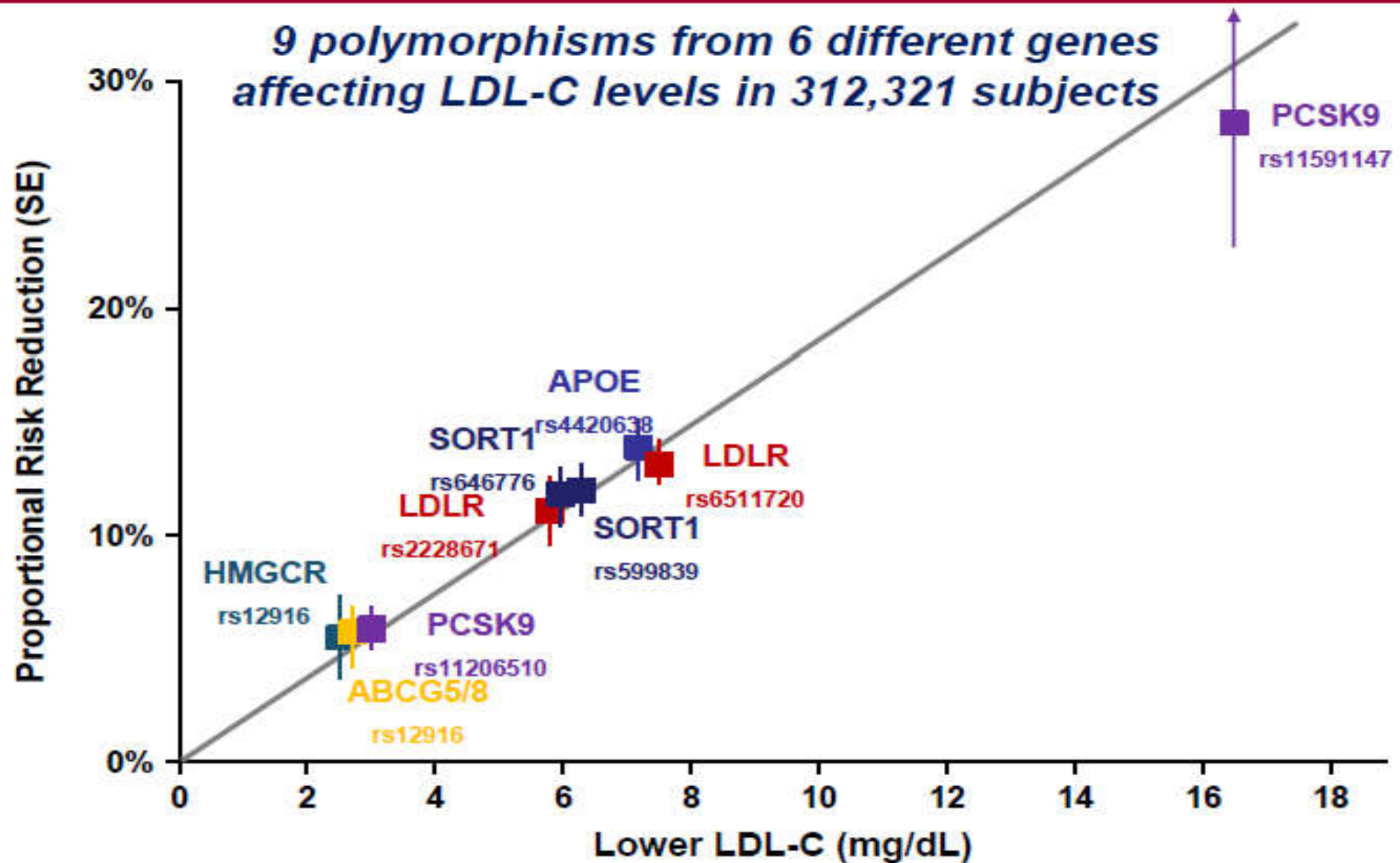


# Impact of PCSK9 Loss of Function Mutation on Risk of MI

Lifelong Impact of 16% Lower LDL translates into 60% Lower Risk



# Lower Risk of Cardiovascular Events via Multiple Genetic Variants Affecting LDL-C



# Two People Identified With Inactivating Mutations in Both *PCSK9* Alleles

PCSK9 Genotype	PCSK9 <sup>Y142X/ΔR97</sup>	PCSK9 <sup>C679X/C679X</sup>
Total Cholesterol	96 mg/dL (2.5 mmol/L)	85mg/dL (2.2 mmol/L)
LDL	<b>14 mg/dL</b> (0.4 mmol/L)	<b>15 mg/dL</b> (0.4 mmol/L)
TG	119 mg/dL (1.3 mmol/L)	71 mg/dL (0.8 mmol/L)
HDL	65 mg/dL (1.7 mmol/L)	54 mg/dL (1.4 mmol/L)
Plasma [PCSK9]	Undetectable	N/A
Clinical	<ul style="list-style-type: none"> <li>• Apparent good health</li> <li>• Normal fertility (mother)</li> <li>• No developmental abn.</li> <li>• College graduate</li> <li>• Aerobics instructor</li> </ul>	<ul style="list-style-type: none"> <li>• Apparent good health</li> <li>• Normal fertility (mother)</li> </ul>

Humans with very low LDL-C levels from PCSK9 deficiency appear generally healthy, with normal fertility and development

- *PCSK9* knockout mice also have normal fertility and development<sup>3</sup>

1. Zhao Z, Tuakli-Wosornu Y, Lagace TA, et al., *Am J Hum Genet.* 2006, 79: 514-523.
2. Hooper AJ, Marais AJ, Tanyanyiwa DM, Burnett JR. *Atherosclerosis.* 2007;193:445-448
3. Rashid S. et al. *PNAS,* 2005;102:5374-79

## 3 Individuals With Double Loss-of-Function PCSK9 Mutations

- ◆ **Two cases of homozygous loss-of-function mutations in PCSK9 :**
  - 32-year-old woman with compound mutations, no measurable PCSK9, LDL-C of 14 mg/dL, was healthy and normotensive, and had normal liver and renal function<sup>1</sup>
  - 21-year-old Zimbabwean black woman with homozygous C679X mutation of PCSK9 and LDL-C of 15 mg/dL <sup>2</sup>
- ◆ **One case with heterozygous mutations for 2 PCSK9 missense mutations, R104C and V114A :<sup>3</sup>**
  - 49-year-old French male hospitalized for new-onset diabetes, with no detectable PCSK9 levels, LDL-C of 16 mg/dL, apo B of 25mg/dL, was healthy and had normal liver function
- ◆ **The finding that individuals who completely lack PCSK9 and have very low LDL-C can be healthy suggests that inhibition of PCSK9 may be a safe pharmacologic approach to dyslipidemia management<sup>4</sup>**

LDL-C=low-density lipoprotein cholesterol; PCSK9=proprotein convertase subtilisin/kinexin type 9.

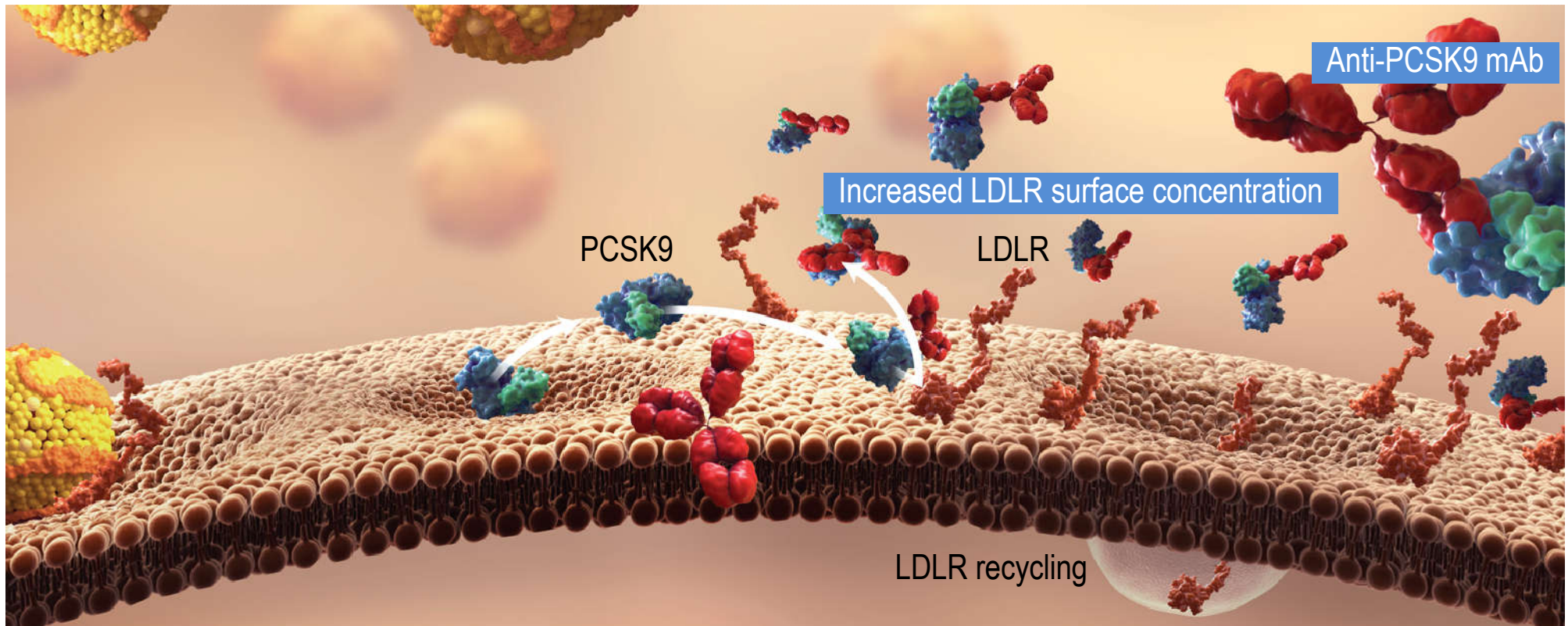
1. Zhao Z et al. *Am J Hum Genet.* 2006;79:514-523; 2. Hooper AJ et al. *Atherosclerosis.* 2007;193:445-448;

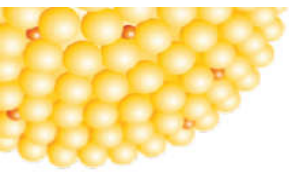
3. Cariou B et al. *Arterioscler Thromb Vasc Biol.* 2009;29(10):2191-2197; 4. Lambert G et al. *J Lipid Res.* 2012. 53: 2515-2524.



- Individuals who completely lack PCSK9 and have very low LDL-C levels are healthy
  - Therefore, inhibition of PCSK9 may be a safe pharmacologic approach to dyslipidaemia management

# Impact of an anti-PCSK9 monoclonal antibody on LDL-R expression





# IV- PCSK9 AND LIPOPROTEIN SYNTHESIS

## PCSK9 ΚΑΙ ΗΠΑΤΙΚΗ ΣΥΝΘΕΣΗ ΛΙΠΟΠΡΩΤΕΪΝΩΝ (1)

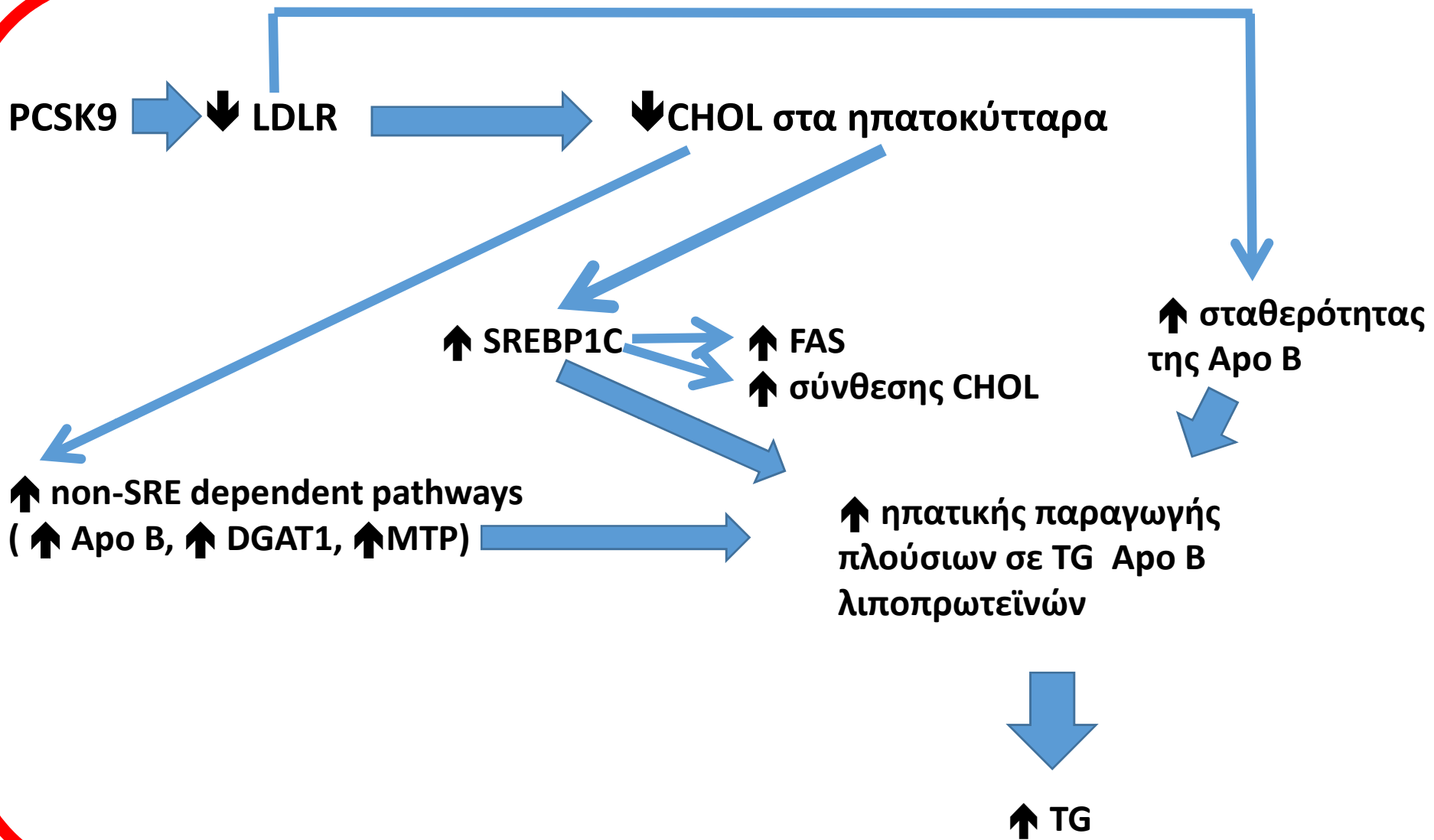
Οι LDL υποδοχείς διαδραματίζουν σημαντικό ρόλο στην έκκριση και αποδόμηση των πλούσιων σε TRG λιποπρωτεϊνών που παράγονται από τα ηπατοκύτταρα

J Biol Chem 2008;283: 11374

PCSK9 → ↓ LDLR → ↑ TRG

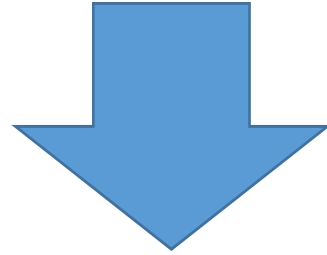
Αναστολείς της PCSK9 → ↑ LDLR → ↓ TRG

# PCSK9 ΚΑΙ ΗΠΑΤΙΚΗ ΣΥΝΘΕΣΗ ΛΙΠΟΠΡΩΤΕΪΝΩΝ

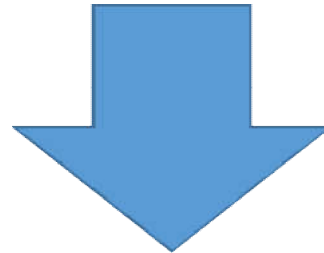




**PCSK9 (εκφράζεται στα εντεροκύτταρα)**



**↑ παραγωγή στον εντερικό σωλήνα πλούσιων σε  
TG ApoB 48 λιποπρωτεϊνών**



**↑ μεταγευματική λιπαιμία  
(με παρόμοιους μηχανισμούς με τους αντίστοιχους  
στα ηπατοκύτταρα)**

**PCSK9**

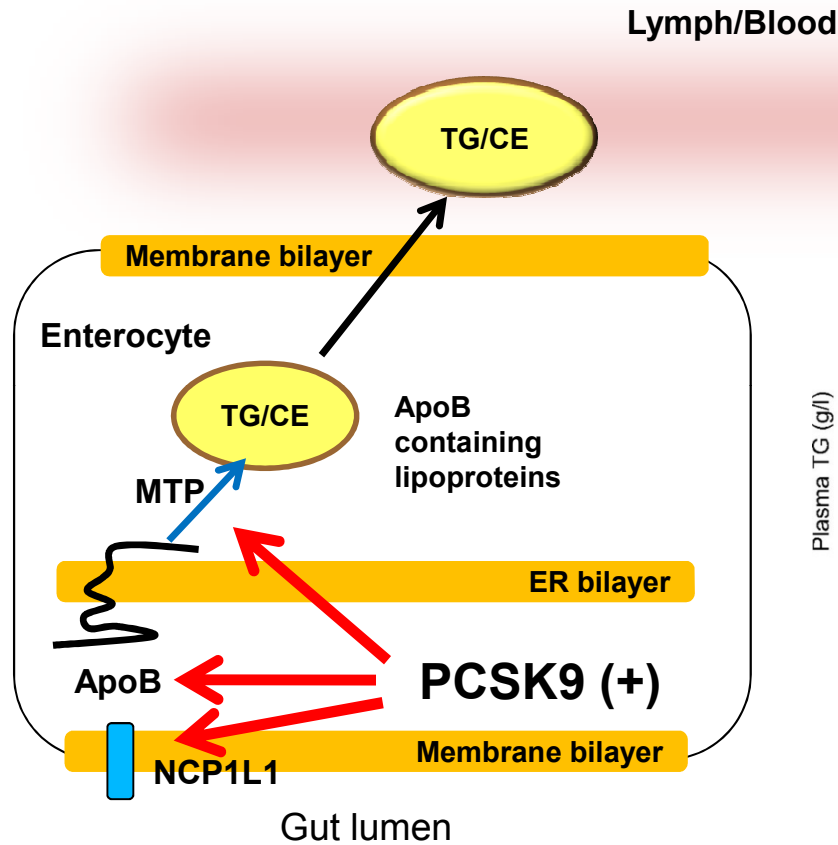
**↑ παραγωγής Apo B48  
λιποπρωτεϊνών στο ΓΕΣ**

**↓ καταβολισμού των Apo  
B 48 λιποπρωτεϊνών**

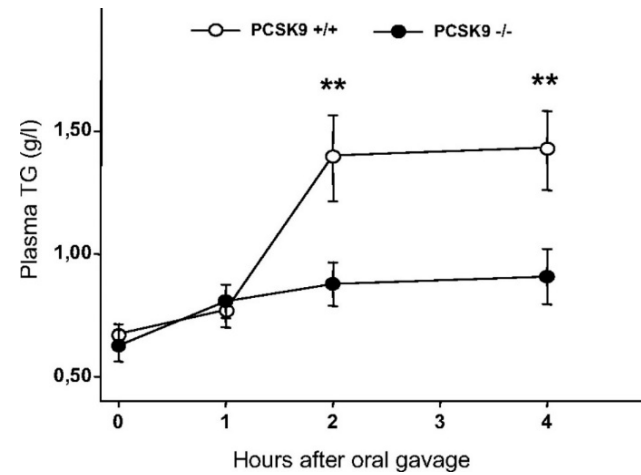
**↑ μεταγευματική λιπαιμία**

**ATVB 2009;29: 684**

# PCSK9 and TGs

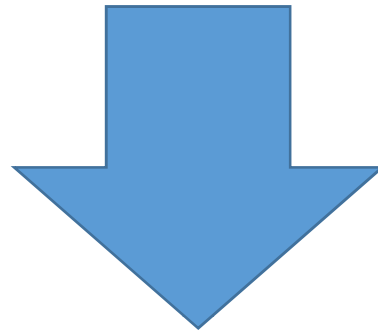


Le May C et al. Arterioscler Thromb Vasc



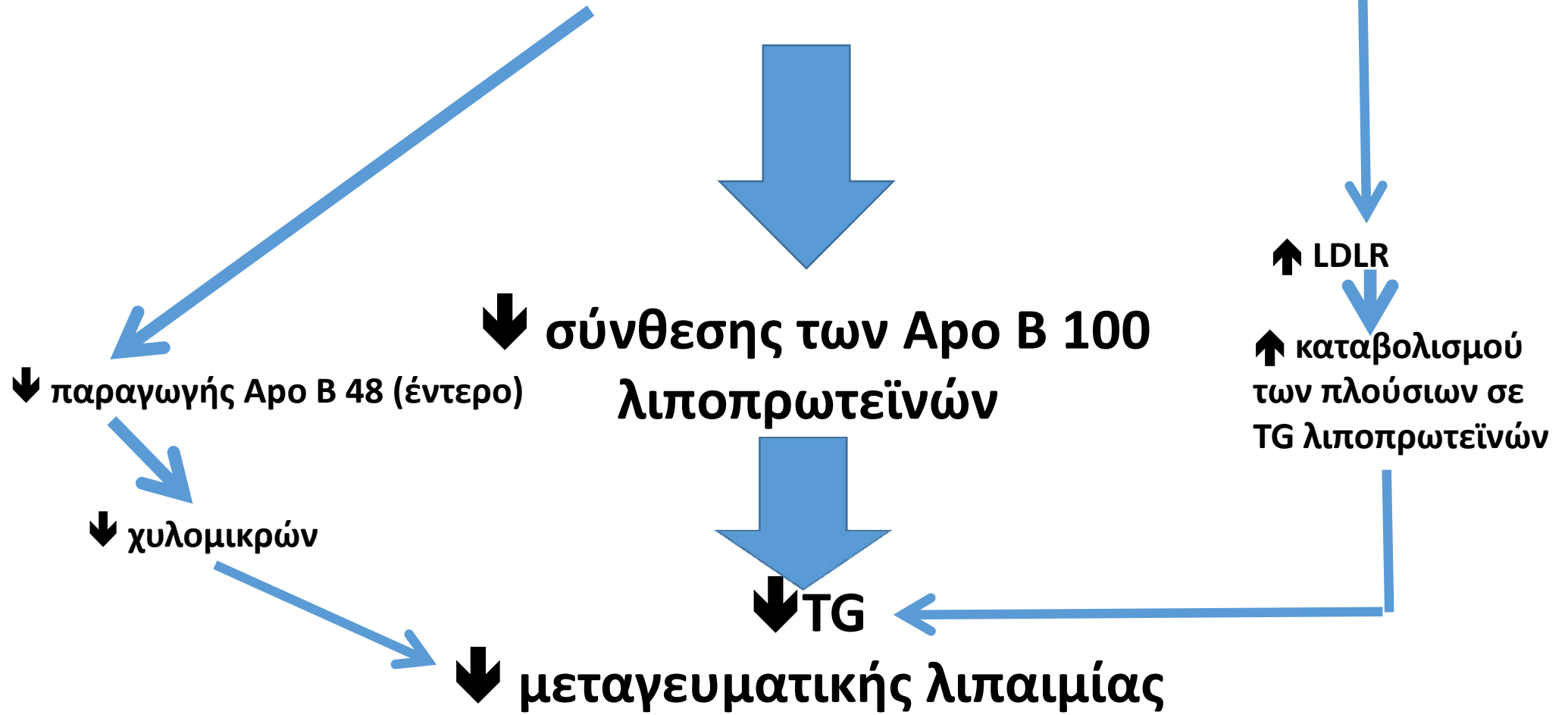
**Η PCSK9 αυξάνει τη μεταγευματική υπερλιπιδαιμία**

## **ΑΝΑΣΤΟΛΕΙΣ ΤΗΣ PCSK9**

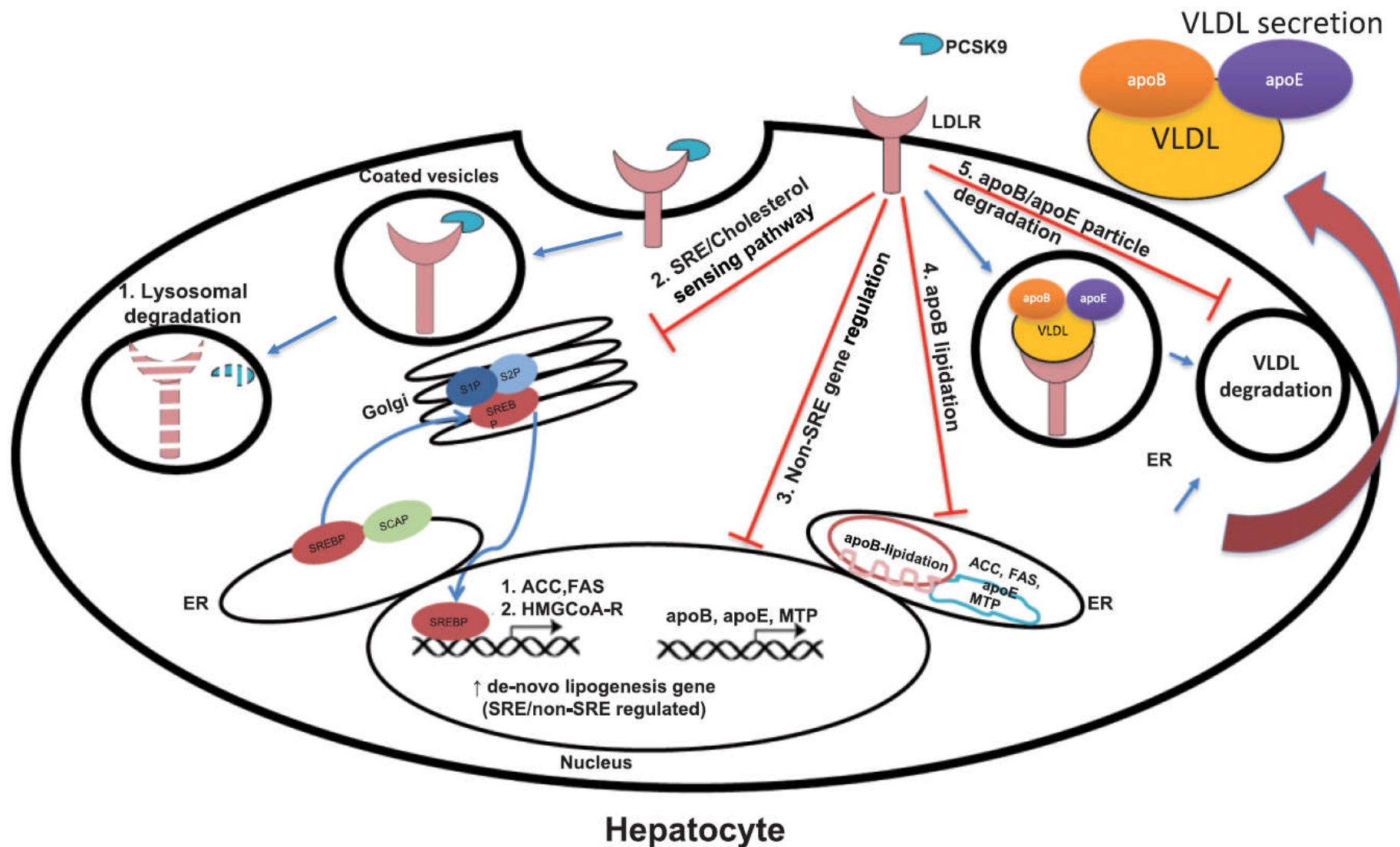


**↓ μεταγευματικής λιπαιμίας ;**

# PCSK9 INHIBITORS







**Figure 2** PCSK9 and apoB-containing lipoproteins metabolism. PCSK9 regulates surface LDLR levels via targeting of both proteins to lysosomal degradation (1). The main consequence of the decreased PCSK9 interaction with the LDLR is the increase in the intracellular cholesterol pool which promotes: (2) a reduction of the activity of the SRE-dependent pathway and of intracellular cholesterol synthesis, (3) a reduction in the expression of non-SRE genes involved in lipogenesis, (4) a reduction of apoB lipidation, and (5) a reduction of apoB/apoE particle uptake and degradation.

# Circulation



## **Effects of PCSK9 Inhibition with Alirocumab on Lipoprotein Metabolism in Healthy Humans**

Gisette Reyes-Soffer, Marianna Pavlyha, Colleen Ngai, Tiffany Thomas, Stephen Holleran, Rajasekhar Ramakrishnan, Wahida Karmally, Renu Nandakumar, Nelson Fontanez, Joseph C. Obunike, Santica M. Marcovina, Alice H. Lichtenstein, Nirupa R. Matthan, James Matta, Magali Maroccia, Frederic Becue, Franck Poitiers, Brian Swanson, Lisa Cowan, William J. Sasiela, Howard K. Surks and Henry N. Ginsberg

*Circulation*, published online December 16, 2016;

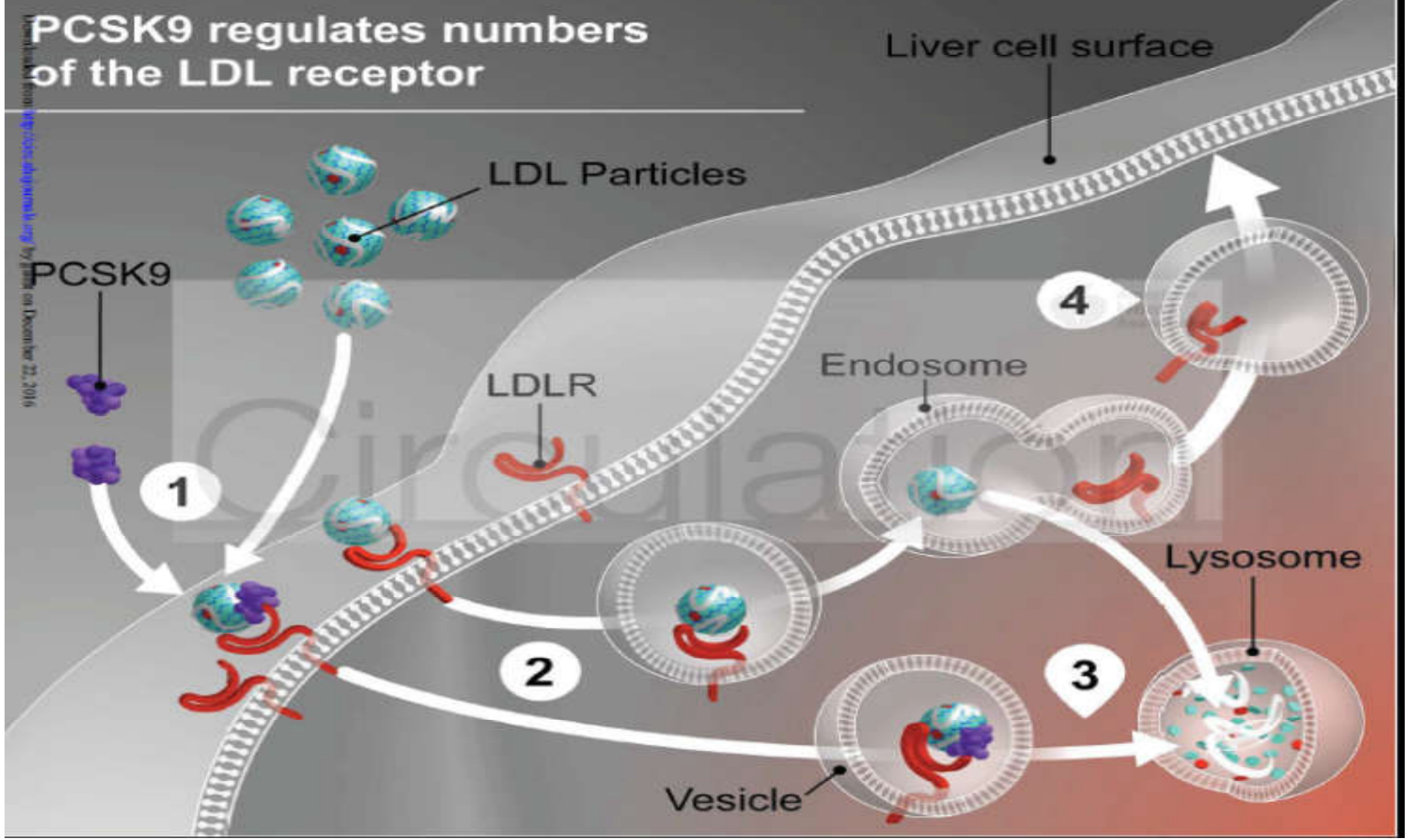
*Circulation* is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231

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Print ISSN: 0009-7322. Online ISSN: 1524-4539

# PCSK9 regulates numbers of the LDL receptor

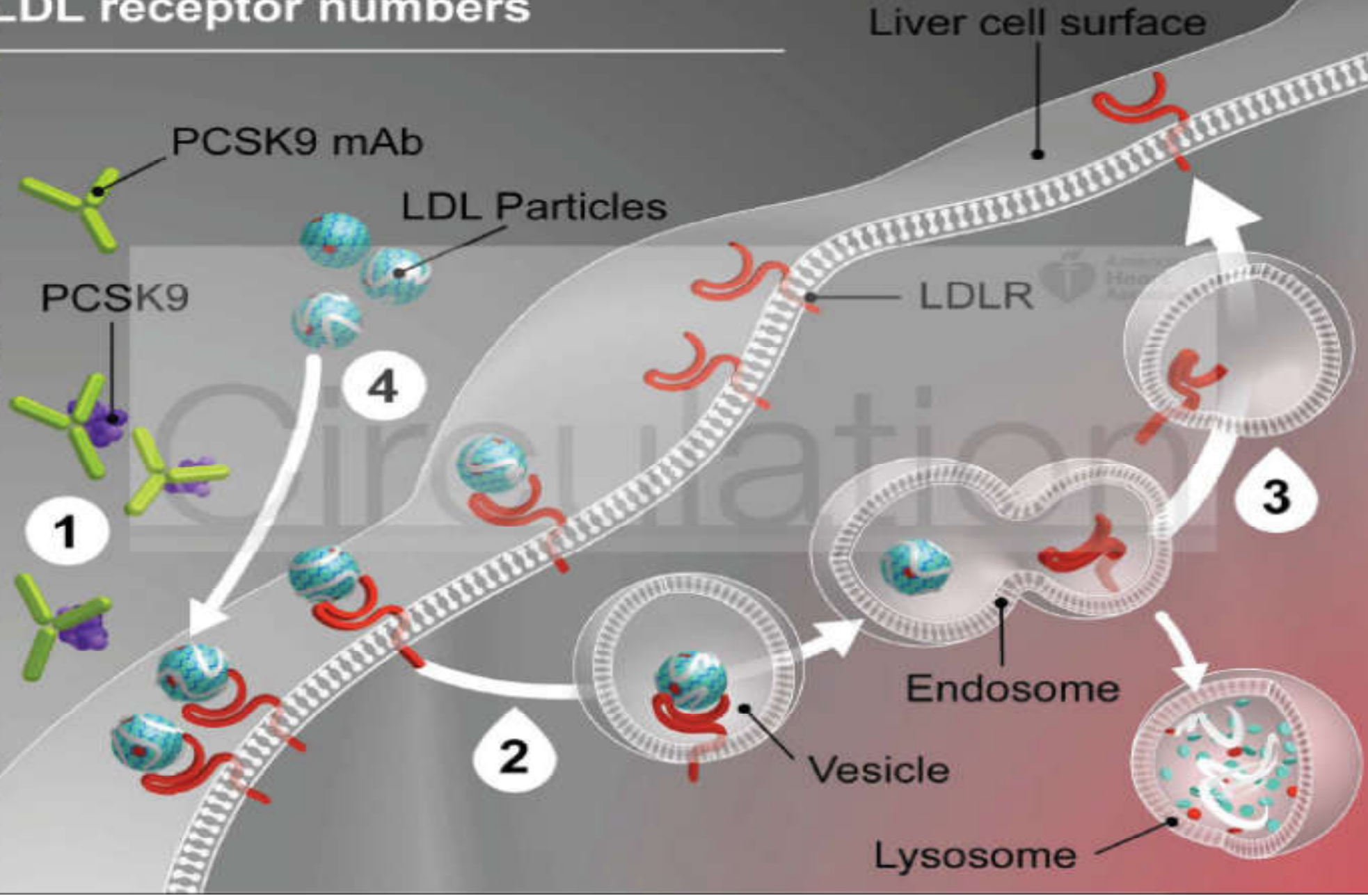
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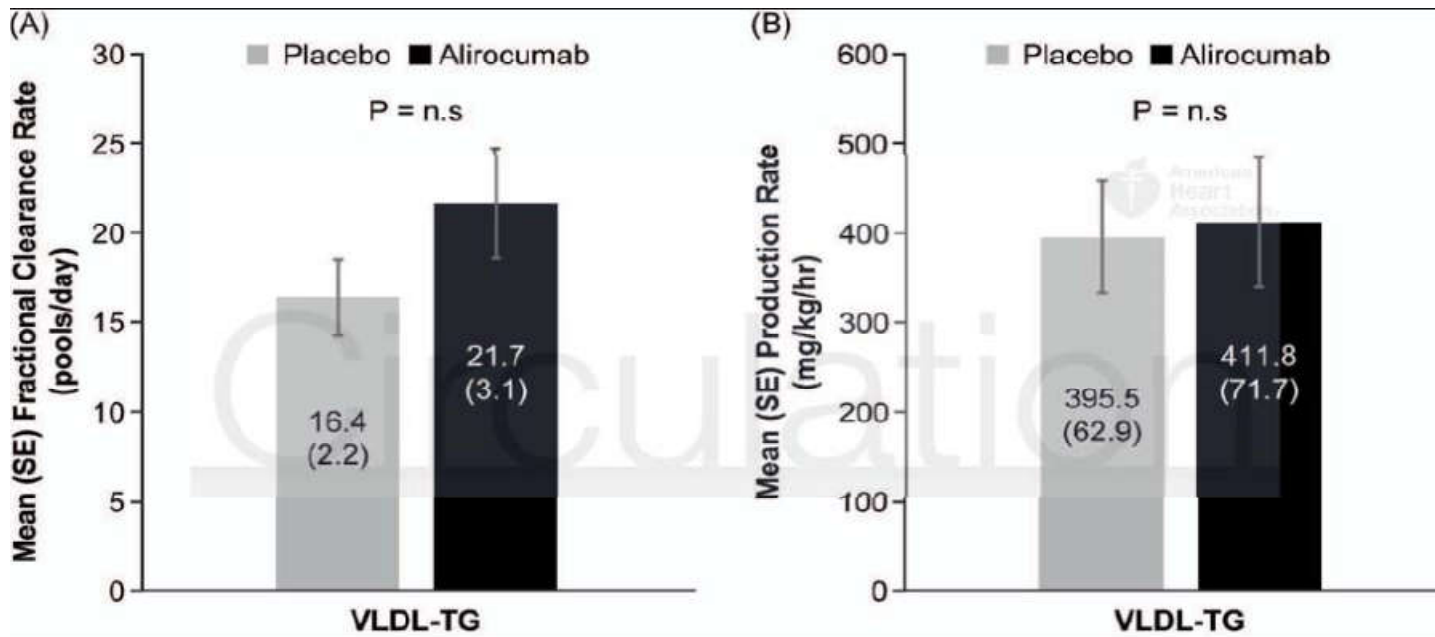
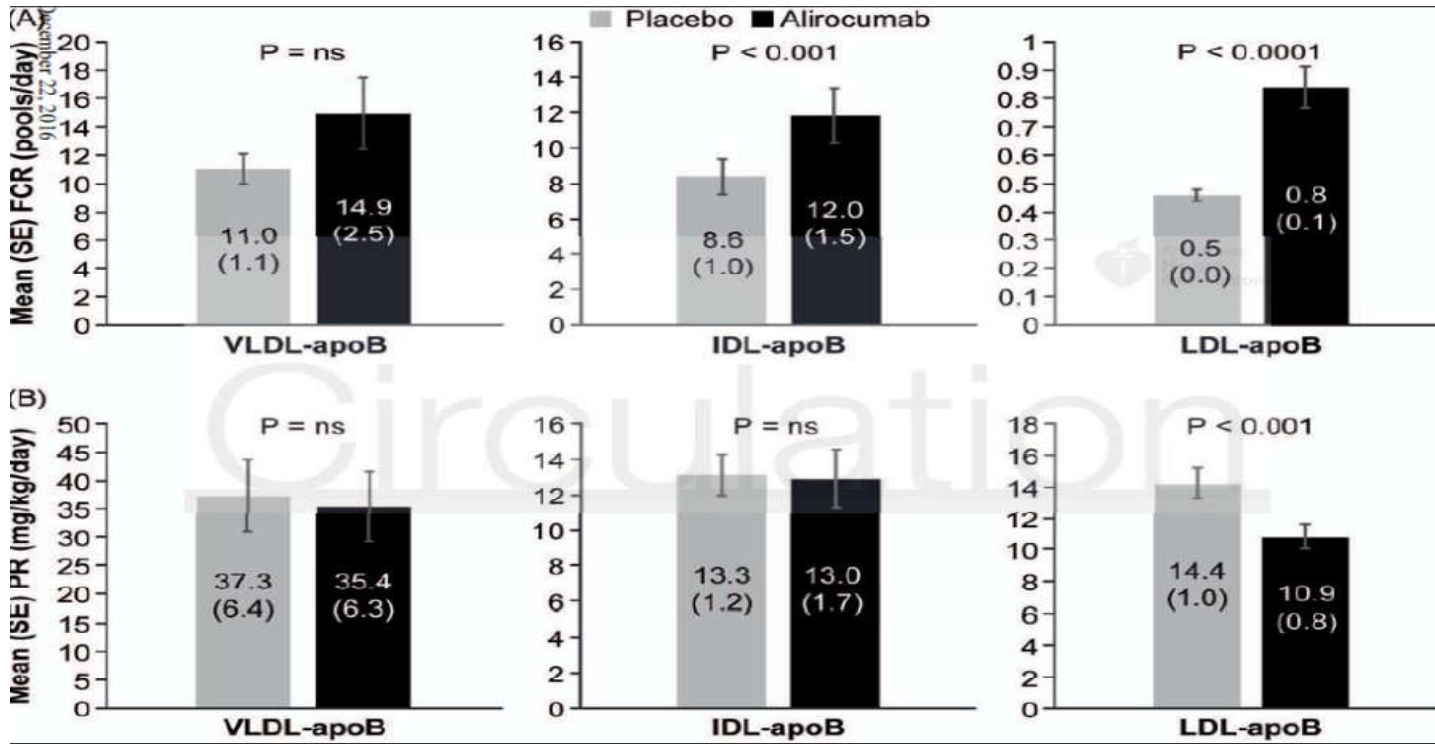




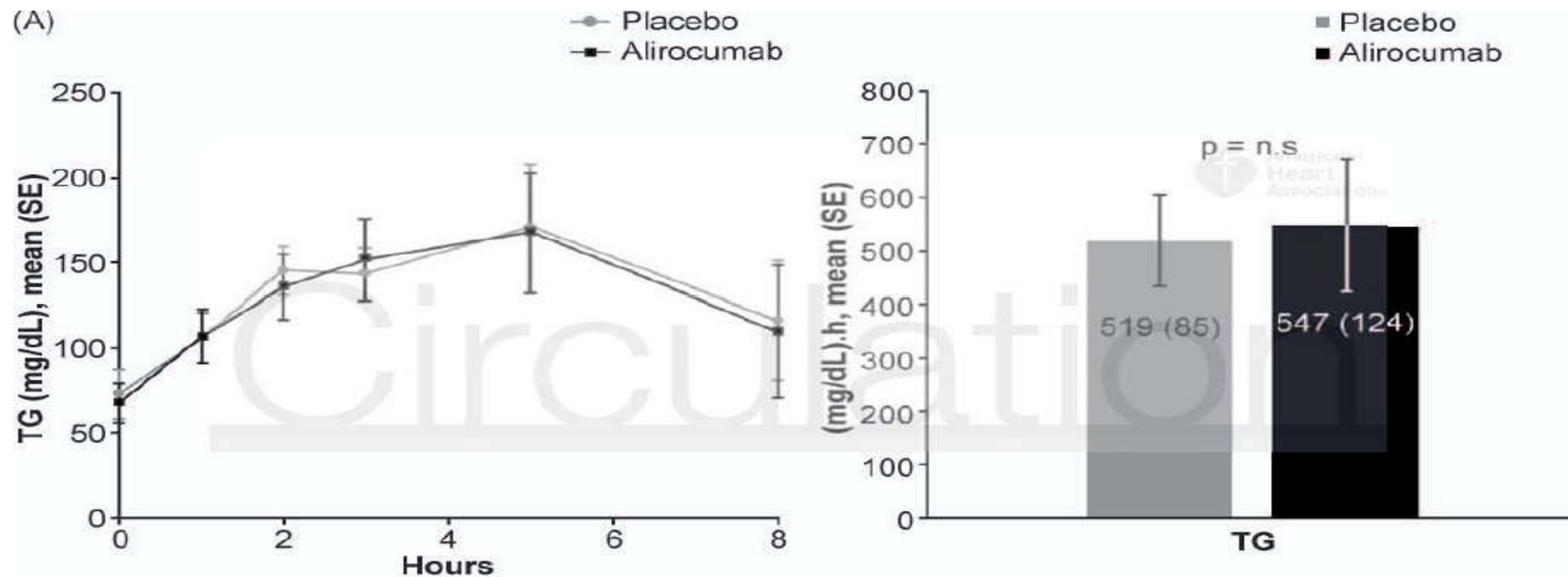
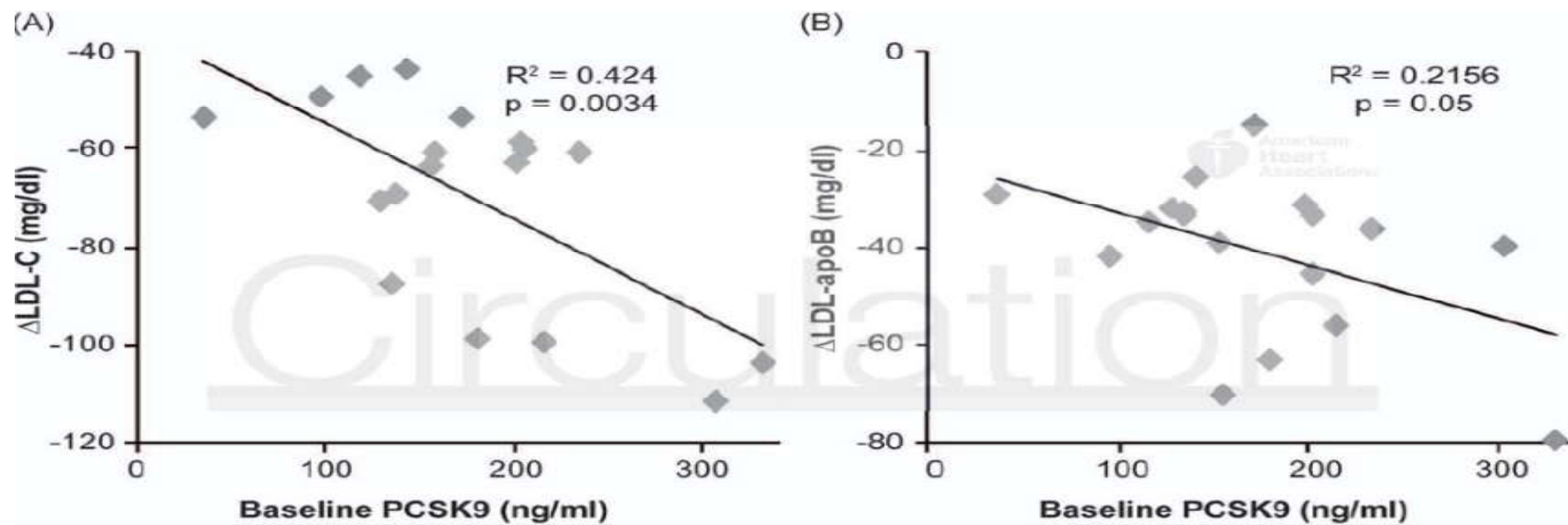
# Impact of mAb to PCSK9 on LDL receptor numbers

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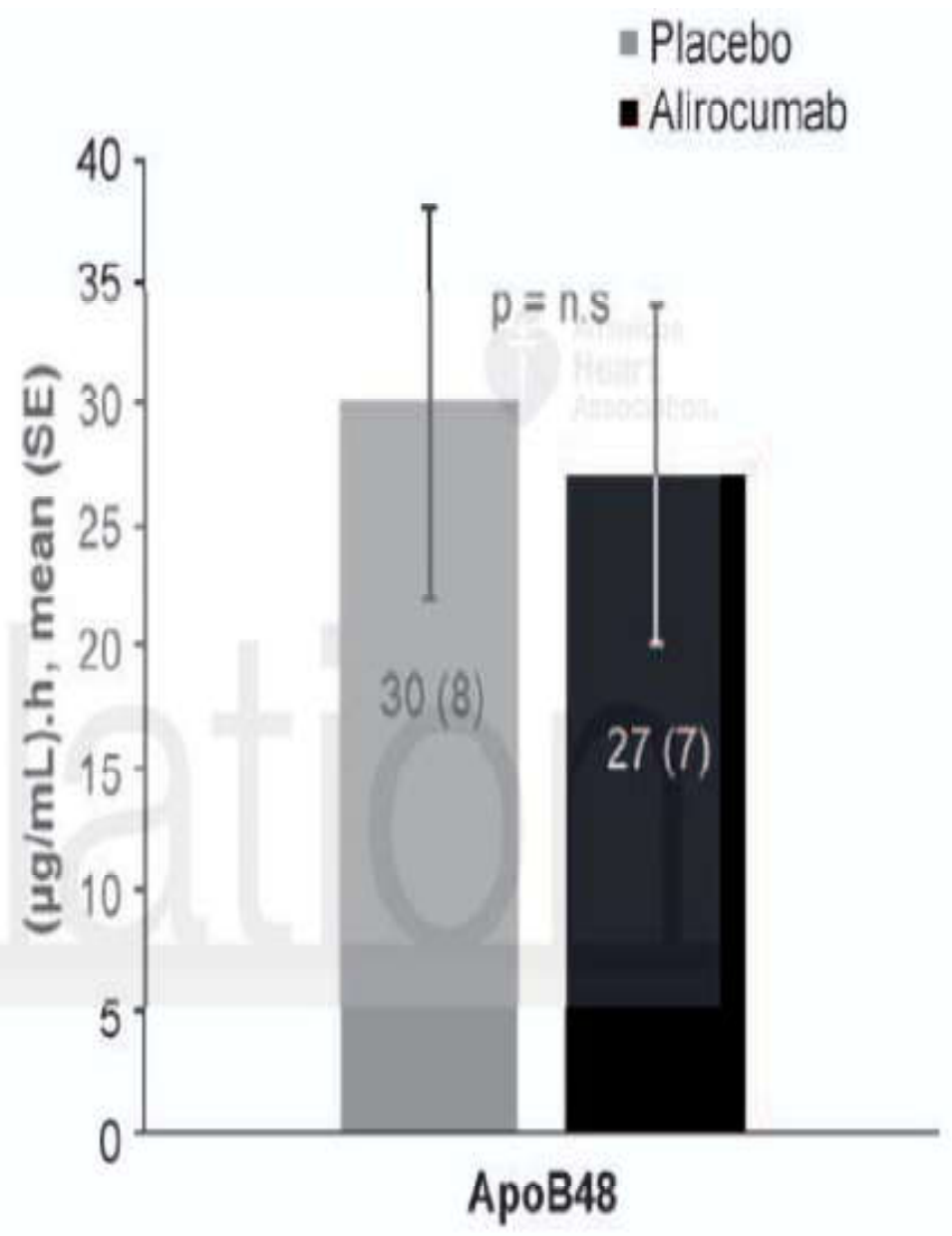
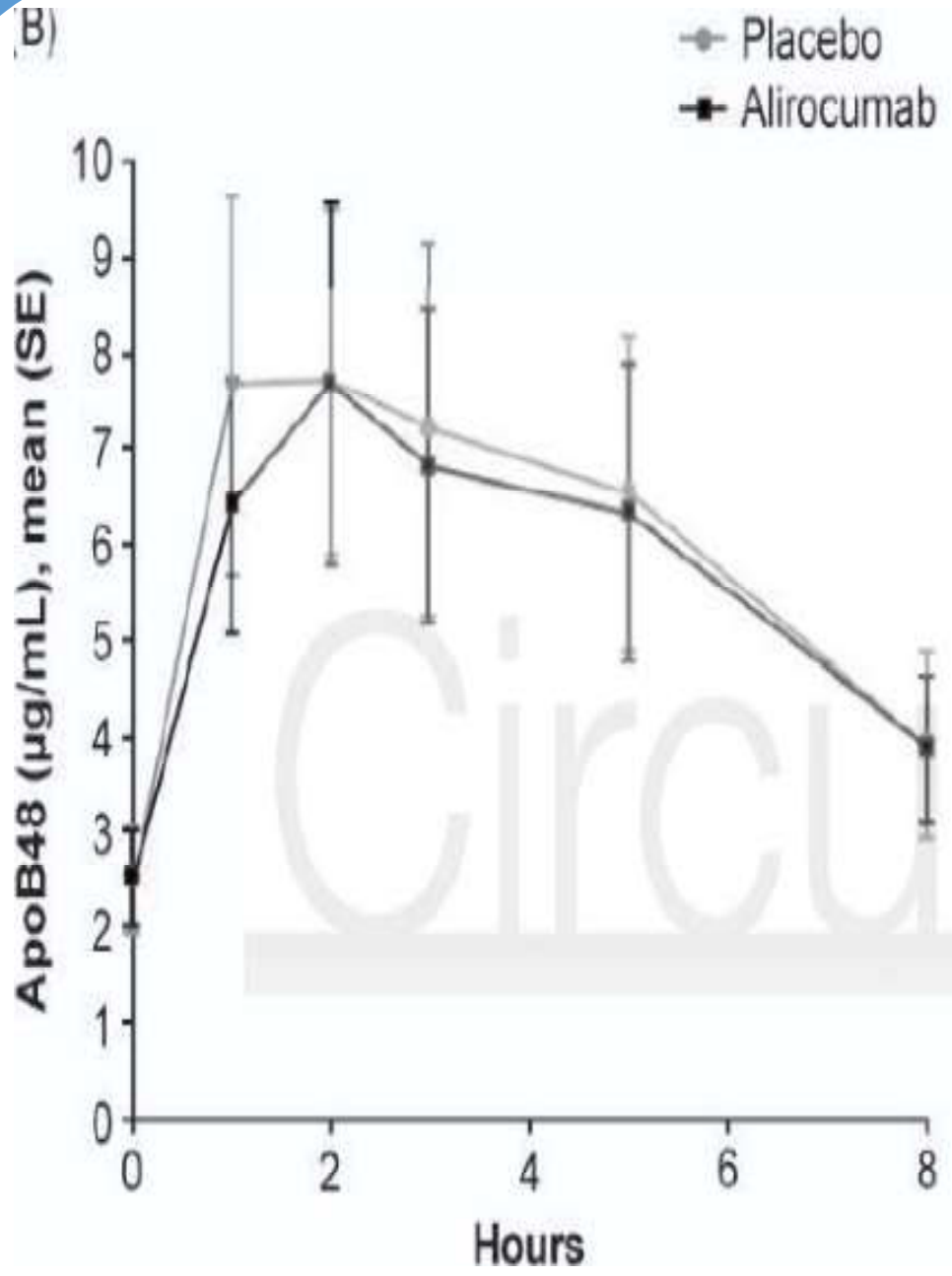








(B)



## Effects of PCSK9 Inhibition with Alirocumab on Lipoprotein Metabolism in Healthy Humans

Gisette Reyes-Soffer, Marianna Pavlyha, Colleen Ngai, Tiffany Thomas, Stephen Holleran, Rajasekhar Ramakrishnan, Wahida Karmally, Renu Nandakumar, Nelson Fontanez, Joseph C. Obunike, Santica M. Marcovina, Alice H. Lichtenstein, Nirupa R. Matthan, James Matta, Magali Maroccia, Frederic Becue, Franck Poitiers, Brian Swanson, Lisa Cowan, William J. Sasiela, Howard K. Surks and Henry N. Ginsberg

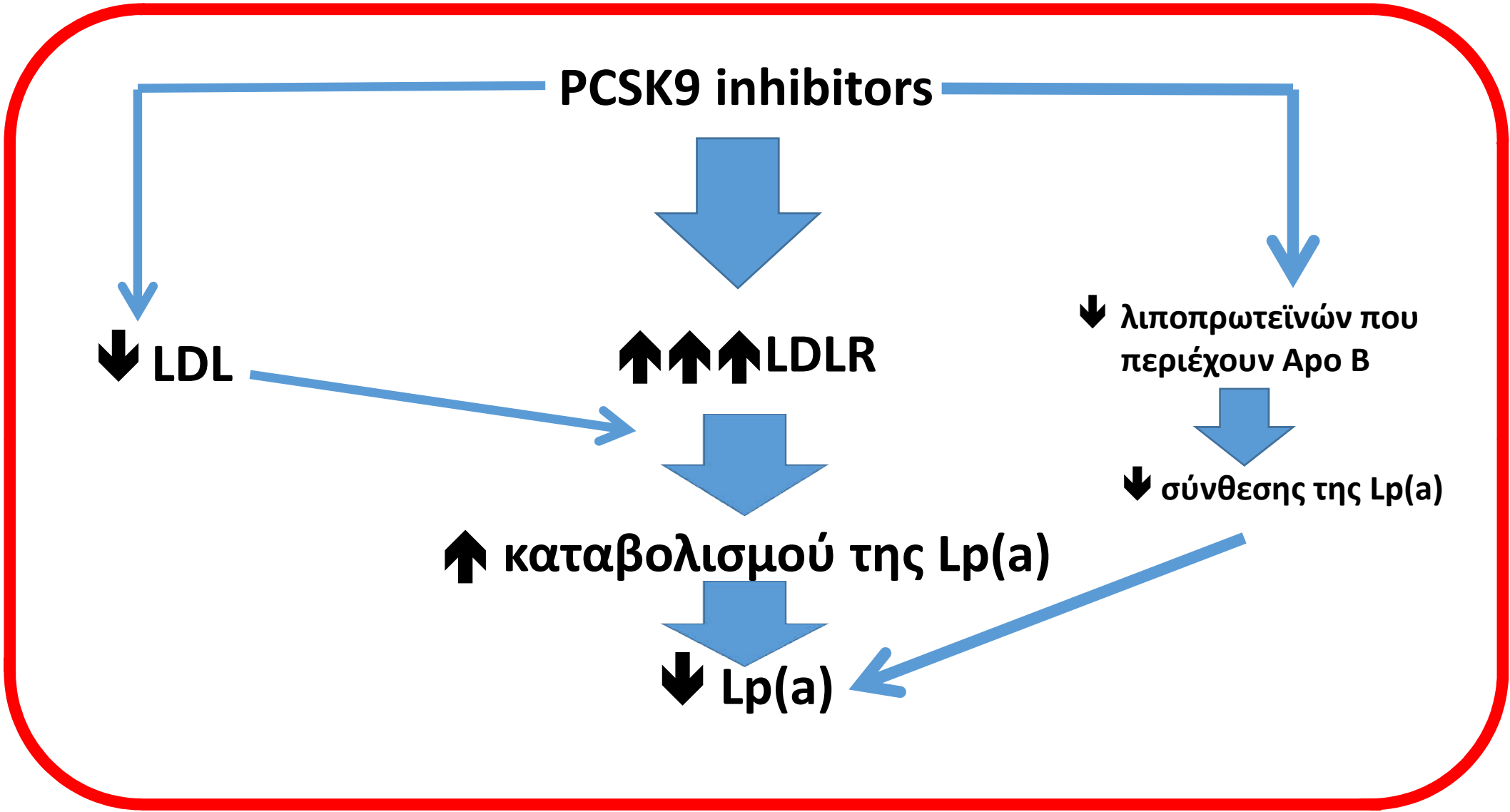
**Conclusions**—Alirocumab decreased LDL-C and LDL-apoB by increasing IDL- and LDL-apoB FCRs, and decreasing LDL-apoB PR. These results are consistent with increases in LDLRs available to clear IDL and LDL from blood during PCSK9 inhibition. The possible increase in apo(a) FCR during alirocumab treatment suggests that increased LDLRs may also play a role in the reduction of plasma Lp(a).



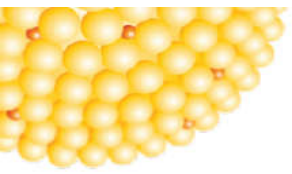
## **Factorial Effects of Evolocumab and Atorvastatin on Lipoprotein Metabolism**

Gerald F. Watts, Dick C. Chan, Ricardo E. Dent, Ransi Somaratne, Scott M. Wasserman, Rob Scott, Sally Burrows and Peter Hugh R. Barrett

**Conclusions**—In healthy, normolipidemic subjects, evolocumab decreased the concentration of atherogenic lipoproteins, particularly LDL, by accelerating their catabolism. Reductions in IDL and LDL production also contributed to the decrease in LDL particle concentration with evolocumab by a mechanism distinct from that of atorvastatin. These kinetic findings provide a metabolic basis for understanding the potential benefits of PCSK9 mAbs incremental to statins in on-going clinical endpoint trials.

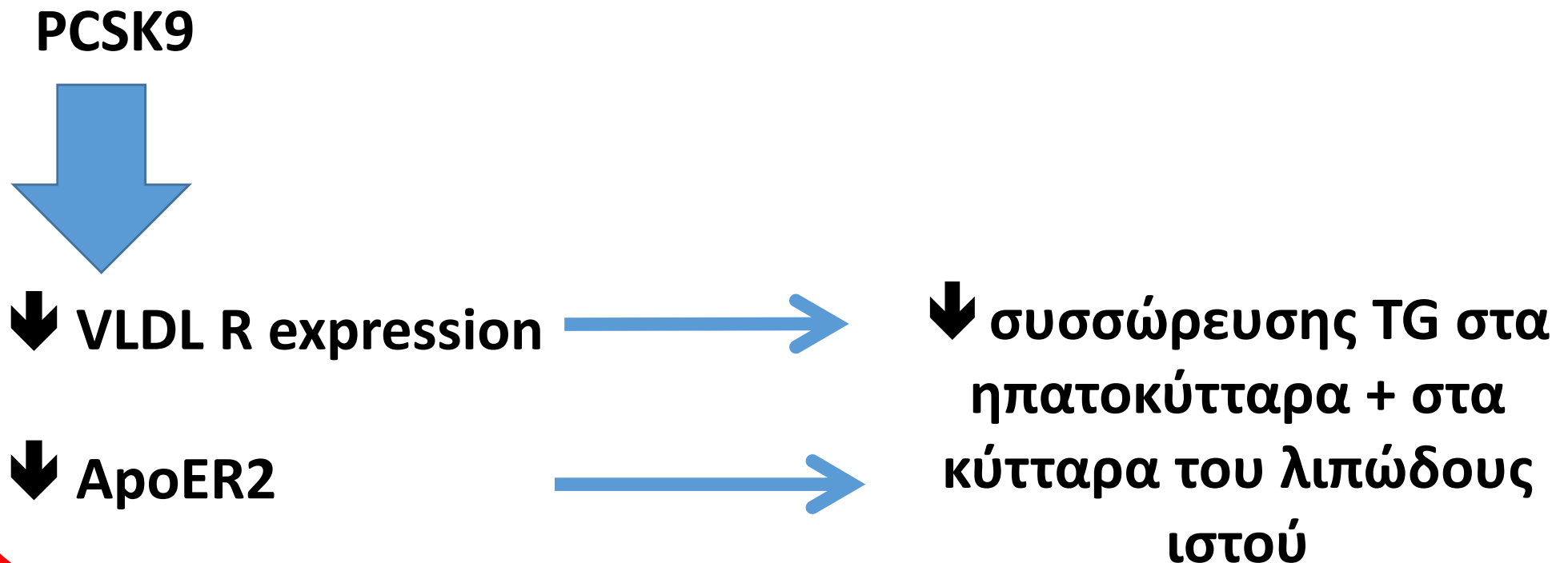






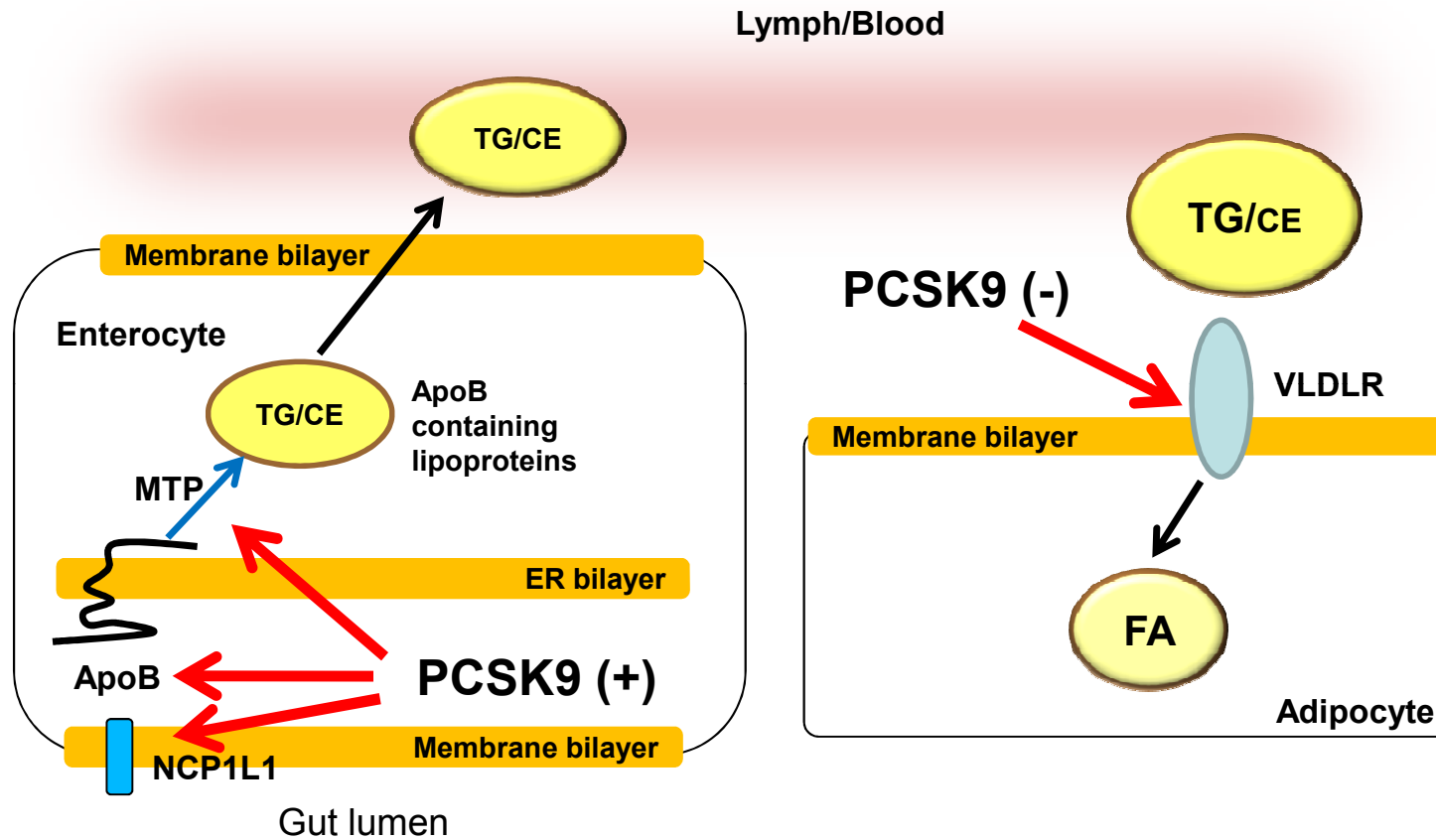
# V- PCSK9 AND FAT ACCUMULATION

# PCSK9 ΚΑΙ ΣΥΣΣΩΡΕΥΣΗ ΛΙΠΟΥΣ



**PCSK9 inhibitors → ↑ συσσώρευσης λίπους;**

# PCSK9 and TGs

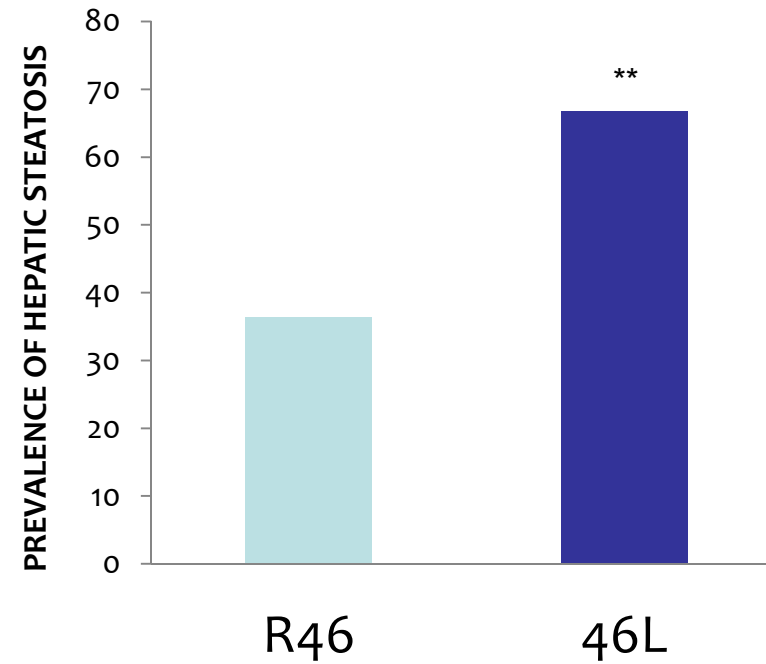


# PCSK9 and hepatic steatosis



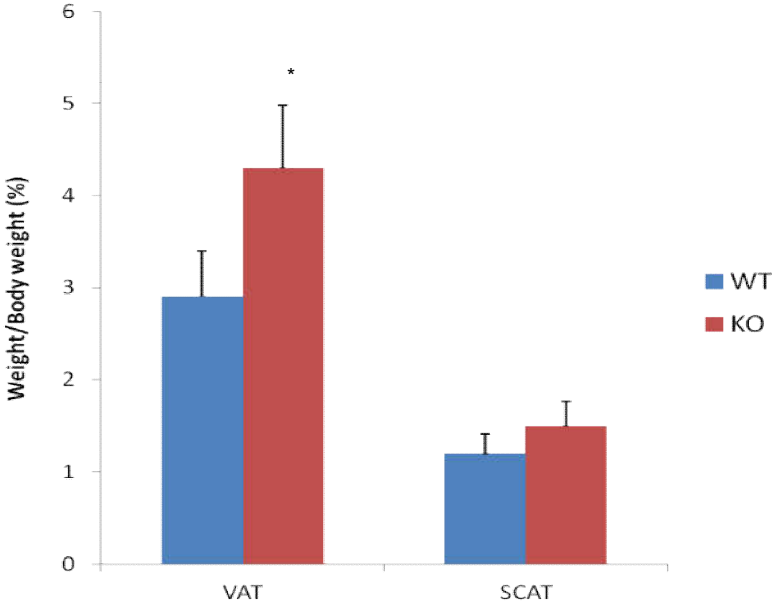
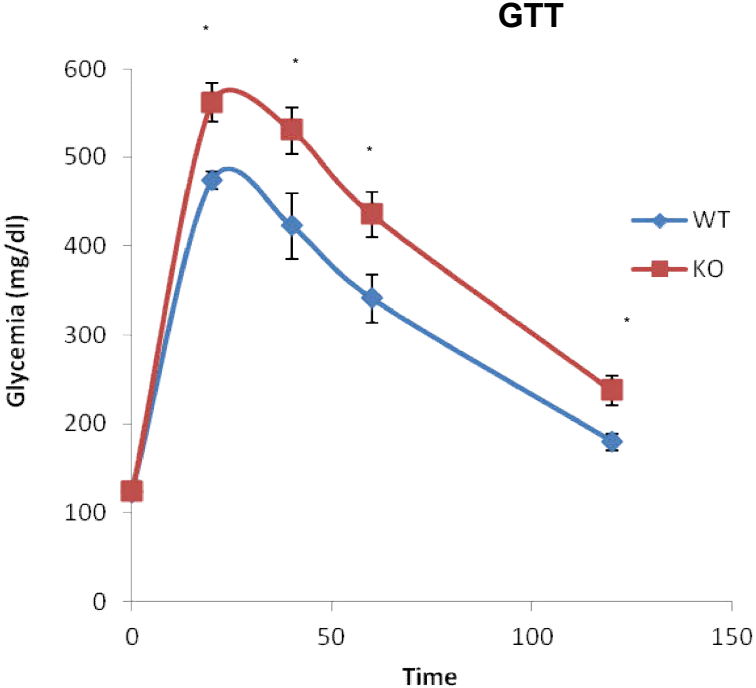
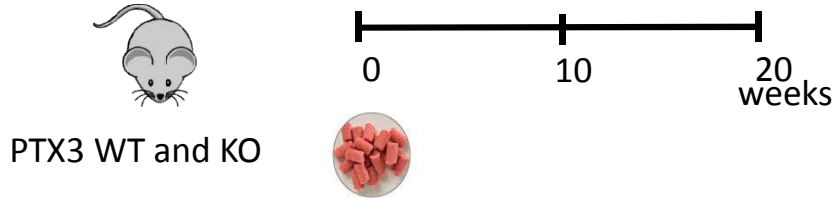
LIVER

R46L → LOF mutation



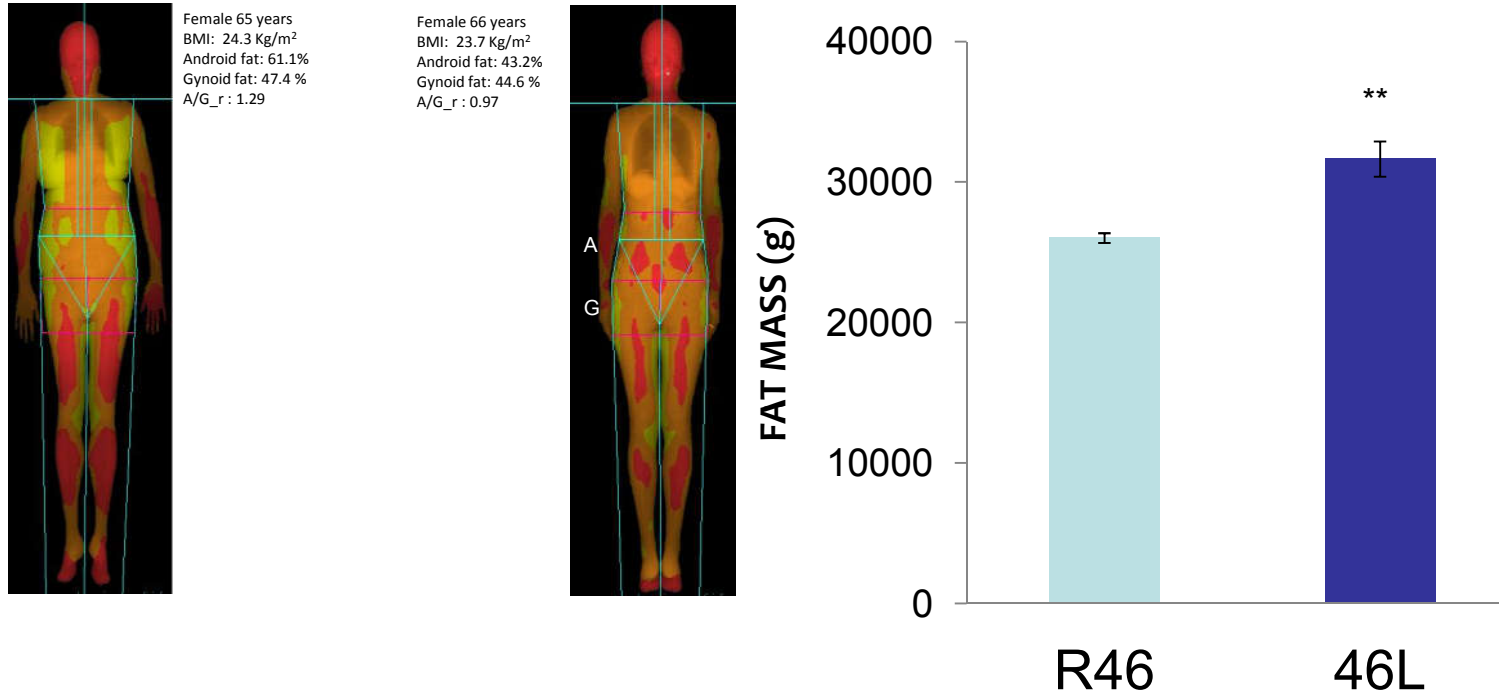
\*\*Logistic Regression Model, adjusted for all variables

# PCSK9 and metabolic dysfunction





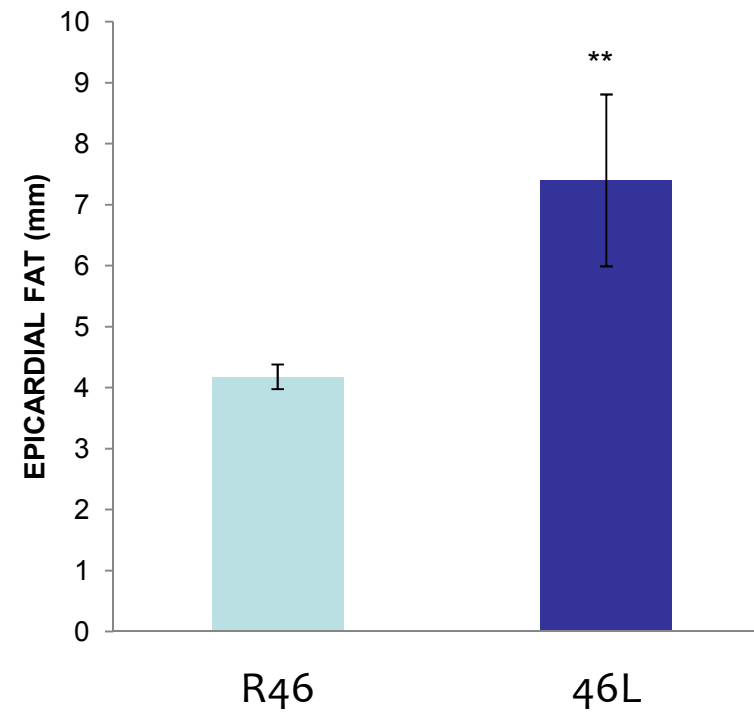
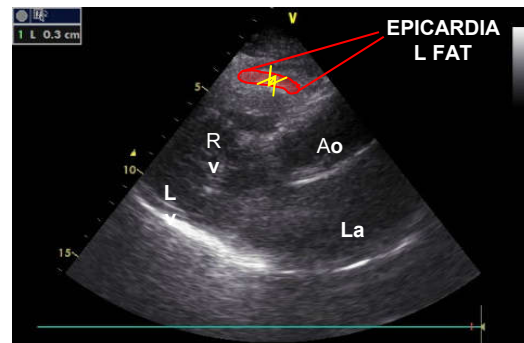
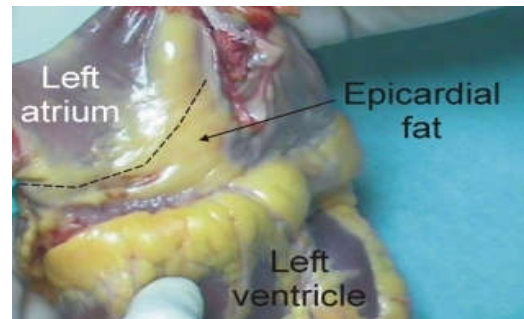
# PCSK9, and body fat mass



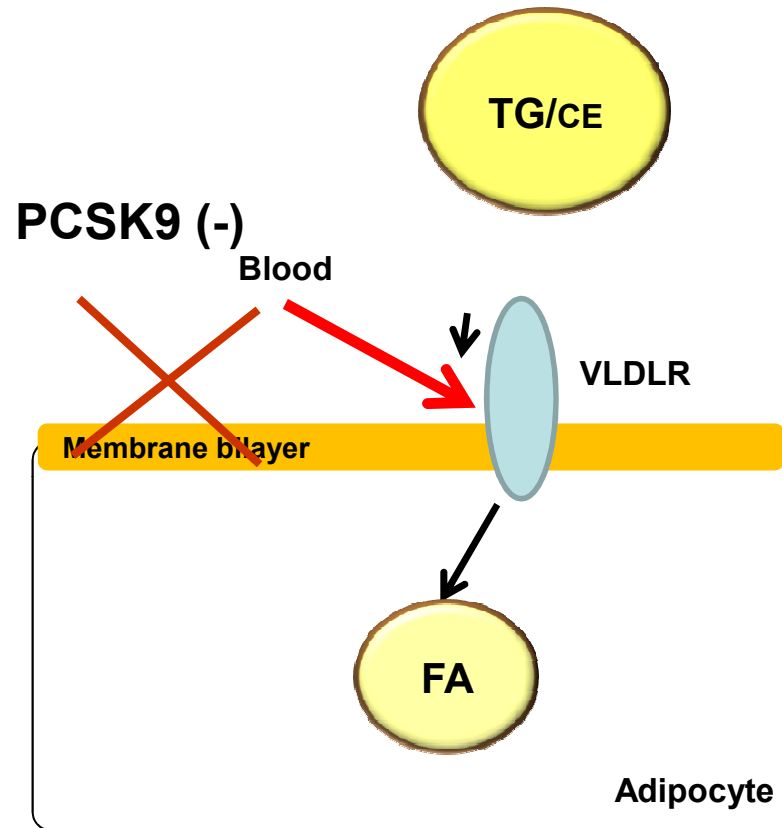
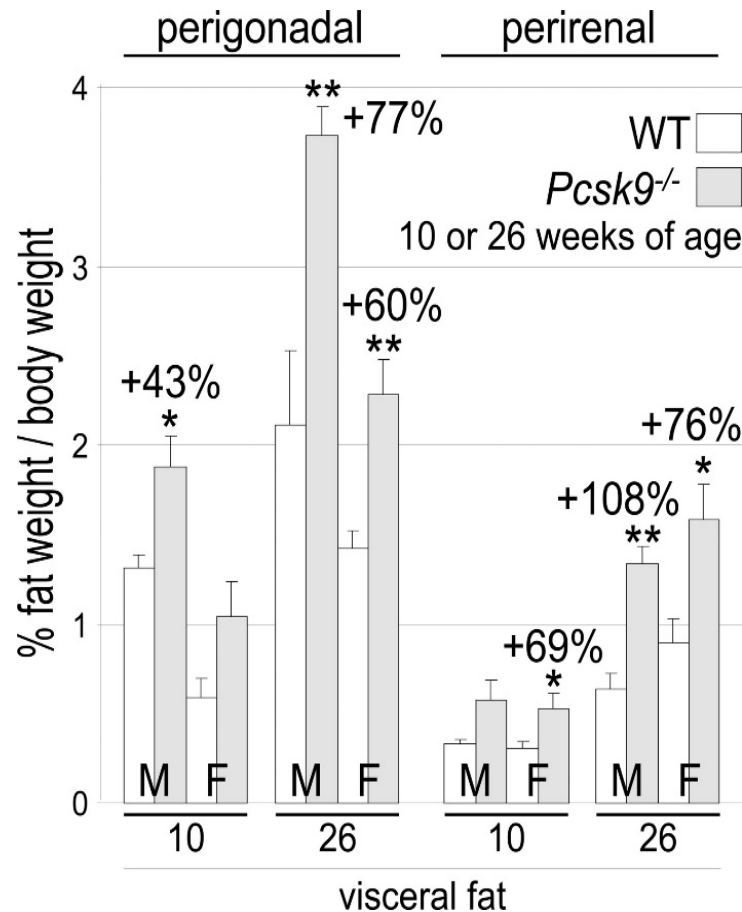
\*Univariate analysis- T-test.

\*\*Logistic Regression Model. PCSK9 R46L genotype as dependent variable. Including as covariates: age, gender, BMI, waist, systolic blood pressure, lipid profile, glucose levels, therapies.

# PCSK9 and epicardial fat



# PCSK9 and TG accumulation

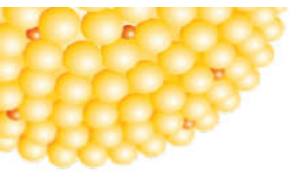


Roubtsova A et al. ATVB 2011;31:785-791

**Η PCSK9 περιορίζει τη συσσώρευση λίπους (διαμέσου των VLDLR)**

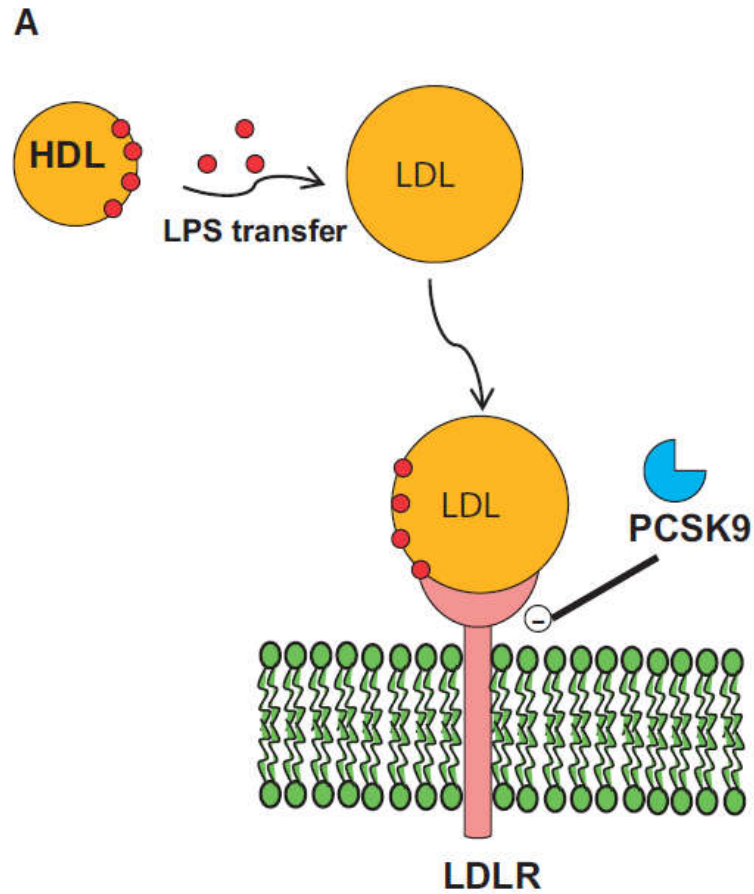
# PCSK9, TG and obesity

- PCSK9 promotes intestinal production of apoB containing lipoproteins
- PCSK9 deficiency is associated with reduced postprandial trygliceridemia
- PCSK9 and ApoCIII levels are associated with increased post prandial response and reduced apoB48 catabolism
- R46L LOF mutation is associated with reduced plasma cholesterol levels but increased lipids deposition in liver, body mass fat and epicardial adipose tissue.



# VI- PCSK9 AND INFECTION



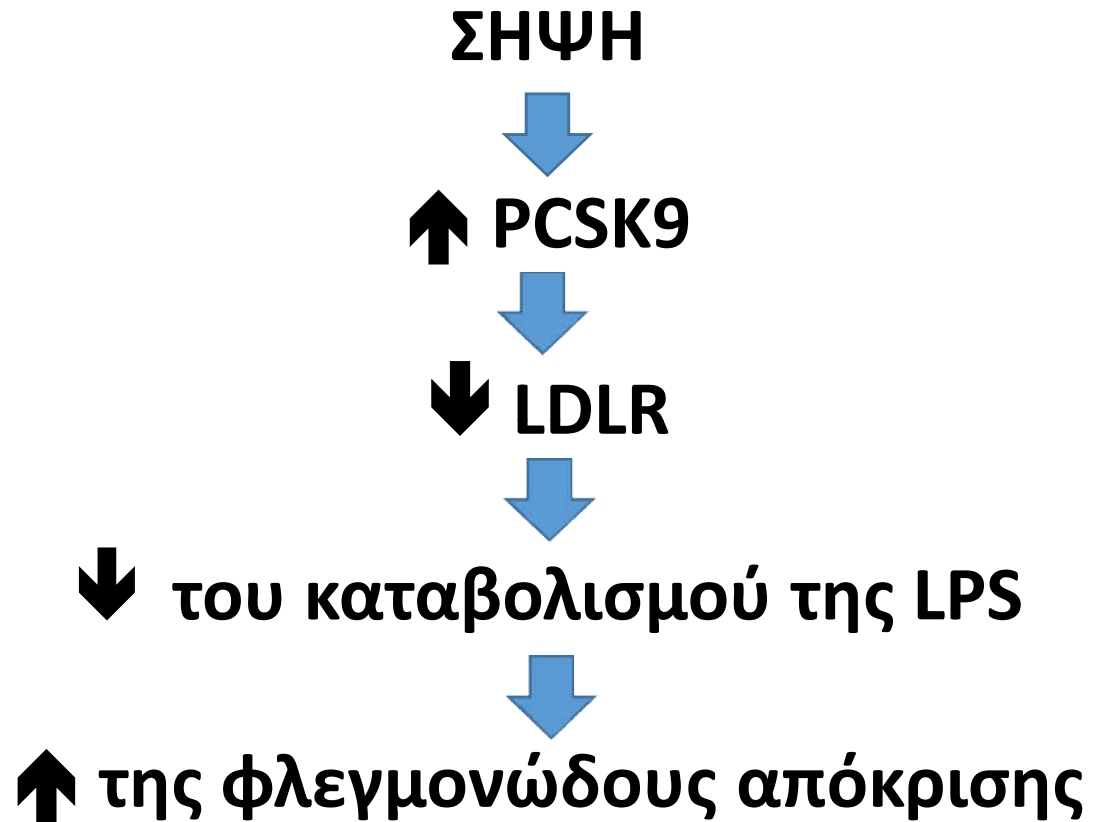


## **Ο ΡΟΛΟΣ ΤΗΣ PCSK9 ΣΤΗ ΦΛΕΓΜΟΝΗ**

---

- Τα επίπεδα της PCSK9 συσχετίζονται με τον αριθμό των λευκών αιμοσφαιρίων σε ασθενείς με σταθερή στεφανιαία νόσο
- Η έλλειψη της PCSK9 προστατεύει από το σηπτικό shock που οφείλεται στη χορήγηση LPS

## PCSK9 ΚΑΙ ΣΗΨΗ



**Τα επίπεδα της PCSK9 στο πλάσμα συσχετίζονται με την εμφάνιση πολυοργανικής ανεπάρκειας σε σηπτικούς ασθενείς**

**J Innate Immunol 2016;8: 211**

**PCSK9 loss of function mutations**  **↑ επιβίωσης**

**PCSK9 gain of function mutations**  **↓ επιβίωσης**

**Sci Transl Med 2014;6: 258**

## PCSK9 ΚΑΙ ΛΟΙΜΩΞΗ ΑΠΟ ΤΟΝ ΙΟ ΤΗΣ ΗΠΑΤΙΤΙΔΑΣ C



↓ LDL R



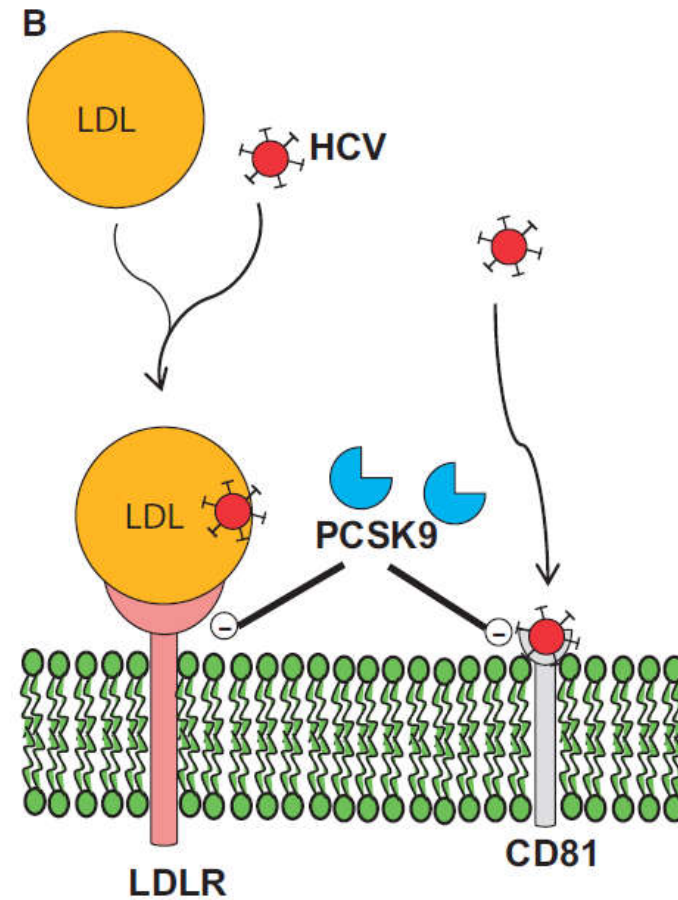
↓ CD 81



↓ της εισόδου του HCV στα ηπατοκύτταρα

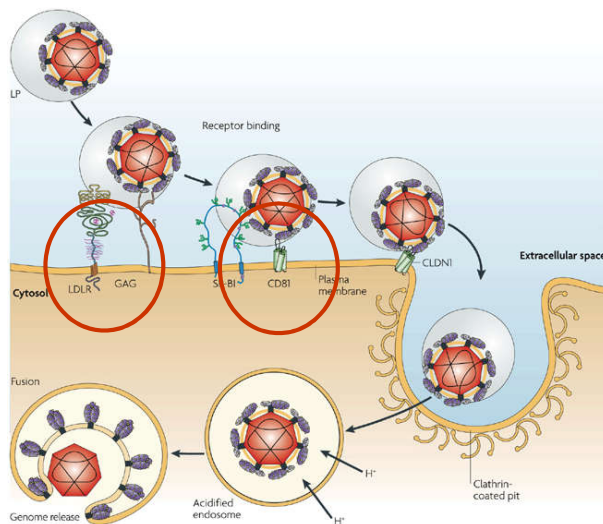
J BIOL CHEM 2015;290: 23385





**Figure 5** PCSK9 and infection. (A) PCSK9 reduces LDL uptake thus reducing LPS clearance and increasing inflammatory response during sepsis. (B) PCSK9 reduces LDLR thus resulting in reduced LDL-associated HCV uptake and decreased viral infection.

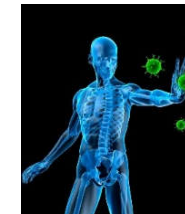
# PCSK9 open questions: immune system



Nature Reviews | Microbiology

## PCSK9 Impedes Hepatitis C Virus Infection *In Vitro* and Modulates Liver CD81 Expression

(HEPATOLOGY 2009;50:17-24.)

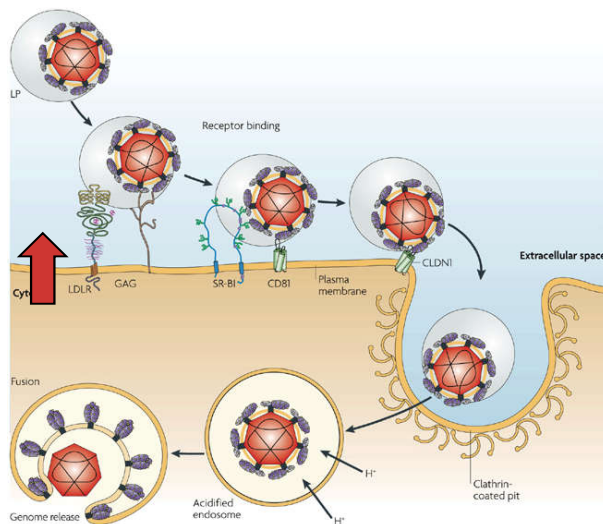


Plasma Membrane Tetraspanin CD81 Complexes with Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) and Low Density Lipoprotein Receptor (LDLR), and Its Levels Are Reduced by PCSK9\*

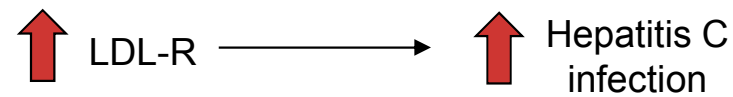
Received for publication, February 3, 2015, and in revised form, July 2, 2015. Published, JBC Papers in Press, July 20, 2015, DOI 10.1074/jbc.M115.642991

Quoc-Tuan Le<sup>1</sup>\*, Matthieu Blanchet<sup>1</sup>, Nabil G. Seidah<sup>2</sup>\*, and Patrick Labonté<sup>1</sup>

# PCSK9 open questions: immune system



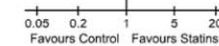
Nature Reviews | Microbiology

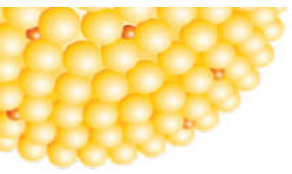


## Atorvastatin Does Not Exhibit Antiviral Activity Against HCV at Conventional Doses: A Pilot Clinical Trial

(HEPATOLOGY 2007;45:895-898.)

Study or Subgroup	Statins		Control		Weight	M-H, Fixed, 95% CI	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total			
Bader T 2012	12	24	4	20	5.7%	4.00 [1.03, 15.53]	
Georgescu EF 2011	66	104	52	105	49.7%	1.77 [1.02, 3.08]	
Kondo C 2012	29	46	20	48	19.0%	2.39 [1.04, 5.47]	
Malaguamera M 2011	17	33	13	32	16.8%	1.55 [0.58, 4.14]	
Shimada M 2012	14	21	10	21	8.8%	2.20 [0.63, 7.66]	
<b>Total (95% CI)</b>		<b>228</b>		<b>226</b>	<b>100.0%</b>	<b>2.02 [1.38, 2.94]</b>	
Total events	138		99				
Heterogeneity: Chi <sup>2</sup> = 1.64, df = 4 (P = 0.80); I <sup>2</sup> = 0%							
Test for overall effect: Z = 3.64 (P = 0.0003)							

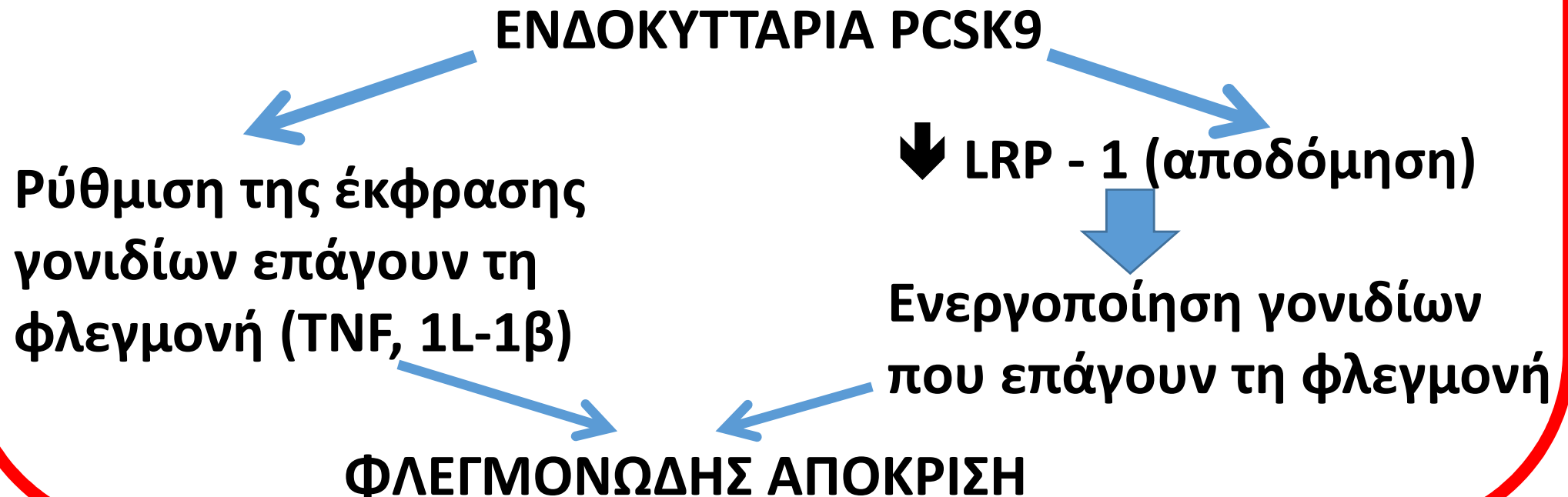




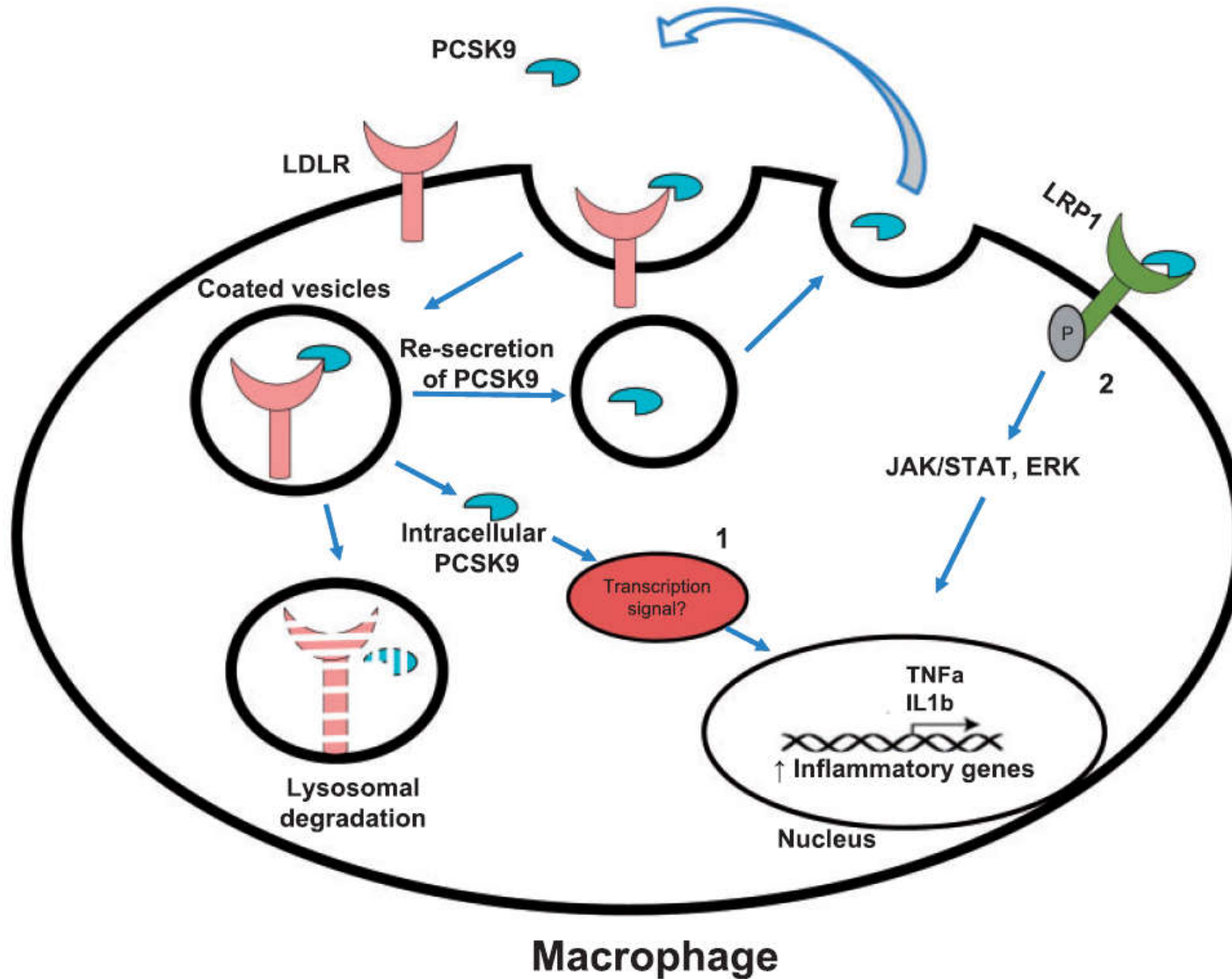
# VII- PCSK9 AND VASCULAR TISSUES

## PCSK9 ΚΑΙ ΑΓΓΕΙΑ

Η PCSK9 εκφράζεται στα κύτταρα του αγγειακού τοιχώματος (ενδοθηλιακά κύτταρα, κύτταρα των λείων μυϊκών ινών, μακροφάγα)



# PCSK9 ΚΑΙ ΦΛΕΓΜΟΝΗ



**Figure 4** Pathways involved in PCSK9-mediated inflammation. Intracellular PCSK9, including the internalized one which escapes lysosomal degradation could eventually undergoes re-secretion but exerts cytoplasmic effects that might regulate the expression of genes controlling inflammation (1). PCSK9 could also target LRP-1 which is involved in the activation of JAK/STAT and ERK pathways (2).

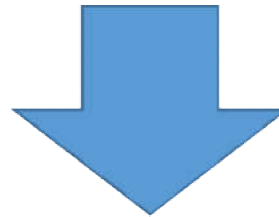


## **PCSK9 ΚΑΙ ΦΛΕΓΜΟΝΗ ΤΟΥ ΑΓΓΕΙΑΚΟΥ ΤΟΙΧΩΜΑΤΟΣ**

**PCSK9 (στο αγγειακό τοίχωμα)**



**Επάγει τη διήθηση από ενεργοποιημένα  
μακροφάγα (χωρίς μεταβολή των λιπιδίων)**



**Φλεγμονή του αγγειακού τοιχώματος**

## PCSK9 (συστηματική ή τοπική έκφραση)

↓ έκφρασης των LDLR στα  
μακροφάγα

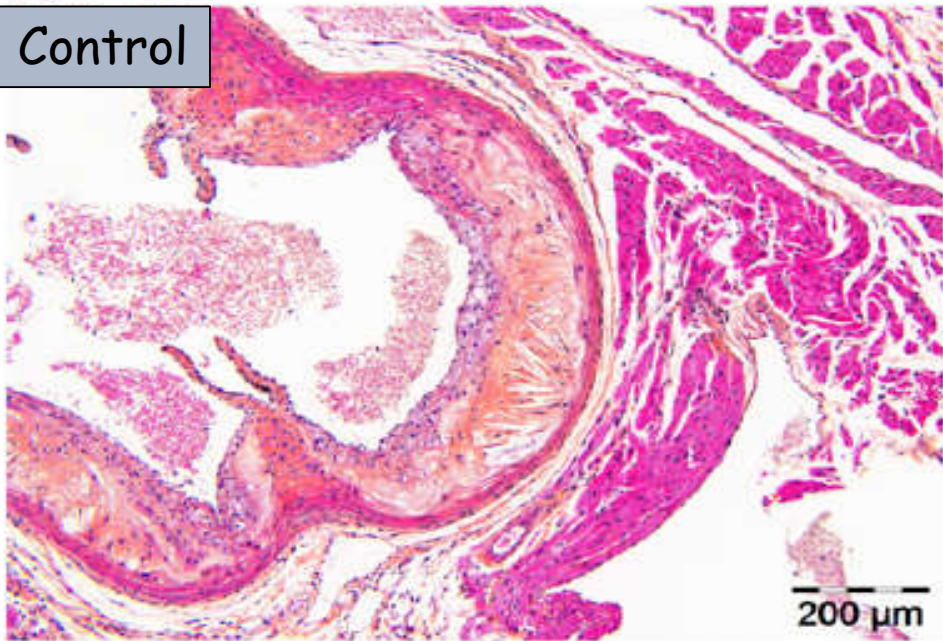
↓ αθηροσκλήρωσης

φλεγμονή στο αγγειακό  
τοίχωμα

↑ αθηροσκλήρωσης

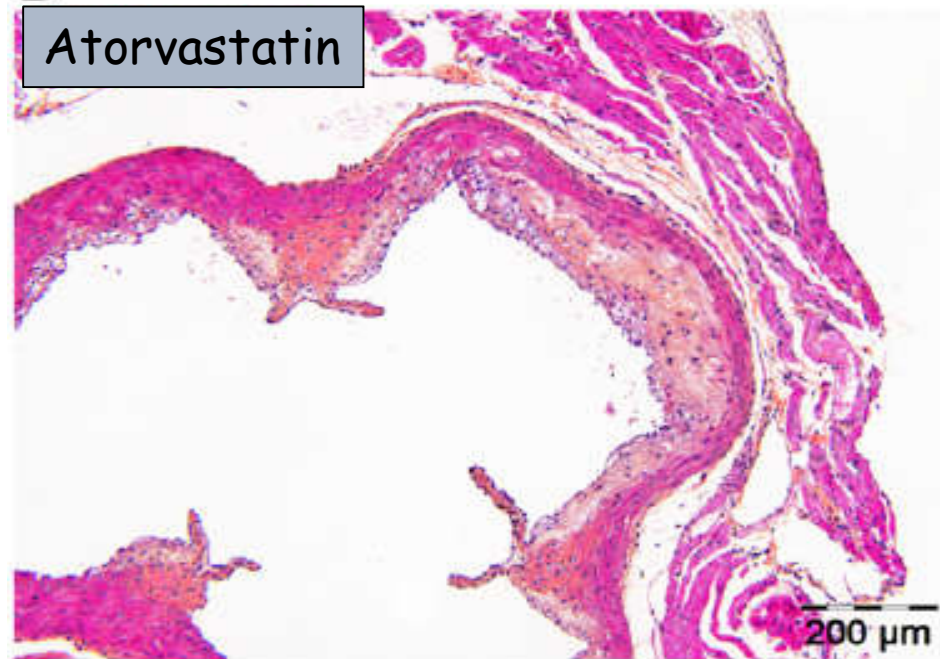
**A**

Control



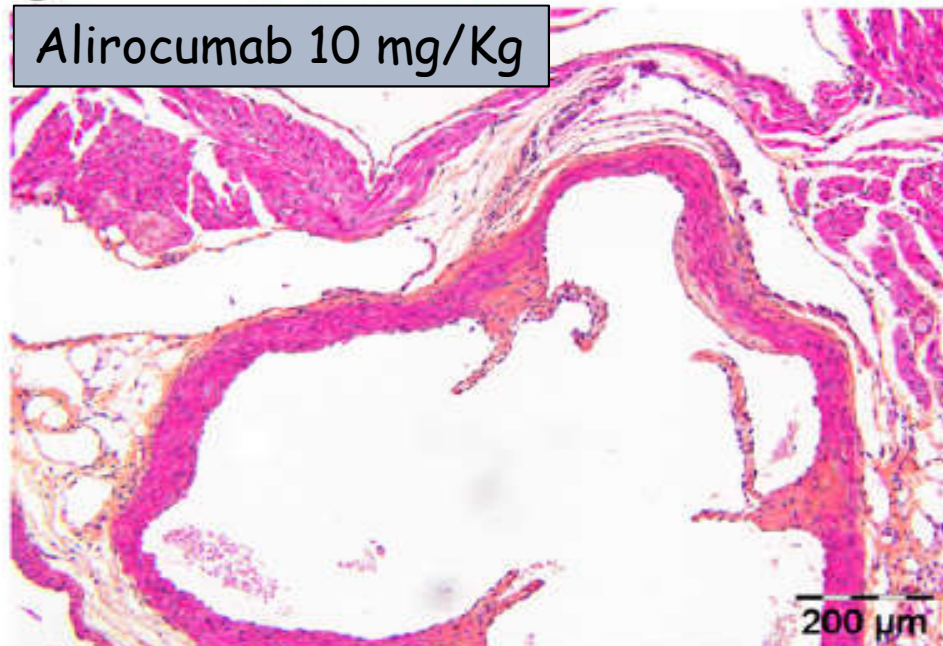
**D**

Atorvastatin



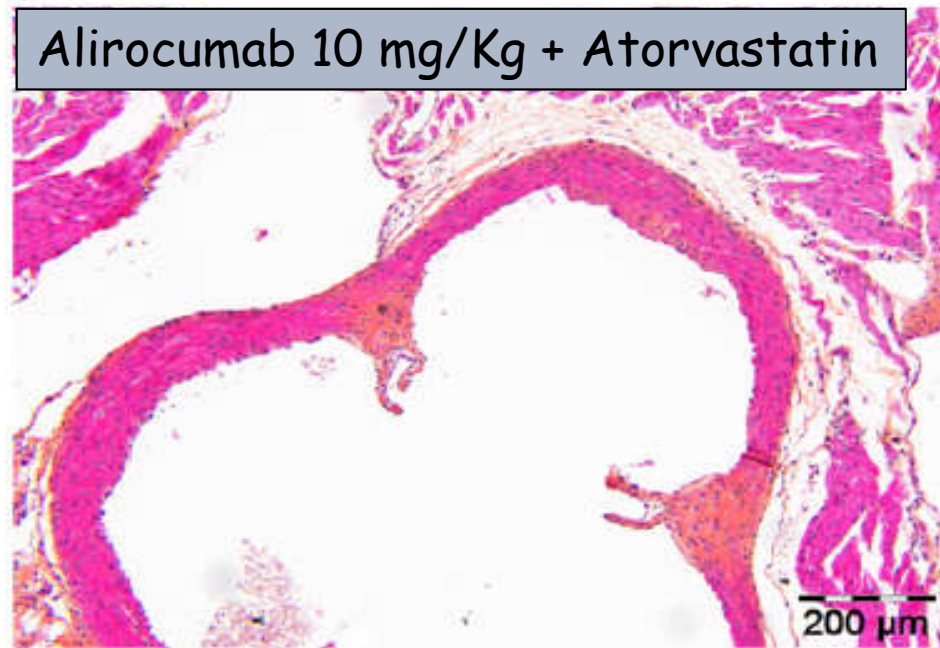
**C**

Alirocumab 10 mg/Kg

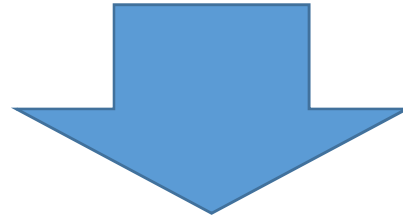


**F**

Alirocumab 10 mg/Kg + Atorvastatin

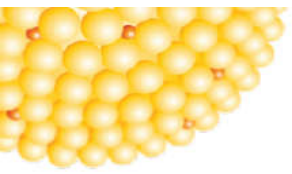


## ALIROCUMAB



↓ αθηρωματικών βλαβών και βελτίωση της μορφολογίας της αθηρωματικής πλάκας (↓ μακροφάγων και του νεκρωτικού πυρήνα, ↑ του κολλαγόνου και των λεμφοκυττάρων)

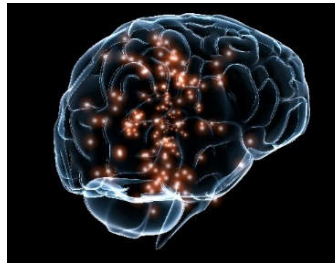
J LIPID RES 2014;55: 2013



# VIII- PCSK9 AND THE BRAIN

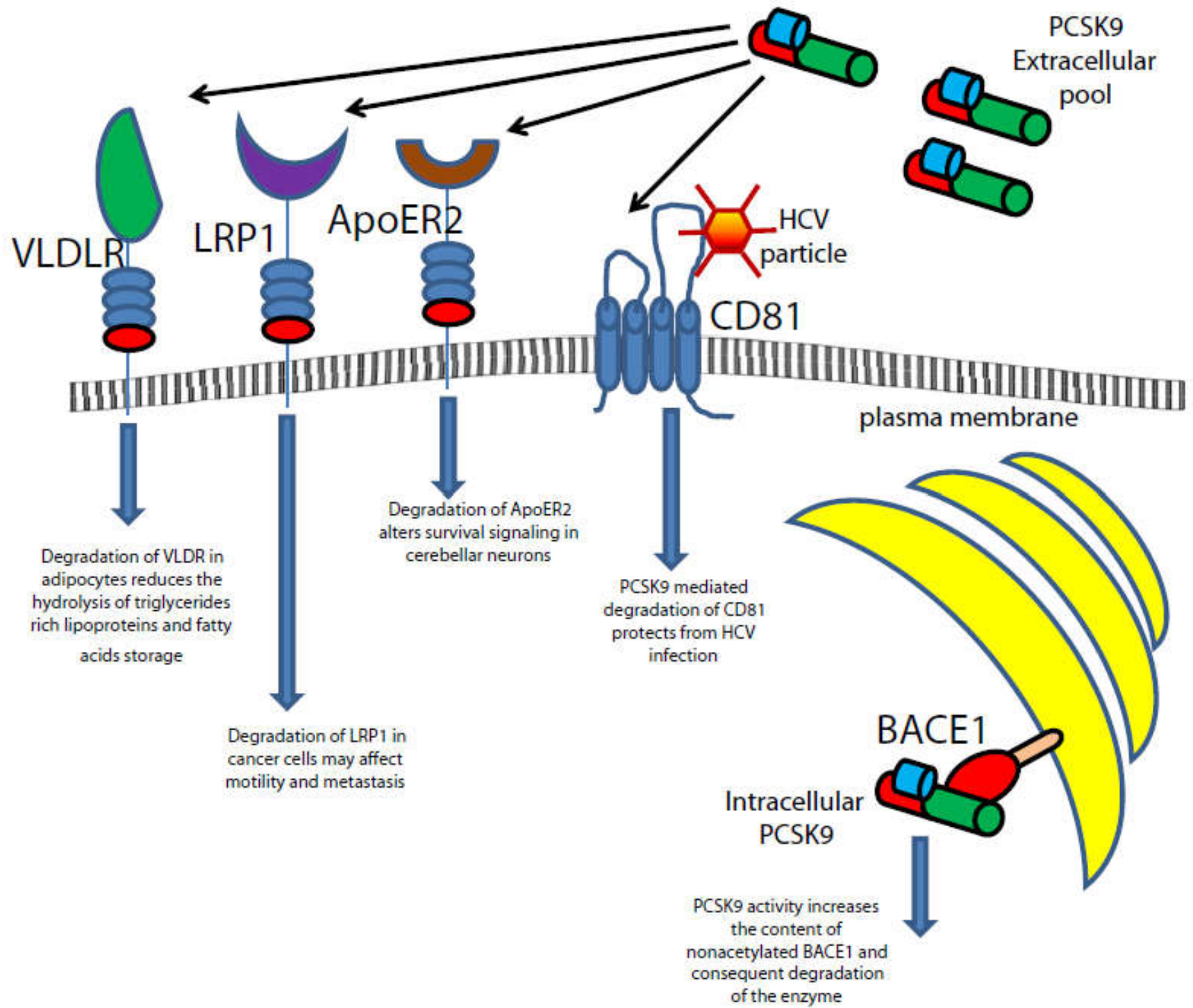
# PCSK9 open questions: brain

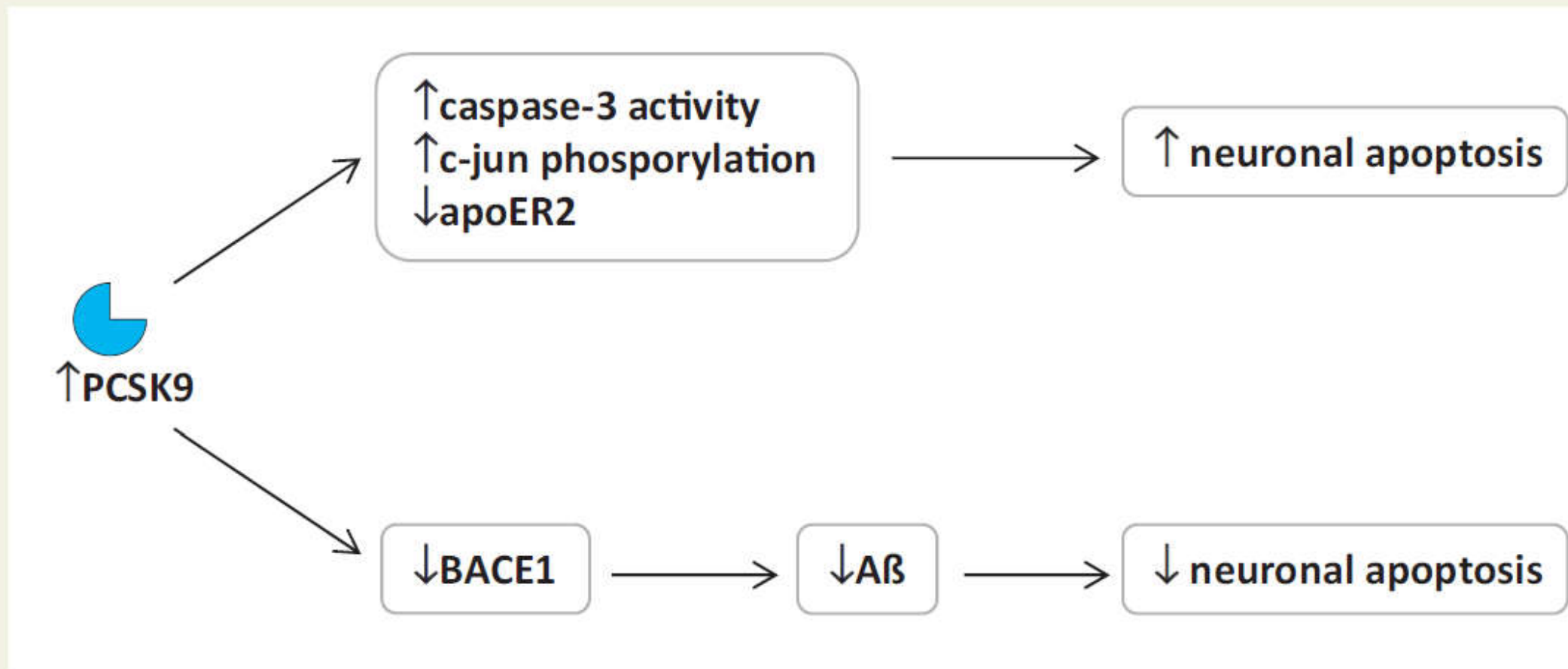
- PCSK9 initially described as Neural Apoptosis-Regulated Convertase-1 or NARC-1 (upregulated in primary cerebellar neurons that undergo apoptosis induced by serum deprivation; has a proapoptotic effect in cerebellar granule neurons that is mediated by the degradation of the apoER2)
- PCSK9 is directly involved in the degradation of BACE1 [ $\beta$ -site amyloid precursor protein (APP)-cleaving enzyme 1] and the generation of amyloid  $\beta$ -peptide ( $A\beta$ ). This observation was not confirmed in PCSK9 KO mice.



- In the PROSPER study no association of SNP in PCSK9 (which influence LDL-C levels) with cognitive performance.

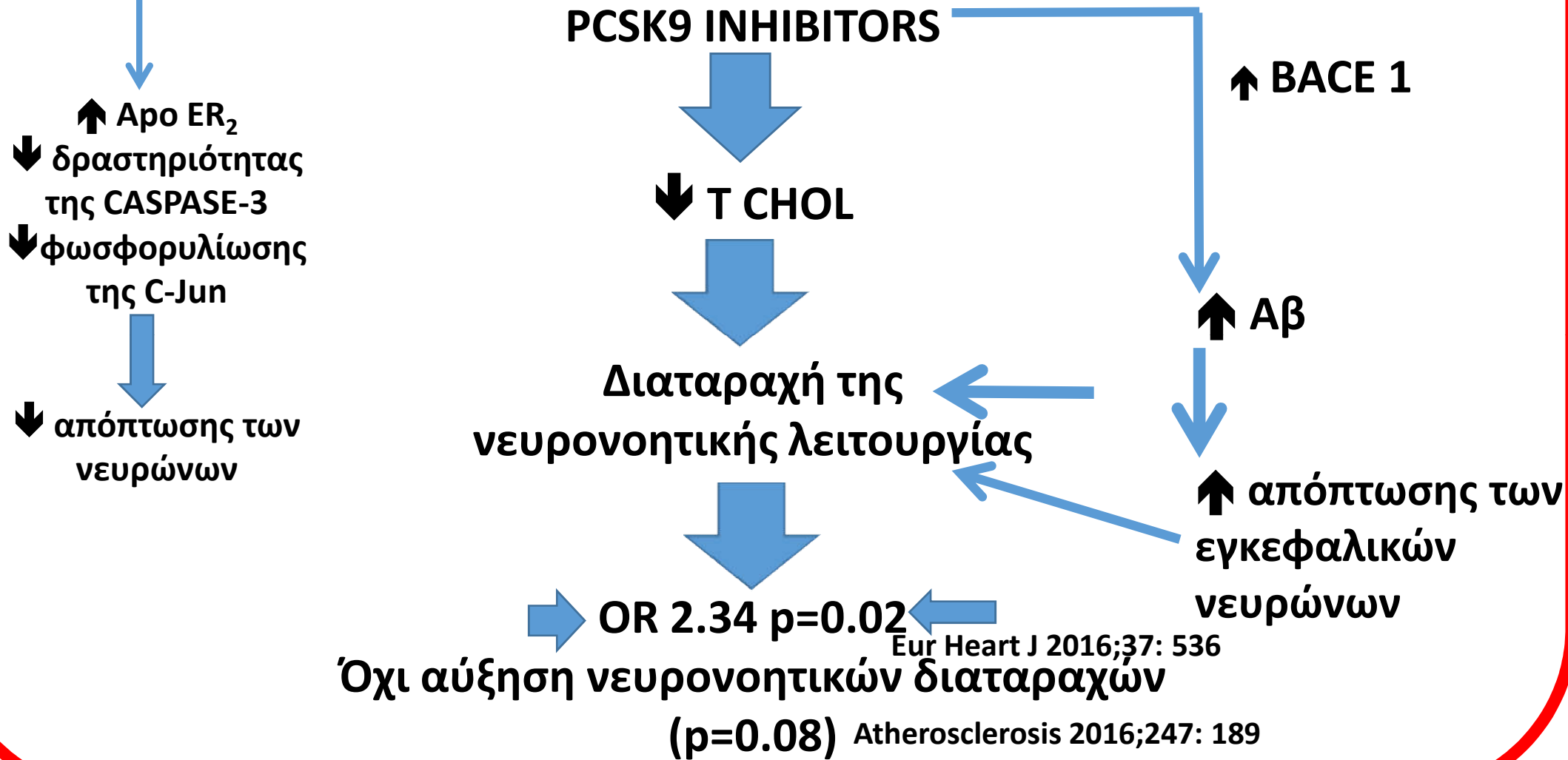






**Figure 6** PCSK9 and the brain. Role of PCSK9 in neuronal apoptosis and AD progression.

# PCSK9 INHIBITORS ΚΑΙ ΝΕΥΡΟΝΟΗΤΙΚΕΣ ΔΙΑΤΑΡΑΧΕΣ



**Ανάλυση 28 μελετών δεν επιβεβαίωσε την εμφάνιση  
νευρονοητικών διαταραχών**

**0.7% placebo vs 0.7% alirocumab**

**0.3% ομάδα ελέγχου vs 0.1% evolocumab**

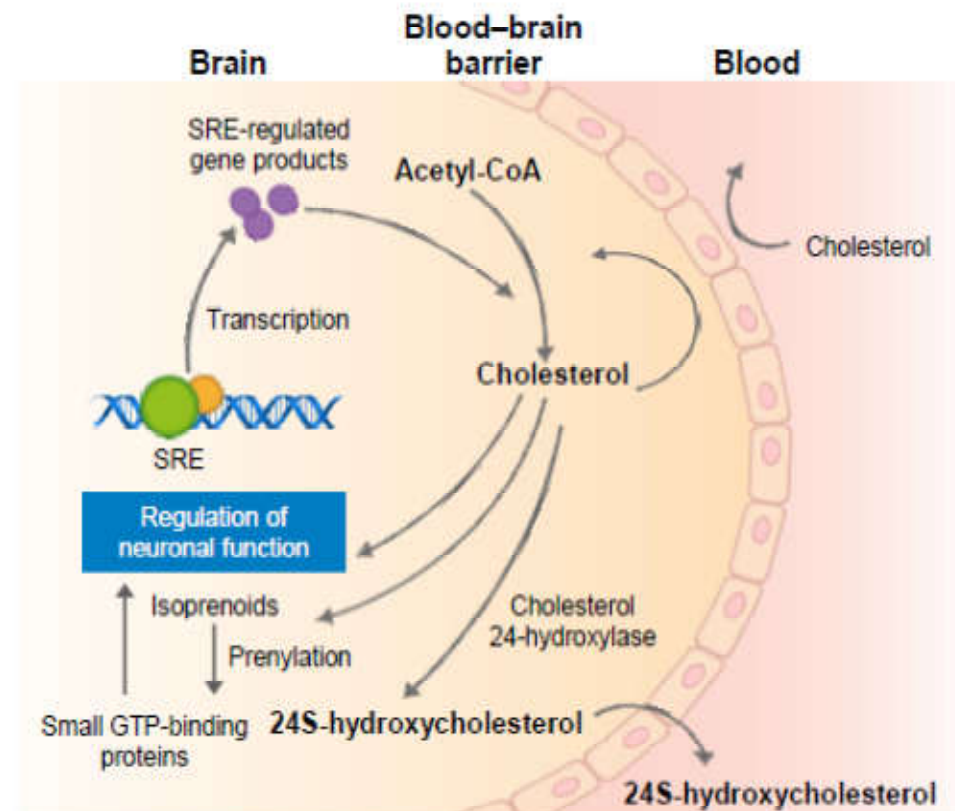
**FDA BRIEFING DOCUMENT**

# PCSK9 INHIBITORS ΚΑΙ ΝΕΥΡΟΝΟΗΤΙΚΕΣ ΔΙΑΤΑΡΑΧΕΣ

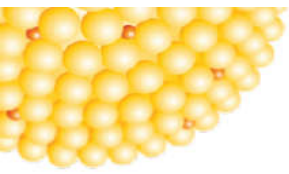
- Όχι συσχέτιση μείωσης της LDL CHOL με την εμφάνιση νευρονοητικών διαταρχών
- Οι LDL δεν περνάν τον αιματοεγκεφαλικό φραγμό τοπική de novo σύνθεση χοληστερόλης
- Τα μονοκλωνικά αντισώματα δεν περνούν τον αιματοεγκεφαλικό φραγμό

# The Central Nervous System Predominantly Synthesizes Cholesterol De Novo

- Cholesterol is a major component of the central nervous system<sup>1,2</sup>
  - The central nervous system predominantly synthesizes cholesterol de novo<sup>1,2</sup>
  - The blood–brain barrier prevents the uptake of systemic lipoprotein cholesterol<sup>2</sup>
  - This segregation ensures that cholesterol metabolism within the brain is isolated from changes in the circulating lipid levels<sup>2</sup>







# IX- PCSK9 AND THE KIDNEYS

# PCSK9 ΚΑΙ ΝΕΦΡΟΙ

PCSK9

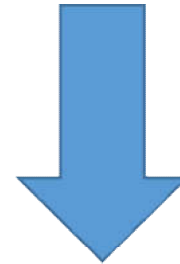


↓ επιθηλιακών διαύλων  $\text{Na}^+$  (↑ αποδόμησης) [ENaC]



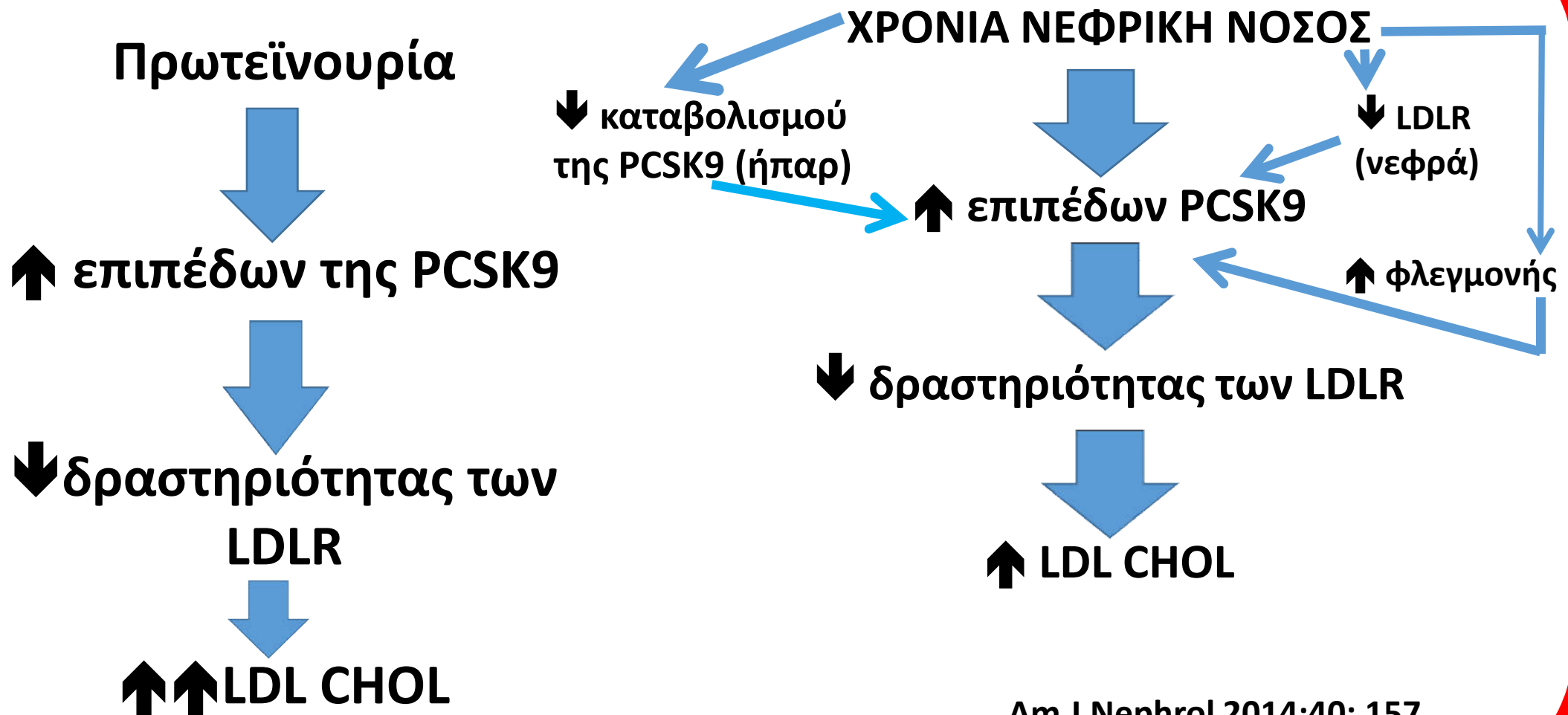
Νατριούρηση

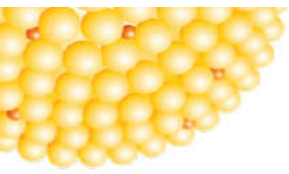
Αναστολείς της PCSK9



↑ επαναρρόφησης  $\text{Na}^+$ ;;  
(δεν επιβεβαιώνεται από  
τις κλινικές μελέτες)

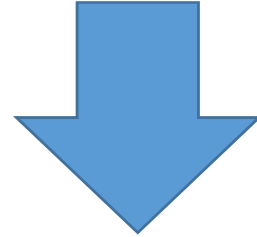
# ΑΥΞΗΜΕΝΑ ΕΠΙΠΕΔΑ PCSK9 ΣΕ ΑΣΘΕΝΕΙΣ ΜΕ ΝΕΦΡΙΚΗ ΝΟΣΟ/ΠΡΩΤΕΪΝΟΥΡΙΑ



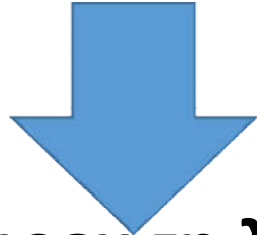


# X- PCSK9 AND DIABETES

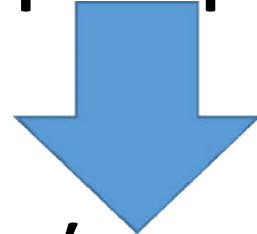
**ΥΠΟΛΙΠΙΔΑΙΜΙΚΑ ΦΑΡΜΑΚΑ  
(στατίνες /ezetimibe/αναστολείς της PCSK9)**



**↑ LDL υποδοχέων στα παγκρεατικά κύτταρα**



**Συσσώρευση λιπιδίων**



**Δυσλειτουργία των β-κυττάρων**



**Σακχαρώδης διαβήτης**

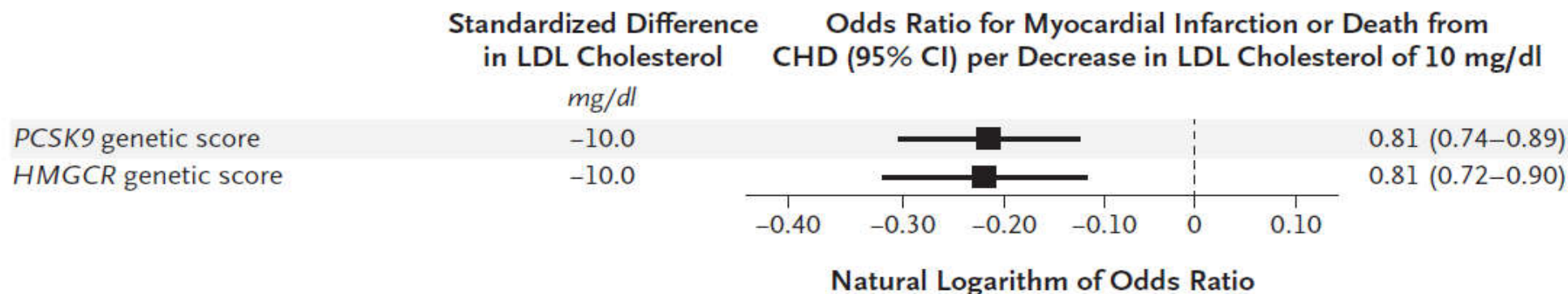
ORIGINAL ARTICLE

# Variation in *PCSK9* and *HMGCR* and Risk of Cardiovascular Disease and Diabetes

Brian A. Ference, M.D., Jennifer G. Robinson, M.D., M.P.H.,  
Robert D. Brook, M.D., Alberico L. Catapano, Ph.D., M. John Chapman, Ph.D.,  
David R. Neff, D.O., Szilard Voros, M.D., Robert P. Giugliano, M.D.,  
George Davey Smith, M.D., D.Sc., Sergio Fazio, M.D., Ph.D.,  
and Marc S. Sabatine, M.D., M.P.H.

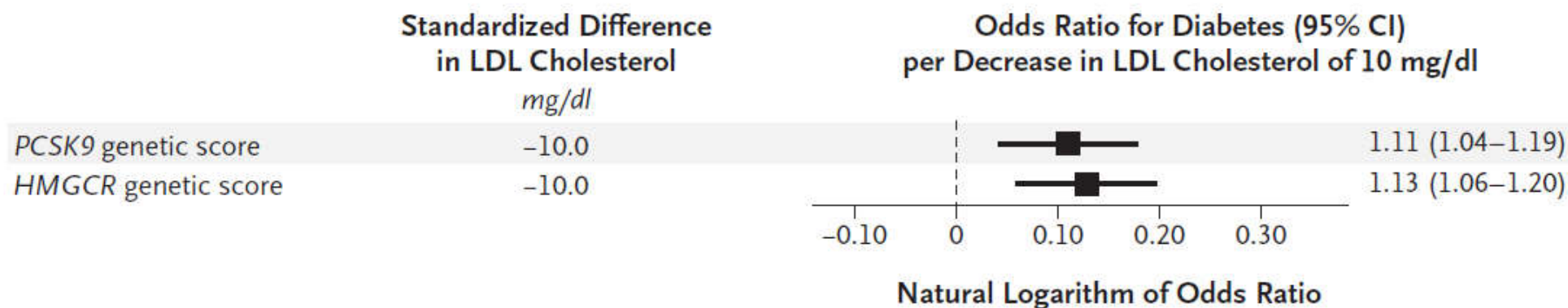


**C** Effect of *PCSK9* and *HMGCR* Scores on Risk of Myocardial Infarction or Death from CHD per Unit Change in LDL Cholesterol

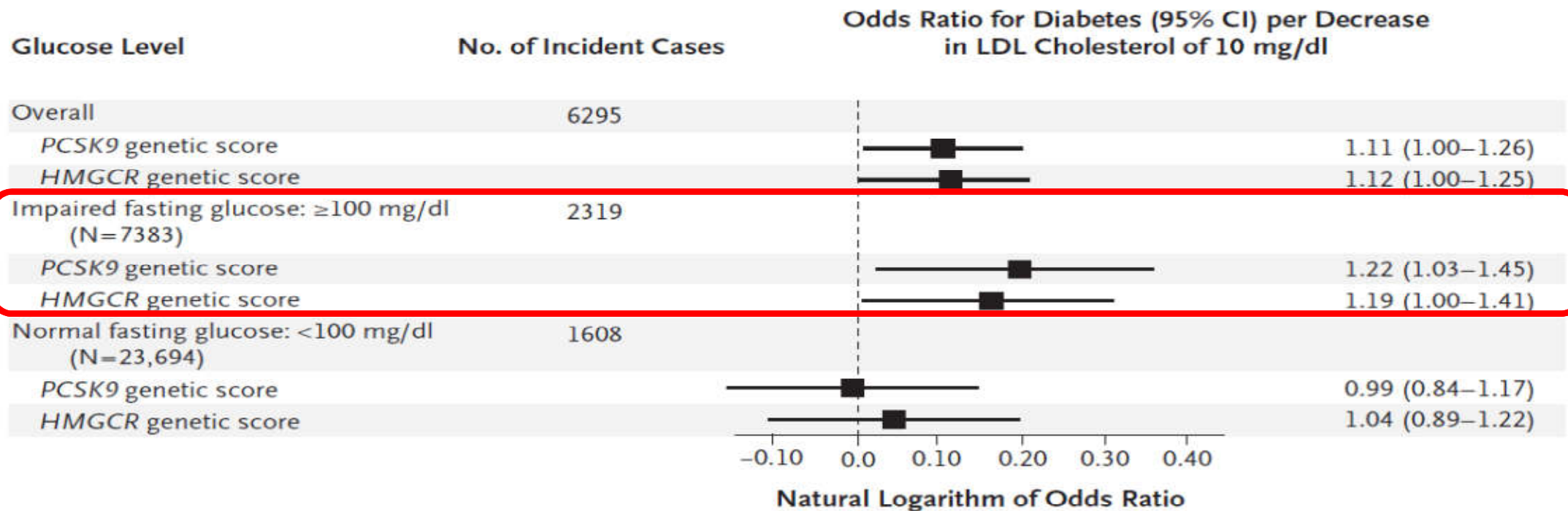


**Figure 1.** Effect of *PCSK9* and *HMGCR* Genetic Scores on the Risk of Myocardial Infarction or Death from Coronary Heart Disease.

**C** Effect of *PCSK9* and *HMGCR* Scores on Risk of Diabetes per Unit Change in LDL Cholesterol




**Figure 3.** Dose–Response Relationship between *PCSK9* and *HMGCR* Scores and Risk of Diabetes.



**Figure 4. Effect of *PCSK9* and *HMGCR* Scores on the Risk of Incident Diabetes.**

A total of 6295 incident cases of diabetes occurred during follow-up in the prospective cohort studies. After the exclusion of participants with prevalent diabetes, baseline fasting plasma glucose levels were available for 31,077 participants. The main analysis included all the participants after the exclusion of 4340 participants with prevalent diabetes; the subgroup analysis that was stratified according to fasting plasma glucose level included the 31,077 participants without prevalent diabetes for whom baseline fasting plasma glucose levels were available. Boxes represent point estimates of effect. Lines represent 95% CIs.

## PCSK9 ΚΑΙ ΣΑΚΧΑΡΩΔΗΣ ΔΙΑΒΗΤΗΣ: A MENDELIAN RANDOMISATION STUDY

n=550.000 άτομα / 51.623 διαβητικοί ασθενείς  
4 PCSK9 variants  1 mmol/L (38.4 mg/dL)

μείωση της LDL CHOL:

↑ γλυκόζης κατά 1.62 mg/dL

↑ σωματικού βάρους κατά 1.03 kg

↑ waist to hip ratio (0.0001)

↑ επίπτωσης διαβήτη (OR 1.29)

# PCSK9 genetic variants and risk of type 2 diabetes: a mendelian randomisation study

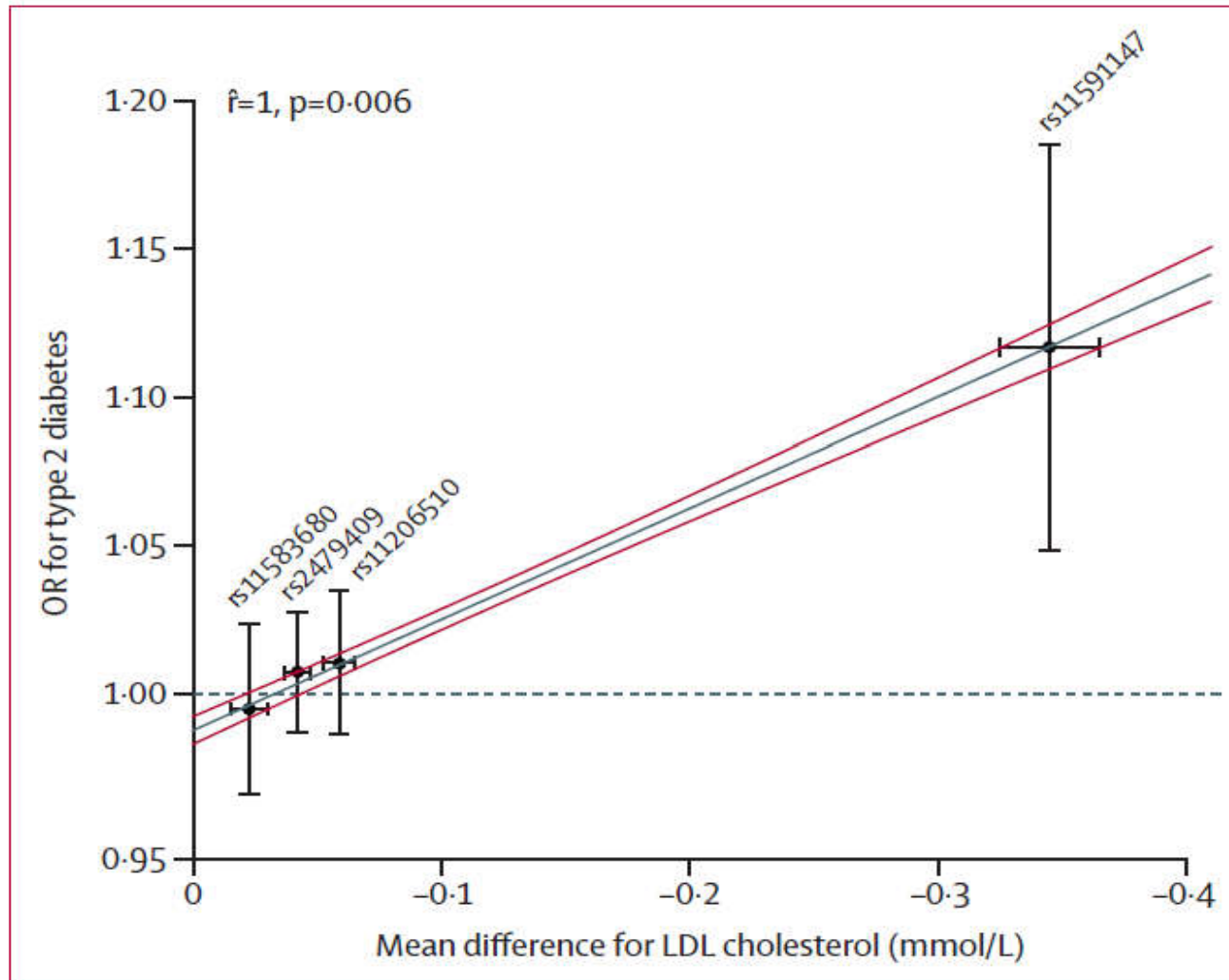


Figure 4: Correlation between PCSK9 associations with LDL cholesterol concentration and type 2 diabetes



# ALIROCUMAB AND NEW ONSET DIABETES MELLITUS

Pooled analysis of 10 ODYSSEY phase 3 trials  
(n=4974)

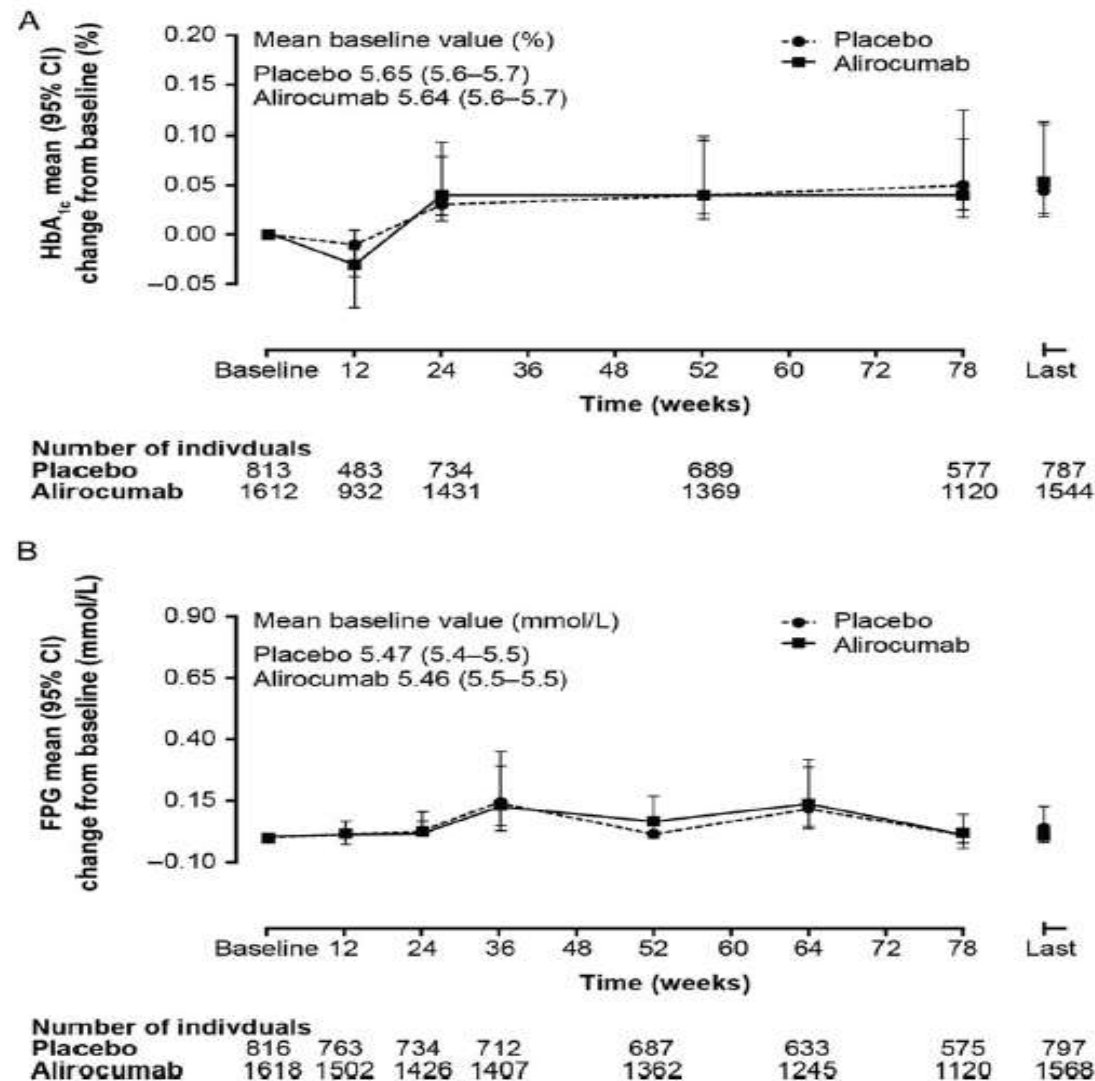
n= 3448 individuals without diabetes

	<u>PLACEBO-CONTROLLED GROUP</u>	<u>EZETIMIBE-CONTROLLED GROUP</u>
Incident diabetes mellitus or diabetic complications TEAE	0.64	0.55

*Prediabetic individuals (39.6%):*

*The HR associated for transition from prediabetes to new-onset diabetes for alirocumab was 0.90 vs placebo and 1.10 vs ezetimibe*

Eur Heart J 2016

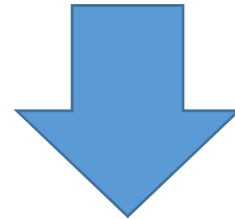


**Figure 2** HbA<sub>1c</sub> (%) and fasting plasma glucose (mmol/L) trajectories (change from baseline) in those without diabetes at baseline: alirocumab vs. placebo. Placebo-controlled studies: Phase 3 (LONG TERM, FH I, FH II, HIGH FH, COMBO I). At Week 12, HbA<sub>1c</sub> was measured only in the LONG TERM. The last on-treatment value is defined as the last value collected up to 21 days after the last double-blind IMP injection. Patients who had that parameter assessed at baseline and/or at follow-up are included. Individuals without diabetes at baseline defined as those not assigned CMQ code 'diabetes' recorded in medical history. CMQ, Custom MedDRA Query; FPG, fasting plasma glucose; HbA<sub>1c</sub>, glycated haemoglobin A<sub>1c</sub>; IMP, Investigational Medicinal Product; CI, confidence interval.



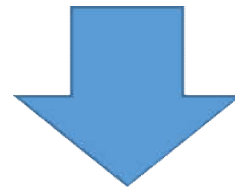
## PCSK9 ΚΑΙ ΠΑΓΚΡΕΑΣ

↓ PCSK9 (π.χ. σε PCSK9 null mice)



δ cells of pancreas

↓ έκκρισης ινσουλίνης (δυσπλασία, απόπτωση και φλεγμονή των παγκρεατικών κυττάρων)



δυσανεξία στη γλυκόζη

**PCSK9 inhibitors**



**↑ LDL-R (πάγκρεας)**



**↑ CHOL στα παγκρεατικά κύτταρα**



**↓ λειτουργίας των β-κυττάρων**

FEBS Lett 2010;584: 701

# **PCSK9 loss of function mutations και διαβήτης: conflicting data**

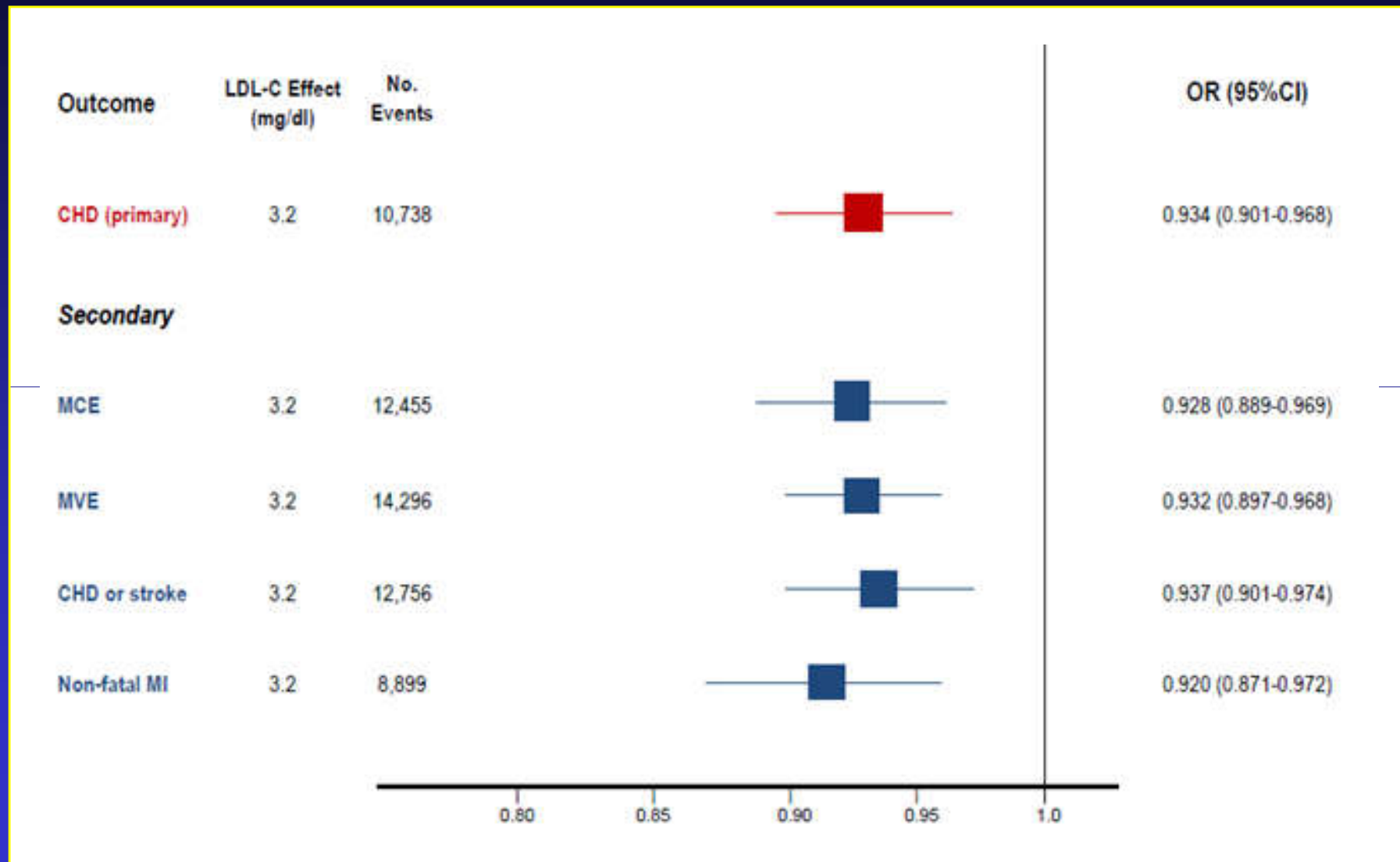
**Diabetologia 2015;58: 2051**

**J Clin Lipidol 2015;9: 786**

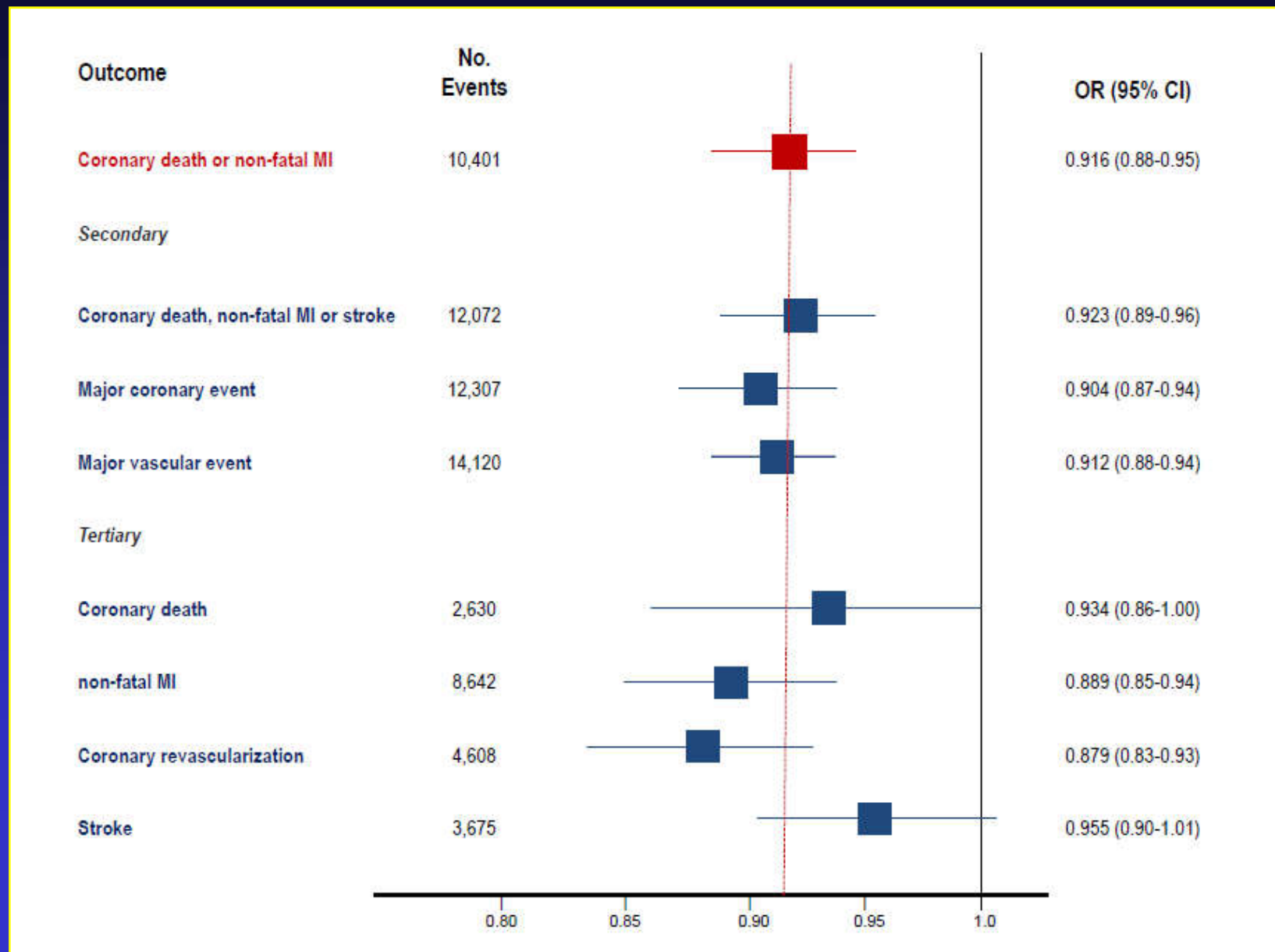
# **PCSK9 Polymorphisms, HMGCR Polymorphisms, Protection from Cardiovascular Disease, and Risk of Diabetes**

Brian A. Ference, Jennifer G. Robinson, Robert D. Brook, Alberico L. Catapano, M. John Chapman, David  
R. Neff, Szilard Voros, Robert P. Giugliano, George Davey Smith, Sergio Fazio, Marc S. Sabatine

# Effect of HMGCR genetic score on the risk of cardiovascular events

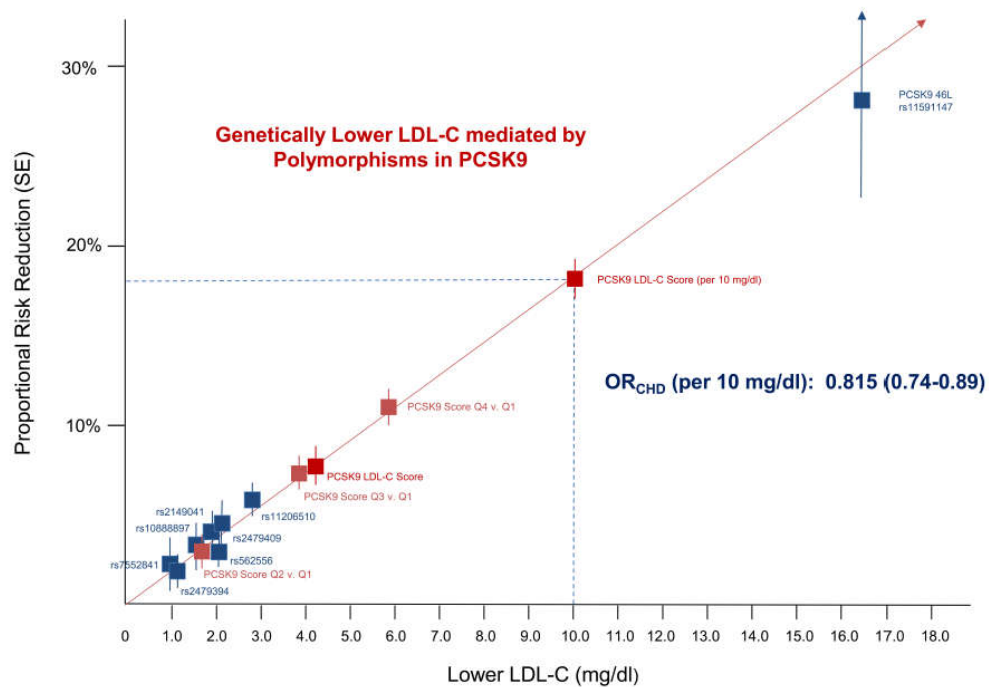
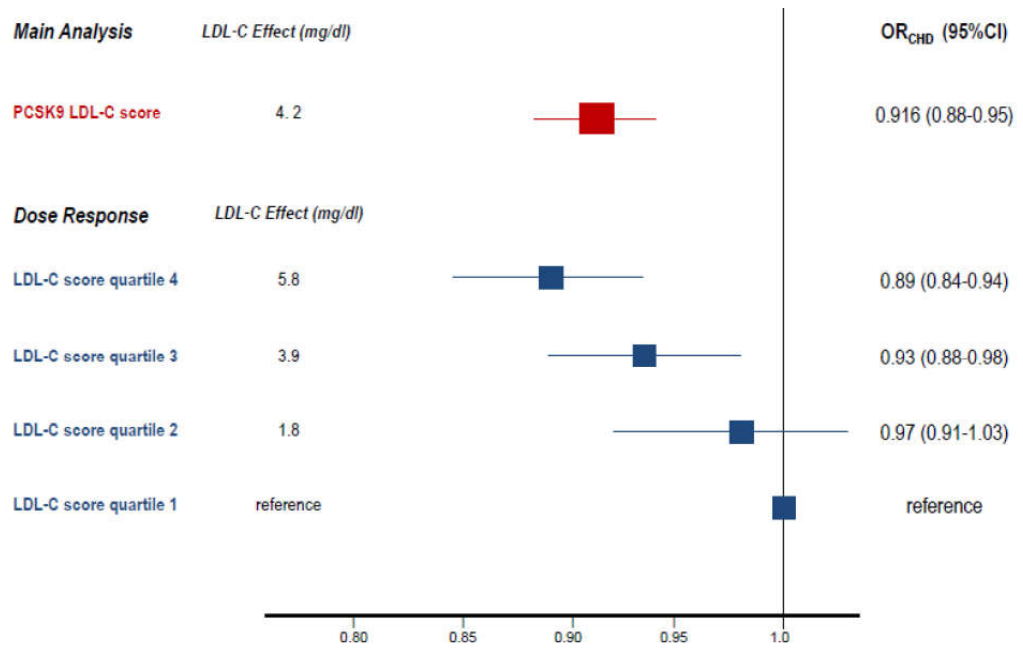


# Effect of PCSK9 genetic score on the risk of cardiovascular events





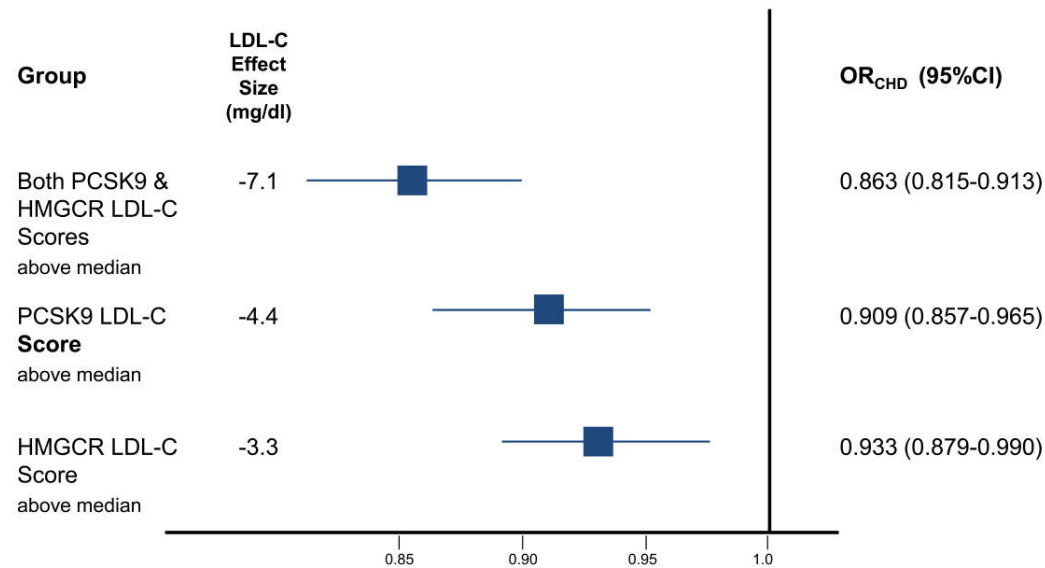
# Dose-response effect of PCSK9 quartile scores on LDL-C and the risk of coronary death or MI



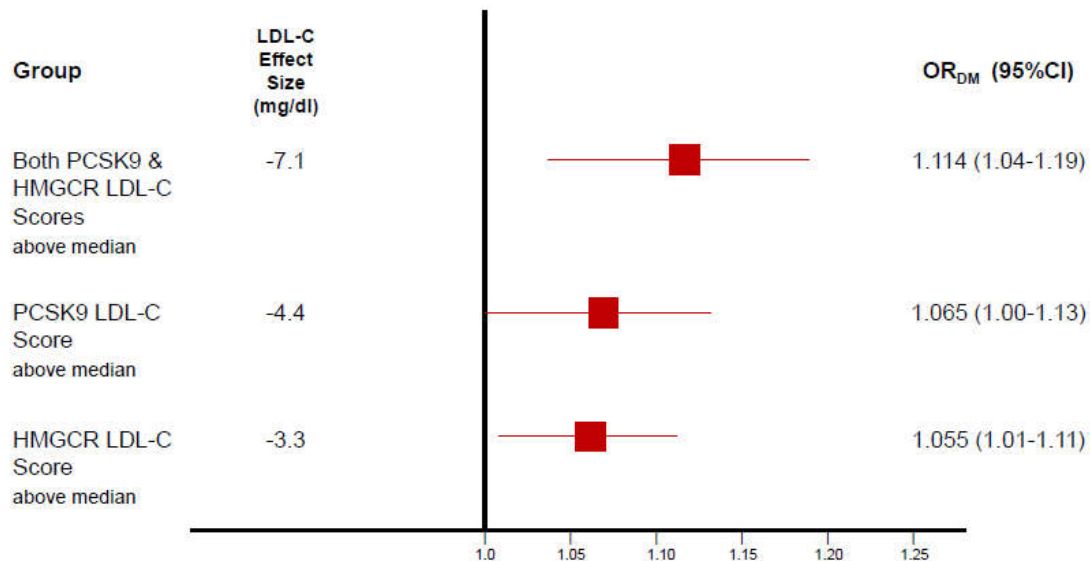
# 2x2 Factorial Analysis:

Separate and combined effect of PCSK9 and HMGCR genetic scores on the risk of cardiovascular events and diabetes

## A. Coronary Death or Myocardial Infarction

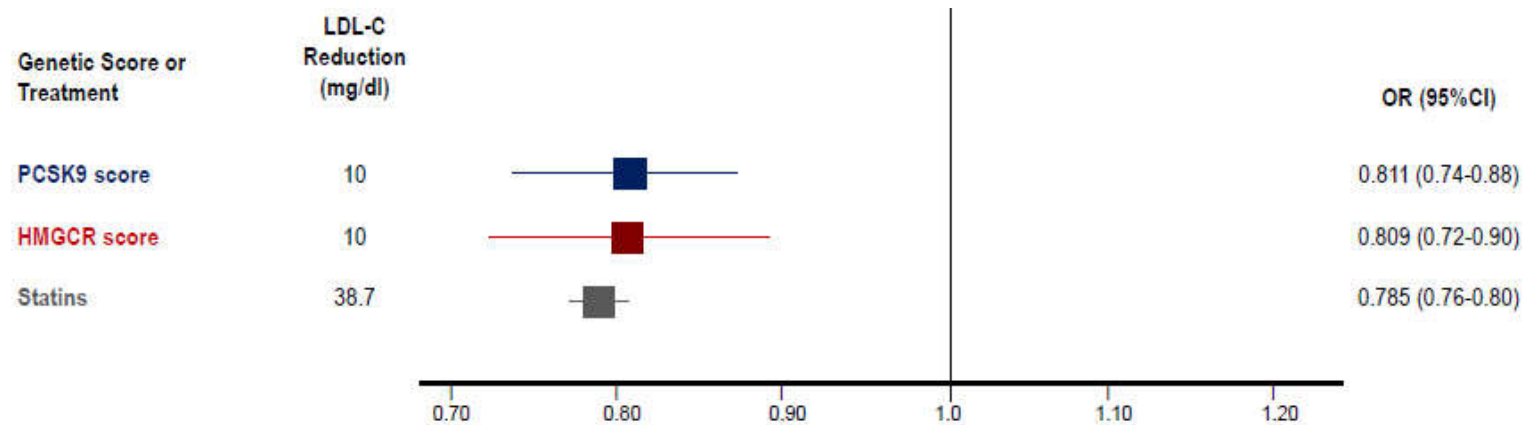


## B. Diabetes

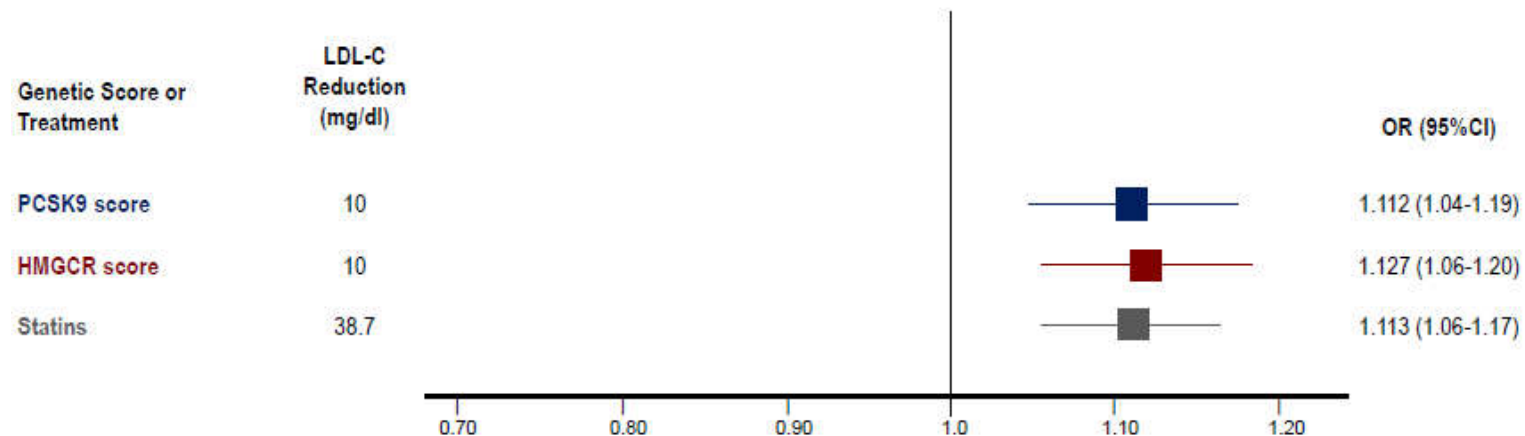


# Comparison of the effect of genetic and pharmacologic reduction in LDL-C on risk of cardiovascular events and diabetes

## A. Coronary Death or Myocardial Infarction



## B. Diabetes



## PCSK9 ΚΑΙ ΣΑΚΧΑΡΩΔΗΣ ΔΙΑΒΗΤΗΣ

OR για διαβήτη

↓ LDL CHOL κατά  
40 mg/dL (HMGCR gene/στατίνες)

1.39

JAMA, 2016

↓ LDL CHOL κατά  
40 mg/dL (PCSK9 gene/  
αναστολείς της PCSK9)

1.29

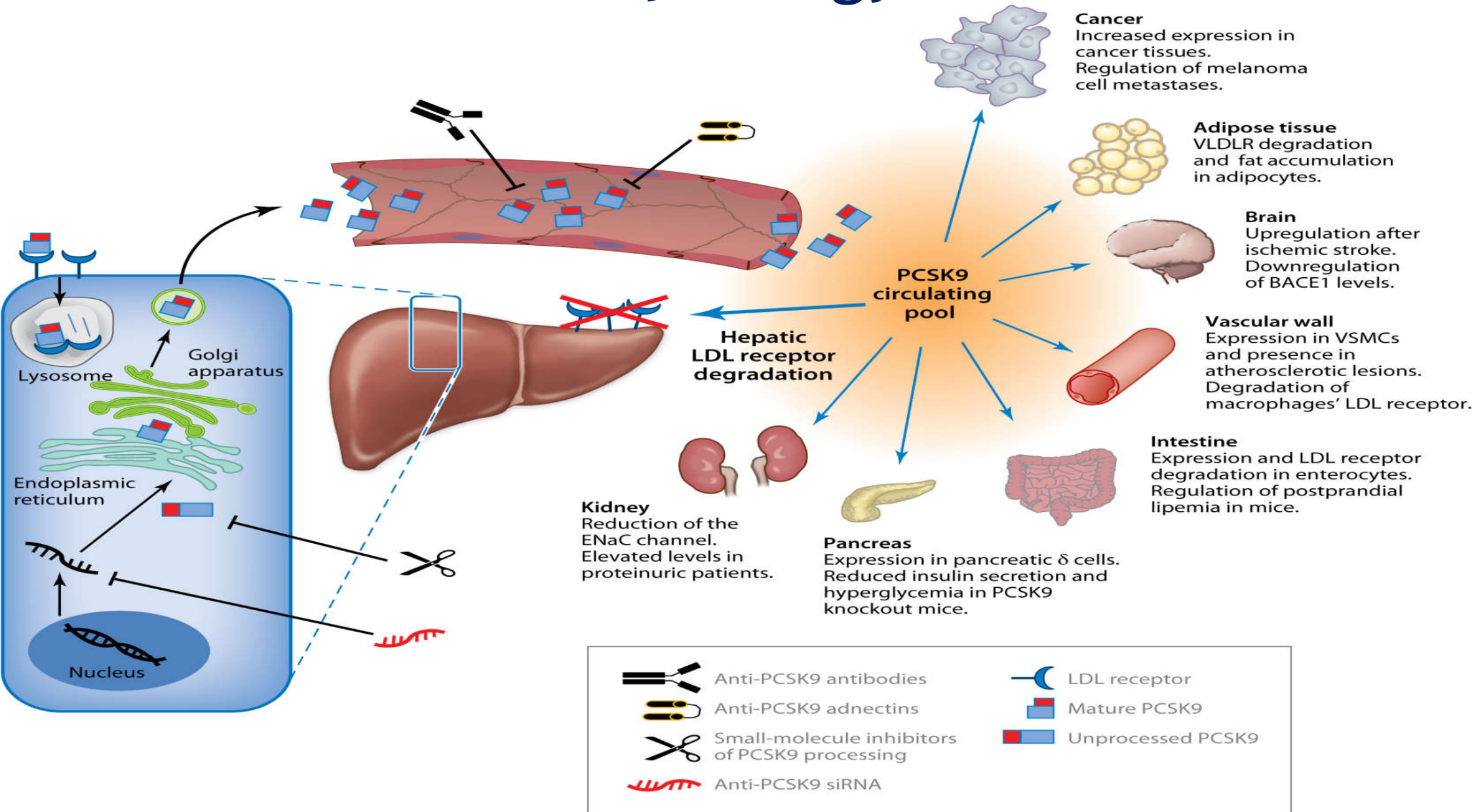
Lancet Diab Endocrinol, 2016

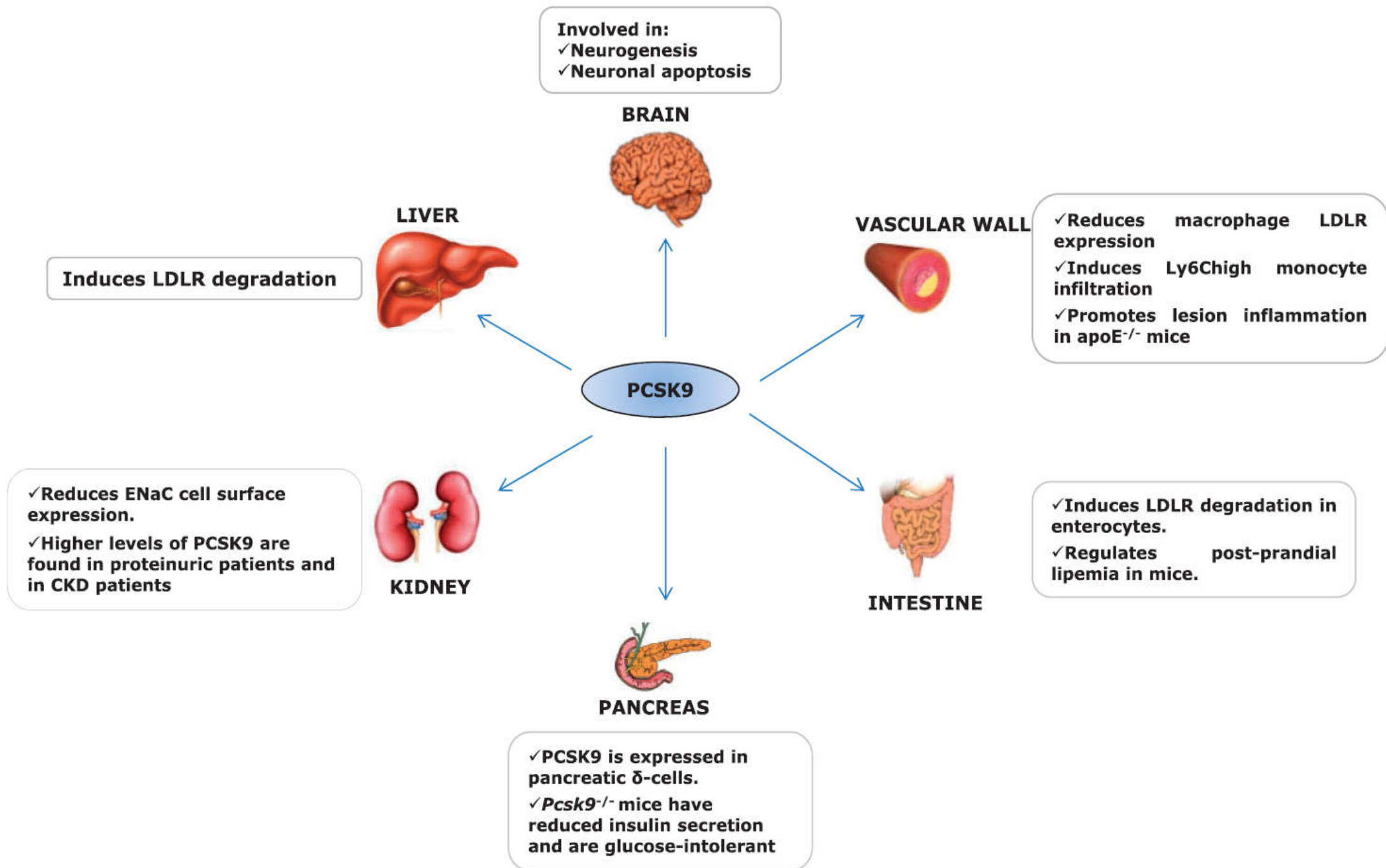
**1 single SNP in PCSK9: OR για διαβήτη  
τύπου 2 = 1.19 για κάθε μείωση της LDL  
CHOL κατά 40 mg/dL**

**ΣΥΜΠΕΡΑΣΜΑΤΑ**



# PCSK9 biology





**Figure 3** Expression and function of PCSK9. PCSK9 is mainly expressed in the liver, where it is involved in the binding and degradation of LDLR. PCSK9 is expressed also in other tissues and organs, where it plays additional functions.



ΙΝΣΤΙΤΟΥΤΟ ΜΕΛΕΤΗΣ, ΕΡΕΥΝΑΣ & ΕΚΠΑΙΔΕΥΣΗΣ  
ΓΙΑ ΤΟ ΣΑΚΧΑΡΩΔΗ ΔΙΑΒΗΤΗ  
ΚΑΙ ΤΑ ΜΕΤΑΒΟΛΙΚΑ ΝΟΣΗΜΑΤΑ

Επιστημονικός Υπεύθυνος: ΣΤΑΥΡΟΣ Ι. ΠΑΠΠΑΣ



**Πανελλήνιες  
Εκπαιδευτικές Ημερίδες  
Πρωτοβάθμιας  
Φροντίδας Υγείας  
“Γ. Παπαδάκης”**

**17<sup>ο</sup>  
Έτος**



**13 - 17 Φεβρουαρίου 2017**  
**Ξενοδοχείο**  
**DIVANI CARAVEL**  
**Αθήνα**

Θα χορηγηθούν Μόρια  
Συνεχιζόμενης  
Ιατρικής Εκπαίδευσης  
(CME CREDITS)





# 18<sup>ο</sup> Εκπαιδευτικό Σεμινάριο

## «Διαταραχές της οξεοβασικής ισορροπίας και των ηλεκτρολυτών»

Χορηγούνται 4 μόρια  
Συνεχιζόμενης  
Ιατρικής Εκπαίδευσης  
(C.M.E. CREDITS)

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Σάββατο 4 Μαρτίου 2017

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Χορηγούνται  
Μόρια Συνεχιζόμενης  
Ιατρικής Εκπαίδευσης  
από τον Πανελλήνιο  
Ιατρικό Σύλλογο.

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E-mail: info@conferre.gr, Website: www.conferre.gr

26<sup>ο</sup>

ΕΚΠΑΙΔΕΥΤΙΚΟ  
ΣΕΜΙΝΑΡΙΟ

Ελληνική Εταιρεία Αθηροσκλήρωσης  
Hellenic Atherosclerosis Society



ΧΑΛΚΙΔΙΚΗ  
9-11 Ιουνίου 2017  
Ξενοδοχείο Porto Carras

Θέμα:

«Τι νέο  
υπάρχει  
στην θεραπεία  
της υπερλιπιδαιμίας,  
του σακχαρώδη διαβήτη,  
της παχυσαρκίας και  
της υπέρτασης με έμφαση  
στην καθημερινή κλινική πράξη»

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Atherosclerosis  
Society



International  
Atherosclerosis  
Society

**Conferre Ltd**

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E-mail: [info@conferre.gr](mailto:info@conferre.gr), Website: [www.conferre.gr](http://www.conferre.gr)

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Ξενοδοχείο **2017**  
**Royal Olympic,**  
Αθήνα

# 27<sup>η</sup>

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Ελληνική Εταιρεία  
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